

## Base Briefs

### GEN. LOONEY SETS HALF-DAY, GOAL DAY

Maj. Gen. William Looney III, 14<sup>th</sup> Air Force commander, authorizes Feb. 15 as a half day. Additionally, Feb. 22 is a goal day. Military members not required for mission essential duty may be authorized time off. For civilians, normal rules still apply for requesting and approving leave. Supervisors are encouraged to make this time available for all non-mission essential members.

### TESTING CONTINUES ON HALF DAY

While Feb. 15 is a half-day for military members who are not required for mission-essential duty, promotion testing continues for those with appointments that day. All testing is conducted in Bldg. 16135, located at 203 Korina St. behind the Youth Center and religious education building. For information, call Deanna Kendrick at 606-4572.

### SPEAK TODAY, SHAPE TOMORROW

The Air Force Chief of Staff wants to know what changes Air Force people want in their organizations, and what those people think of their leadership. The survey launched Monday and lasts through March 8. Members can take the survey from a government computer at <http://csafsurvey.af.mil> or from a non-government computer at <http://www.csafsurvey.com>.

### GROUP INDUCTS NEW CHIEFS

The Vandenberg Chief's Group honors the base's newest chief master sergeants Feb. 9 at the Pacific Coast Club. Cocktails will be served at 6 p.m. followed by dinner at 7 p.m. Appropriate attire for the evening is the mess dress or semi-formal uniform for military members or a coat and tie for civilians. Make reservations by Monday with Senior Airman Heather Hoxsey at 606-9898.

### ENLISTED AWARDS PROCESS CHANGES

Due to a larger than normal number of enlisted annual award nominees being TDY, there will be no interviews. Board members will only review the nominee's Air Force Form 1206. All nominees should report to the photo lab in Bldg. 12000 between 8 a.m. and noon today in their service dress uniform for a photo. Call Senior Master Sgt. Phil Cope at 605-4683 for information.

### ALS GRADUATES NEW LEADERS

The Graduation Banquet for Airman Leadership School Class 02-B is Feb. 8 at the Pacific Coast Club. A social hour begins at 6 p.m. followed by dinner at 7 p.m. The attire is mess dress or semi-formal. For more information or to make reservations, call the ALS staff by Wednesday at 606-5595.

See BRIEFS Page 5

## South for the winter



PHOTO BY DONALD KOKOSKA

A special flat-bed trailer loaded with a Pegasus rocket backs under "Stargazer," a Lockheed Martin L-1011, on Vandenberg's flightline Tuesday morning. Today, the Pegasus travels to Cape Canaveral Air Station, Fla., for a scheduled Feb. 5 launch. The rocket carries a High Energy Solar Spectroscopic Imager satellite. The Pegasus is the world's first privately developed space launch vehicle having first launched in 1990.

## AFSPC hails wing as 'best of the best'

By MASTER SGT. TY FOSTER  
30<sup>th</sup> Space Wing Public Affairs

Recently, Team V put another feather in its cap. Actually it's an Air Force Outstanding Unit Award streamer for the wing's guidon.

Last month, Air Force Space Command officials nominated Vandenberg for the 2002 Air Force Installation Excellence competition. AFSPC officials cited the 30<sup>th</sup> Space Wing as the "best of the best" and "truly deserving" of the Air Force-level recognition.

In the nomination, 30<sup>th</sup> Space Wing leaders praised the way their people come together to make Team Vandenberg more than just a catchphrase — here, it's a reality.

Be it launch operations, environmental inspections, construction projects, community involvement, customer service, medical care or getting the word out, Team V sets the standard and has the awards to prove it.

"I see enormous pride in the base, our mission and the U.S. Air Force," said Col. Robert M. Worley II, 30<sup>th</sup> Space Wing Commander. That "makes an unstoppable team." Given the wing's command vic-

**"I see enormous pride in the base, our mission and the U.S. Air Force."**

Col. Robert M. Worley II  
30<sup>th</sup> Space Wing commander

tory in the installation excellence competition, all 30<sup>th</sup> Space Wing members who were stationed here from Oct. 1, 2000 to Sept. 30, 2001, are eligible to wear the AFOUA ribbon or affix a cluster to their existing ribbon.

The records of all eligible Team V members were automatically updated Monday, according to Tech. Sgt. Thomas Adams, 30<sup>th</sup> Mission Support Squadron base awards and decorations monitor.

### 14TH AF AFOUA

The following 14<sup>th</sup> Air Force organizations were also awarded the Air Force Outstanding Unit Award for the period Sept. 1, 2000, to Sept. 1, 2001.

- Headquarters 14<sup>th</sup> Air Force
- 14<sup>th</sup> Information Warfare Flight
- 614<sup>th</sup> Space Operations Group
- 614<sup>th</sup> Space Operations Squadron
- Navy Liaison
- Army Liaison



PHOTO BY YOLANDA HUNTER

Daniel Barrera, 30<sup>th</sup> Transportation Squadron, looks for an opportunity to hit his opponent at the Air Force boxing championships Jan. 12. Barrera won the 178-pound class to move on to the Armed Forces Championships Feb. 10 to 16.

## Boxer scores knock out

By MASTER SGT. LLOYD CONLEY  
30<sup>th</sup> Space Wing Public Affairs

A 30<sup>th</sup> Transportation Squadron information manager earned his place on the 2002 Air Force boxing team at Kelly Field Annex, Texas, Jan. 12.

Daniel Barrera captured the light heavyweight title at the 27<sup>th</sup> Annual Air Force Box off.

The 178-pounder defeated his opponent from McConnell AFB, Kan., 38 seconds into round No. 2 to claim the title.

What makes this feat even more impressive is that the Rupert, Idaho, native had never picked

up a pair of boxing gloves before arriving at Vandenberg last May.

During his in-processing, Barrera heard about boxing classes offered at the Fitness Center. When he enlisted in 1999, he wasn't even aware the Air Force had a boxing team.

"I actually found out about it when I started training at Vandenberg," said Barrera. Initially, he hadn't planned on competing when he started boxing.

See CHAMP Page 5

## Team V celebrates Black History Month

By MASTER SGT. TY FOSTER  
30<sup>th</sup> Space Wing Public Affairs

Beginning today, Team V joins the nation in celebrating an 86 year tradition — Black History Month.

"Team Vandenberg's Black History Month Committee has many fun-filled, family-oriented events scheduled for the entire Vandenberg Community in the month of February," said Staff Sgt. Lisa Nelson, 30<sup>th</sup> Space Wing military equal opportunity adviser.

Headed by Master Sgt. Quinn Johnson of the 576<sup>th</sup> Flight Test Squadron, the committee kicks off the celebration with a Gospel Jubilee in Chapel 1 at 6 p.m. Saturday.

Quinn said the jubilee features several local choirs and soloists singing songs of praise. The musical tribute reflects on the role faith has played in the lives of African Americans.

The Black History Month Expo in the Services Center is next on the schedule, he said. The Feb. 16 expo is open from 10 a.m. to 4 p.m. African-American art, dancing, crafts and food samples are some of the many features guests will experience during the expo.

The capstone event is the Black History Month Banquet in the Pacific Coast Club at 6 p.m. Feb. 23, according to Nelson. Col. Whit Campbell, 30<sup>th</sup> Medical Group commander, is the guest speaker.

Additionally, the "Space & Missile Times" will publish a test or puzzle each week. The fastest fingers win, said Nelson. E-mail responses to [30SW/ME@vandenberg.af.mil](mailto:30SW/ME@vandenberg.af.mil). During the Feb. 23 banquet, the person with the highest accumulated score from the contest will receive a prize.

For more information or to volunteer, call Johnson at 606-8296.

Check out the Black History Month Knowledge Quest on Page 5.

## GI Java coffee opens soon

By STAFF SGT. REBECCA BONILLA  
30<sup>th</sup> Space Wing Public Affairs

The ambiance of a small town coffee shop is coming to Vandenberg in the form of GI Java, Vandenberg's first dormitory coffeehouse.

Volunteers at this chapel-funded café will serve free coffee, latte, cappuccino and baked goods to dormitory residents. Local musicians will also be encouraged to play at GI Java on the weekends.

The coffeehouse was the brainchild of Chaplain (Lt. Col.) Gary Bomberger, said Senior Master Sgt. Brian Joseph, 30<sup>th</sup> Support Group chief of unaccompanied housing.

"We had this huge dayroom that was being under-used and Chaplain Bomberger had this idea about a coffee bar," Joseph said. "The two just seemed to fit."

While money for the \$141,000 renovation project came from end-of-year fallout money, the chapel will foot the bill for supplies as well as coordinate volunteers to man the café in Bldg. 13406. The hours the coffee shop will be open will depend on the number of people who volunteer to staff it.

Base leadership is concerned about the number of incidents of underage drinking and driving under the influence of alcohol. The smoke and alcohol-free GI Java, is seen as an excellent alternative.

"We wanted to establish a meeting place where the dorm residents could go that wasn't alcohol-driven and that they didn't need a car to get to," Joseph said.

"We needed a place to 'fill the void,'" said 30<sup>th</sup> Space Wing Command Chief Master Sgt. Mike

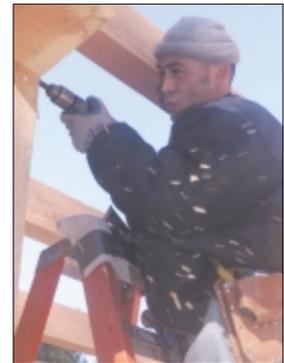


PHOTO BY AIRMAN 1<sup>st</sup> CLASS JESSICA RAMOS

Leo Prieto works on the patio section of the GI Java coffee shop at Bldg. 13406.

Morey. "This will offer the troops a place to go ... a place to get together, to build friendships."

Another perk of the shop being run by the chapel is that dorm residents will have a willing ear available if they need to talk or confide in someone, Joseph added.

Along with coffee and baked goods, GI Java will boast five laptop computers with free Internet service for dorm residents' use.

"The computers can save time for those people who take college courses and don't own a computer," Joseph said. "It can also help them keep in touch with family and friends who don't live in the local area."

GI Java is slated to open in late February but that opening is tied to the number of people who volunteer to staff it. Anyone who would like to volunteer should call the chapel office at 606-5773.

This issue of the



Also view The Space & Missile Times at [http://www.vandenberg.af.mil/30sw/news/space\\_times/index.html](http://www.vandenberg.af.mil/30sw/news/space_times/index.html)



Man's best friend. Team Vandenberg members' deploy to Southwest Asia as working team. See Page 3.



Deep freeze. Team Vandenberg chills-out Tuesday morning with a layer of ice on their windshields. See Page 6.

Weekend forecast Mostly Sunday.



For a full VAFB weather report visit [www.vandenberg.af.mil/30sw/organizations/30og/weather/weather/index.html](http://www.vandenberg.af.mil/30sw/organizations/30og/weather/weather/index.html)



U.S. NAVY PHOTO BY MICHAEL PENDERGRASS

**Military members render honors as fire and rescue workers unfurl a huge American flag over the side of the Pentagon during rescue and recovery work following the Sept. 11 terrorist attack.**

# Americans actions show true patriotism, resolve

By Lt. Col. Brad Ashley  
30th Communications Squadron commander

It strikes me that in America two new, and very important, questions will be asked and answered for generations to come:

Where were you during the 9/11 attacks on the Pentagon and the World Trade Center and what did you do after?

The first question was already answered by fate: at home, at work, sleeping or driving.

The second will be answered by the strength of our patriotism and resolve.

When your children and grandchildren ask you these questions, be sure to tell them of the wonderful things you contributed to this great nation: your sacrifices, your dedication, your honor and your spirit.

President Bush said, "Those who wear our uniform represent the best of our country."

We are proud to represent our country. I joined the United States Air Force when I was only 17 years old. For me, it is a calling — a higher calling.

Serving in uniform is more than a job, a way of life, or a profession. It is a brotherhood of arms — a family. Many of our

*"A commander in chief sends America's sons and daughters into battle in a foreign land only after the greatest care and a lot of prayer. We ask a lot of those who wear our uniform. We ask them to leave their loved ones, to travel great distances, to risk injury, even to be prepared to make the ultimate sacrifice of their lives. They are dedicated. They are honorable. They represent the best of our country, and we are grateful."*

— President Bush, Speech to the Nation, Oct. 7, 2001

comrades-in-arms perished in the cowardly Pentagon attacks Sept. 11. Our brothers and sisters made the ultimate sacrifice for our great nation that day.

Team Vandenberg has pulled together like a huge family in support of the Sept. 11 victims. American flags fly proudly on our vehicles and homes. They're prominently displayed in our windows and reflect our national spirit like no other time in our generation.

We raised nearly \$12,000 during Project Noble Support for the families of Pentagon victims. Thousands of small efforts went into this great cause: bake sales, golf tournaments, car washes and quilt auctions. Military members, spouses, and children alike gave of themselves to help those who have suffered.

For decades, we practice for a day we hope we never have to do. Yet, when the call goes out, we

stand ready.

Satellites recently launched here at Vandenberg have already paid great dividends in the war against terrorism.

More than 150 Team Vandenberg members deployed to locations around the globe. Most were away from their families during the holidays. Still they are prepared to make great sacrifices.

The Air Force family takes care of its own. Global Hearts, morale phone calls, neighbors helping neighbors and care packages are just a few examples of the warmth of Team Vandenberg.

The red, white, and blue is occasionally tested. America has seen troubled times before and made it through with flying colors.

This crisis will not prove to be any different. Remember, what you do afterward will last in your memory forever.

## Commander's Action line



**Col. Robert M. Worley II**  
Commander,  
30th Space Wing

Mission success is our top priority, and the talented men and women of Team Vandenberg get it done with excellence.

Key to the effectiveness of any great team is good communication. The 30th Space Wing Commander's Action Line is your direct communication link to me.

It provides an avenue for you to voice your concerns, share constructive ideas, or give your Vandenberg teammates a pat on the back.

I appreciate your input, and I am personally involved in every

response.

While the Commander's Action Line is a great way to communicate, don't forget there are many other avenues to get answers to your questions including your chain of command, first sergeants, base services officials, and many other base professionals.

Thanks for helping to make Vandenberg such a great place to work and live. When calling the action line, please leave your name and phone number in case more information is needed.

## Action line 606-7850

or e-mail your message to [actionline@vandenberg.af.mil](mailto:actionline@vandenberg.af.mil)

EMERGENCY.....	911
Command Post .....	606-9961
Poison control.....	800-876-4766
Clinic appointments.....	606-2273
Information.....	411
After-hours urgent care.....	888-252-3299
TRICARE services.....	800-242-6788
Health Care Information Line.....	800-611-2883
Pharmacy Assistance .....	606-7440
Pharmacy Refill (recording) .....	605-0200
Law enforcement.....	606-3911
Housing maintenance.....	734-5586
Child Development Center.....	606-1555
Youth Center .....	606-2152
MPF customer service.....	606-7756
Visitor control center.....	606-7662
Military Pay.....	606-4606
Civilian Pay .....	606-1851
Airman's Attic.....	605-5484
Golf Course .....	606-6262
Fitness Center .....	606-3832
Health and Wellness Center.....	606-2221
Dry Cleaners .....	606-5111
Pacific Coast Club .....	734-4375
Air Force Aid Society .....	605-8551
Arts and Crafts Center .....	606-6438
Retiree Activities Office .....	606-5474
Chaplain .....	606-5773



**Heard a rumor?  
Get the facts.**  
During crises or emergencies, call the Vandenberg rumor control line at 606-1857.

*Do you look people in the eye as you pass them in the hall? Or do you duck your head and walk right by? Maybe it's time ...*

## Courtesy should come indoors

By Lynn Gonzales  
AFSPC Public Affairs

Rendering a salute is the time-honored way the military have of greeting each other courteously outside.

Once inside the doors, however, it's a different story. People's tendency to look up and acknowledge others drops dramatically. Eyes drop and no words are passed, even if you're the only two people in the hallway.

Some people say they don't have time to stop and extend such common courtesies to everyone they pass on a daily basis. They're much too busy.

While waiting for an appointment one morning I walked around in the command headquarters and, with this concept in mind, timed myself greeting the people who walked by me. I spent no more than five seconds looking up into each person's eyes, nodding and saying, "Good morning," with a slight smile.

It takes only a few seconds for people to raise their heads, make eye contact with someone who they're passing and smile. You can add a few seconds more to say, "Good morning" or "Good afternoon."

Most business etiquette books devote an entire section to these common courtesies and their importance to relationships in an organization.

According to Peggy Post, a recognized authority on etiquette and author of several books on the subject, proper business etiquette requires people to acknowledge others in an office environment.

"You'll want to greet co-workers the first time you see them with 'Good morning' or 'How's it going?'" Post wrote in her book, "The Etiquette Advantage in Business." "But after that a quick smile or nod will do."

Other people say they are too focused on getting

to their destination to acknowledge who is around them.

Preoccupation with what you're doing and where you're going is normal in an office environment, but it can affect relationships with co-workers.

"Being preoccupied with what you're doing is only natural when you're busy and shouldn't be taken as an affront," Post wrote. "More important is what not to do when passing people in the hall — staring straight down at the floor with a sour look on your face. Even though it's unlikely to be taken personally, ignoring people does little for the kind of atmosphere that makes the day go better."

A sour expression on your face will often stay with people even if you are preoccupied. The next time they see you they will probably remember that unpleasant frown and not be as receptive, even if you're consciously trying to present a courteous appearance.

A few believe that common courtesies only apply to the military. They don't realize that everyone on base is part of the military family. The term "Air Force personnel" refers to not only active-duty members, but also the civilian employees and contractors who work on the base. I am not required to salute higher-ranking officers outside

as military members are, but as a member of the family, I consider it one of my duties to be as courteous as possible to everyone, whether they are civilian employees, contractors or military spouses, inside the hallways and offices.

So, the next time you pass someone as you're strolling around the base or walking down the hallways in one of the buildings, make it a point to offer some common courtesies — look up, make eye contact and nod a greeting. It makes a difference.



**Do you greet your coworkers with respect?**



**Or, do you walk right by?**

## Courtesy transcends rank

When you extend a verbal courtesy like saying, "Good morning," you are not just acknowledging the other person's service,

rank or age; rather you are acknowledging the respect every person deserves and therefore has a right to expect from you. That respect reflects positively on both of you.



# Team V's sweet tooth raises money for children

*Base buys 130 dozen doughnuts to support VFCU fundraiser*

By STAFF SGT. ANDREW LEONHARD  
30<sup>th</sup> Space Wing Public Affairs

■ What do you get when you mix 150 pounds of powdered sugar with a group of people raising money for children? A big tooth ache. Well not exactly.

Team Vandenberg members bought 130 dozen doughnuts last week to help Vandenberg Federal Credit Union raise \$2,500 for the Children's Miracle Network. All together the credit union sold more than 670 dozen doughnuts throughout the Central Coast.

A worker at the doughnut shop said this was the biggest fundraiser order they had ever received.

"We came up with the idea to sell doughnuts as a fundraiser earlier this month," said Paulette Cunningham, VFCU public relations director. Cunningham said that the credit union wanted something new and sweet to get people into the giving spirit.

The Children's Miracle Network is an international non-profit organization dedicated to raising funds for and awareness of children's hospitals.

Co-founded by Marie Osmond and John Schneider in 1983, the network produces a television fundraiser benefiting 170 children's hospitals.

Every year "Children's Miracle Network Celebration" helps 14 million children who suffer from all types of illnesses. In 19 years, CMN has raised more than \$1.4 billion for children's hospitals—\$239



PHOTO BY STAFF SGT. ANDREW LEONHARD

**Shannon Skinner, marketing research analyst for Vandenberg Federal Credit Union, hands Paulette Cunningham, VFCU public relations director, a bag of doughnuts. The credit union sold 670 dozen doughnuts to raise money for the Children's Miracle Network.**

million in 2001 alone.

One hundred percent of the funds raised locally benefit children at participating hospitals on the Central Coast.

Cunningham said Santa Ynez Valley Cottage Hospital, which has the closest neonatal unit, used CMN funds to buy a pediatric ambulance last year. Children in San

Luis Obispo County and Santa Barbara County who suffer from a severe accident or birth challenges or can't be treated in their local hospitals are sent to Cottage Hospital, added Cunningham.

Last year, Credit Unions for Kids, an affiliate of nationwide credit unions, donated a total of \$18 million to CMN.

"Credit union's exist to provide service to it's membership and community," said Diana Dykstra, presi-

dent and chief executive officer of VFCU.

"Through CMN we know that the funds we raise stay in our community and help the children and families in need of medical care.

This program is a wonderful opportunity to create a common cause for our members, employees, branches, and everyone with whom we do business," said Dykstra.

"It's all about the children," she said. "With our core philosophy of 'people helping people' CMN was a perfect fit.

Because of the success of this fundraiser VFCU has begun another doughnut drive. People may place their pre-paid orders at any VFCU branch. If they are members they can place their orders over the phone.

For more information or to place orders, call 734-8550. Orders must be placed by 5 p.m. Feb. 12 for branch delivery Feb 14.

**"It's all about the children."**

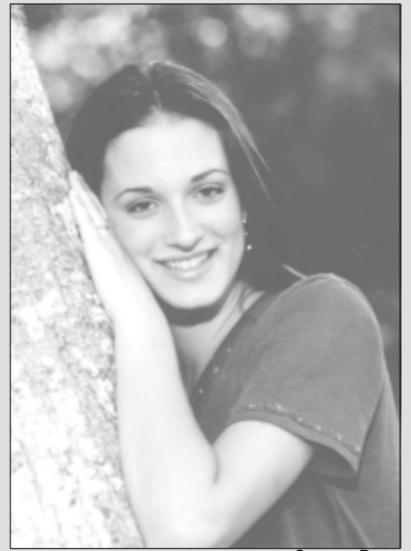
Diana Dykstra  
President, CEO of VFCU



- Each year, Children's Miracle Network hospitals treat 14 million children.
- There are 170 children's hospitals affiliated with Children's Miracle Network. These hospitals help children of all races, ages, religions, and ailments.

## Teen Team Vandenberg Spotlight

**Name:** Rachel Prucey  
**Age:** 19  
**Parents:** Lt. Col. Michael and Denise Prucey. Lt. Col. Prucey is the commander of the 30<sup>th</sup> Security Forces Squadron.  
**University:** University of California at Los Angeles  
**Major:** Undeclared, leaning toward physiological science.  
**Goals:** Preparing for medical school. Want to join the Air Force as a doctor.  
**Favorite Quote:** "Even if you're on the right track, you'll get run over if you just sit there." Will Rogers  
**Why she loves UCLA:** "Everything's so fast paced. People who aren't motivated keep dropping out, so you're constantly surrounded by people who want to achieve."  
**Dad says:** "Rachel is one of two Cabrillo High School students who won ROTC scholarships this year. We're very proud of her."



COURTESY PHOTO

## Base salutes February promotees

■ Team Vandenberg recognizes its newest promotees today at 3 p.m. in the Pacific Coast Club.

**AIRMAN FIRST CLASS**  
Anderson, Jonathan  
Marshall, James  
Espinoza, Miguel  
Kennedy, Myesha

**SENIOR AIRMAN**  
Trevorrow, Edward  
Burgess, Lisa  
Zink, Daniel  
Kansupda, Amrish  
Villanueva, David  
Brown, Lynn  
Bele, Timothy  
Lunsford, David  
Murray, James

**STAFF SERGEANT**  
Miller, Jason  
Faalazadeh, Rebecca  
Funderburk, Paula  
Spear, Michael  
Pence, Andrew  
Snider, Chris  
Wooton, Benjamin  
Lungstack, Dante  
Lemieux, James  
Garciaaruz, Jesus

30<sup>th</sup> Security Forces Squadron  
30<sup>th</sup> SFS  
30<sup>th</sup> Civil Engineer Squadron  
30<sup>th</sup> Mission Support Squadron

30<sup>th</sup> CES  
30<sup>th</sup> SFS  
30<sup>th</sup> Transportation Squadron  
30<sup>th</sup> SFS  
30<sup>th</sup> SFS  
30<sup>th</sup> Space Wing  
30<sup>th</sup> TRNS  
30<sup>th</sup> SFS  
30<sup>th</sup> SFS

30<sup>th</sup> Medical Support Squadron  
30<sup>th</sup> SFS  
30<sup>th</sup> Comptroller Squadron  
30<sup>th</sup> Aeromedical-Dental Squadron  
576<sup>th</sup> Flight Test Squadron  
14<sup>th</sup> Air Force  
576<sup>th</sup> FLTS  
30<sup>th</sup> CES  
30<sup>th</sup> Communications Squadron  
532<sup>nd</sup> Training Squadron

**Moore, Paola** 30<sup>th</sup> Medical Operations Squadron  
**McElroy, Damion** 30<sup>th</sup> SFS  
**Oswald, Ransom** 532<sup>nd</sup> TRS  
**Gorchess, Sadie** 30<sup>th</sup> SFS

**TECHNICAL SERGEANT**  
**Masters, Mark** 2<sup>nd</sup> Space Launch Squadron  
**Spice, Charles** 2<sup>nd</sup> SLS  
**Williams, Jacqueline** 30<sup>th</sup> ADOS  
**Requena, Jose** 30<sup>th</sup> CES  
**Miranda, Rodney** 30<sup>th</sup> Communications Squadron  
**Cotton, Dion** 2<sup>nd</sup> SLS  
**Murray, Elizabeth** 30<sup>th</sup> Space Wing  
**Robin, David** 14<sup>th</sup> Information Warfare Flight  
**Sibley, Norman** Det. 9, Space and Missile System Center  
**Monk, James** 30<sup>th</sup> CS

**MASTER SERGEANT**  
**Jelmo, Michael** 14<sup>th</sup> Air Force  
**Wagers, Donald** 30<sup>th</sup> CS  
**Mook, Earl** 30<sup>th</sup> Medical Support Squadron  
**Ramsey, Robert** 532<sup>nd</sup> TRS

**CAPTAIN**  
**Meissel, Perry** Det. 9, SMC  
**Nelson, Jared** 392<sup>nd</sup> Training Squadron  
**Page, Eric** 30<sup>th</sup> Operations Support Squadron  
**Simonis, Brian** 392<sup>nd</sup> TRS

**MAJOR**  
**Fluharty, Allan** 30<sup>th</sup> OSS

## Who was the world's first black astronaut?

By 1<sup>st</sup> LT. VIRGIL W. MAGEE  
AFSPC Public Affairs

■ **PETERSON AFB, Colo.** - When most people think of the first black astronaut they think of Col. Guion "Guy" Bluford Jr. But there was one astronaut who came before Bluford and has been largely forgotten by history.

Maj. Robert H. Lawrence Jr., a distinguished test and fighter pilot, was one of the first to be selected for the Air Force's Manned Orbiting Laboratory Program, which was the precursor to the NASA Space Shuttle Program.

On Dec. 8, 1967, only months after being selected to the prestigious MOL unit, the F-104 Starfighter jet, in which he was a co-pilot, crashed during a training flight at Edwards AFB, Calif.

During the flight Lawrence was performing maneuvers to gather data for use in future manned space flight programs.

At the time, the Air Force had its own objectives for space exploration that differed from NASA's. The MOL pilots had a rigorous standard of aerospace flight education and proficiency equal to the NASA standards.

However Lawrence and the rest of the MOL participants were not officially recognized as "astronauts." The evolution of the MOL and NASA programs, combined with differences in terminology, and the passage of time, delayed appropriate recognition of Lawrence as an astronaut and true aerospace pioneer.

In 1997, the Air Force reviewed the issue and formally recognized Lawrence's status as an "astronaut," qualifying him for an appropriate memorial.

The Astronauts Memorial Foundation quickly and unanimously voted to honor Lawrence, adding his name to the 16 others who gave their lives for America's space program, on the Space Mirror Memorial located at Cocoa Beach. The AMF board felt it appropriate to formally honor Lawrence on the 30th anniversary of his fatal accident.

Although Lawrence never actually flew in space, his contributions to the space program made it possible for the development of space shuttle. He made the ultimate sacrifice and lost his life in the service of the nation and its space program. (Courtesy Air Force Space Command News Service)

## Crime fighters



PHOTO BY MASTER SGT. DAWN L. COLLAZO

**Staff Sgt. Robert Tomlin, a dog handler with the 30<sup>th</sup> Security Forces Squadron, poses with Dar-Garo on an aircraft ramp at a deployed location in Southwest Asia. Tomlin and other people from the squadron are assigned to the 332<sup>nd</sup> Expeditionary Security Forces Squadron as part of Joint Task Force Southwest Asia. Dar-Garo is a 3-year-old Belgian shepherd trained to help protect deployed people.**



# Around the Air Force

## Air Force releases some specialties from Stop-Loss restrictions

■ Air Force personnel officials have developed a plan that will mean the end of Stop-Loss restrictions on a number of career fields as early as March. The Stop-Loss "exit plan" includes 24 officer and 40 enlisted career fields, and is based on the strategies of operations Enduring Freedom and Noble Eagle, personnel officials said.

It is the result of a planned "90-day review," officials at the Pentagon said. An initial 30-day review, conducted in early November, resulted in the continuation of Stop-Loss restrictions on all Air Force specialties.

Stop-Loss measures were instituted by the Air Force on Oct. 2 to ensure personnel levels were adequate to prosecute the war. Subsequent reviews will take place at 60-day intervals.

The officer career fields released from Stop-Loss restrictions include: 13S, 21A, 21M, 21S, 35B, 36P, 38M, 42B, 42E, 43A, 43D, 43M, 44D, 44H, 44J, 44Z, 46G, 47B, 47D, 48E, 65A, 65F, 65W and 84H.

Enlisted career fields released from Stop-Loss restrictions include: 1C6XX, 1S0XX, 1T0X1, 2A000, 2A0X1, 2A1X1, 2A1X2, 2A1X3, 2A300, 2A3X1, 2A3X2, 2A3X3, 2A4X1, 2A4X2, 2A5X3, 2A6X3, 2A7X4, 2M0XX, 2P0XX, 2R0XX, 2R1XX, 2T3X5, 2T3X7, 2W0XX, 2W1XX, 2W2XX, 3A0XX, 3C0X2, 3C3X1, 3H0XX, 3N0XX, 3N1XX, 3N2XX, 3U0XX, 4J0XX, 6FXXX, 8FXXX, 8MXXX, 9DXXX and 9E000.

People who are deployed in support of operations Noble Eagle or Enduring Freedom or related operations, and Reserve and Guard component people who are involuntarily on active duty (partial mobilization) or voluntarily on active duty in support of operations Noble Eagle or Enduring Freedom or related operations, will not be released until they return from deployment or are demobilized.

More information regarding the Stop-Loss exit plan is available at installation MPFs. (Courtesy Air Force News Service)

## More AF people can receive corrective laser eye surgeries

■ Lt. Gen. Paul K. Carlton Jr., Air Force surgeon general, signed a memorandum recently allowing Air Force people who are designated as "priority 2" in the "Warfighter" Photorefractive Keratectomy Program to receive the procedure at one of the Air Force's laser centers.

People who fall into category 2 include active-duty people whose routine military duties require the wear of night-vision goggles, eye protection or respiratory protection. It does not include those who are only required to wear nuclear, biological and chemical masks during deployment.

"Security forces, firefighters, and bioengineers are just a few of the people who are now eligible for the elective eye surgery," said Dr. (Lt. Col.) Kimberly Slawinski, chief consultant for surgical services.

About 40 percent of today's Air Force people require corrective lenses to perform their jobs, Slawinski said.

"Reducing our warfighters' dependence on corrective lenses will enhance the Air Force's readiness," she said. "Glasses and contact lenses can be an operational disadvantage. PRK can enhance performance and safety in military duties. However, it is not a medical benefit and there is no requirement for any member to obtain PRK."

Prior to the signing of the memorandum, only people identified as aviation and special duty, or "priority 1," qualified for the free PRK surgery at the laser centers. (Courtesy Air Force News Service)

## Officials announce 2002 clothing allowance changes

■ Military people should see an increase in the amount of money they receive for their military clothing allowances. New rates, set by Defense Logistics Agency

## No one comes close



PHOTO BY TECH. SGT. JOHN LASKY

The U.S. Air Force Honor Guard Drill Team performs at the Houston Rockets vs. Dallas Mavericks basketball game in Houston Jan. 22. The team, from Bolling AFB, D.C., is at Lackland AFB, Texas, learning and perfecting drill during an annual 30-day training camp.

officials, are now in effect.

DLA officials review uniform costs annually to determine whether an increase, decrease or no change is made to clothing allowances, said Master Sgt. Ruth Nischwitz, Air Force uniform section chief at the Pentagon.

Changes are based on costs DLA incurs obtaining clothing items, and increases or decreases in the wear-of-life probability of each uniform item. Because allowances are for uniform replacements only, costs for uniform repair, dry cleaning and laundering are not a consideration.

The allowance is not intended to replace every item in the military wardrobe each year, Nischwitz said. The attempt is to establish an average wear-life cycle of each item under routine wear conditions. Uniform allowances for fiscal 2002 are:

- ◆ Enlisted male, basic \$205.20 and standard \$291.60;
- ◆ Enlisted female, basic \$230.40 and standard \$331.20;
- ◆ Permanent-duty civilian clothing allowance \$811.46;
- ◆ Permanent-duty civilian clothing annual replacement allowance \$270.48;
- ◆ Temporary-duty civilian clothing al-

lowance (15/30 rule) \$270.48; and

- ◆ TDY civilian clothing allowance (30/36 rule) \$540.97

Nischwitz said civilian clothing allowances for people on TDY are based on the number of days they are required to wear civilian clothing while TDY.

"If an individual is TDY to a (civilian clothing allowance) location 15 days out of 30, either consecutively or cumulatively, the maximum amount payable is one-third of the permanent-duty (civilian clothing allowance)," she said. "If they are TDY 30 days out of 36 months, consecutively or accumulatively, the maximum amount payable is two-thirds of the permanent-duty (civilian clothing allowance)." (Courtesy Air Force News Service)

## SnoFest: Winter wonderland for military families

■ Servicemembers and their families are invited for a weekend in the snow-capped mountains of Colorado.

Air Force Space Command and the U.S. Air Force Academy officials co-sponsor the 12<sup>th</sup> Annual SnoFest. The three-day recreational event, Feb. 22 to 24, gives families a chance to enjoy the world-famous ski slopes of the Rockies.

SnoFest 2001 attracted more than 3,000 people, mostly from military installations in Colorado and Wyoming, and from as far away as Massachusetts.

"This year's event is expected to draw even more than last year," said Lt. Col. Joni Miranda, AFSPC deputy director of services.

The festivities kick off on a Friday at the Keystone Resort, 90 minutes west of Denver, with the Commander's Challenge skiing and snowboarding events. The highest-scoring base wins the traveling Commander's Cup. Each team has the wing commander or their representative plus three hand-picked racers. Any base team can compete and people may also compete in solo events.

Feb. 22 and 23 are capped off with after-ski parties featuring live entertainment from the Air Force Band of the Rockies' Blue Steel combo.

Feb. 22, teens will gather at the Breckenridge Recreation Center for an overnight party which includes swimming, dancing, basketball, volleyball, games and the crowning of their SnoFest king and queen.

Feb. 23, magicians, mind readers, caricaturists and party clowns will be at the parties to entertain the younger crowd.

The pinnacle of the fest is the cardboard derby where participants test their own makeshift paper creations on the slopes,

officials said. Cadets, children, families and organizations may build and race snow vehicles made from cardboard, tape, paint and rope. Some of the racers in last year's inaugural derby used a flat piece of cardboard, while others were engineering marvels.

Servicemembers and families will be able to compete in several categories. Awards will be given out for the most-creative, best-engineered, closest to target and best of show. The derby takes place on the second day.

Activities for nonskiers include outlet mall shopping, tours, snowmobiling, sleigh rides, swimming, tubing, ice-skating and snowshoeing.

Daily lift tickets are \$28 per adult, and \$17 per child. Party tickets can be purchased at the bases for \$7 by Feb. 15, or \$10 at the events on a space-available basis. Lodging prices begin at \$112, which includes a free mountain passport, which entitles the holder to a host of free amenities.

More information on SnoFest can be obtained on the SnoFest Web site at [www.usafa.af.mil/svk/orc/snofest.htm](http://www.usafa.af.mil/svk/orc/snofest.htm). (Courtesy Air Force News Service)

## Air Force drug abuse survey hit 23 bases

■ The Substance Abuse and Mental Health Services Administration will be conducting their annual congressionally mandated National Household Survey on Drug Abuse and mental health issues at several Air Force bases this month.

This year, based on geographic sampling, the study includes 23 Air Force bases in the United States. The first phase begins this month as military family addresses for each base are identified. Typically eight to 10 households are selected on any given base.

Interviews also begin in January. Representatives from the Research Triangle Institute, the contractor conducting the study, will identify and solicit the voluntary participation of eligible family members living in selected households across the United States — including those on military bases. Individual participation is voluntary.

The 23 bases selected are listed below in alphabetical order:

Beale, Bolling, Columbus, Dover, Eglin, Ellsworth, Elmendorf, FE Warren, Hickam, Laughlin, Luke, Malmstrom, Minot, Nellis, Pope, Seymour-Johnson, Shaw, Sheppard, Travis, Tyndall, the USAF Academy, Whiteman, and Wright-Patterson.

Questions can be directed to the Air Force Survey Branch, at DSN 665-2448. (Air Force Personnel Center)



PHOTO BY STAFF SGT. JEFFREY WILLIAMS

Chaplain (Capt.) Mitch Zygadlo prepares to present the sacrament during a service to dedicate a new chapel at a deployed location in Southwest Asia. Zygadlo is a Team Vandenberg chaplain.

## Desert chapel gets permanent home

■ After years of operating out of a tent at a deployed location in the deserts of Southwest Asia, the 386<sup>th</sup> Air Expeditionary Group finally has a new chapel.

In a dedication service held Jan. 17, the new chapel officially opened for business.

"A couple of years ago, one of our chaplains had a vision for a new chapel, just like King David had a vision of building a permanent location for the ark of the covenant," Chaplain (Maj.) Allen Heckman said during the service. "After a few years of planning and logistical coordination, that vision has come to pass."

"We are dedicating this building and everyone in it as representatives of our living God. Inside the walls of this chapel, people can have spiritual renewal, religious education and refuge. We're here because we recognize that something special is going on," he said.

The new chapel features a sanctuary, office space and a small conference room for studies and confidential counseling.

The actual move occurred Dec. 26 when office furniture, administrative materials, religious supplies and other gear were moved from the tent to the permanent building.

The service featured seven Army and Air Force chaplains serving in Operation Southern Watch, including Chaplain (Capt.) Mitch Zygadlo from Vandenberg AFB and (Maj.) Graham Brown from the U.K.'s Royal Air Force. (Courtesy Air Combat Command News Service)

# Knowledge quest tests Team V brain power

■ Test your Black History knowledge with this knowledge quiz from the 30<sup>th</sup> Space Wing Military Equal Opportunity office.

E-mail your answers to [30SW/ME@vandenberg.af.mil](mailto:30SW/ME@vandenberg.af.mil) and have a chance to win a prize during the Black History Month banquet Feb. 23 at the Pacific Coast Club.

1. Before 1926, how often were African-Americans lynched?
2. In the years before the Civil War, how many million slaves did prominent abolitionist Frederick Douglas estimate there were?
3. After the Civil War ended the conflict over abolition, what did demonstrators outside the White House say was needed?
4. Sixty years after the Civil War, what federal program preserved the oral histories of people who had been slaves?
5. Before Rosa Parks, who protested segregation in public transportation?
6. What spurred Nat Turner to lead his

famous revolt in 1831?

7. What famous black leader said, "Over blacks must be their king, not white, but of their somber hue, to rule a nation of themselves?"

8. When discriminating whites met blacks with physical force, what actions did Martin Luther King Jr. advise his brethren to take?

9. After taking the pledge, what were the participants in the Million Man March supposed to do?

10. What is the spirit behind the last line of the poem recited at President William Clinton's inauguration?

11. Nelson Mandela displays two habits that show how dedicated he is to achieving his goals. What are they?

12. By the age of 10, he knew he wanted to be a revolutionary. Who was he?

Next week, a new test and the answers for this weeks questions will be published in the paper.



During the U.S. Census 2000, 36.4 million residents reported as African American. This group made up 12.9 percent of the population.



PHOTO BY YOLANDA HUNTER

**Daniel Barrera, 30<sup>th</sup> Transportation Squadron, is declared the winner of the Air Force 178-pound championship match after a second round knockout over his opponent. BOXER: Barrera sets sites on Armed Force, U.S. Championships, Olympics**

#### From Page 1

"I was concentrating on sports other than boxing," he said. Since his arrival here seven months ago, Barrera has transformed from a jack of all trades to a master of one.

The Air Force champ attributes his attitude change to Fitness Center boxing coach, Don Green, a former Air Force boxer. "Coach Green said that if I really wanted to excel in boxing I would have to commit myself to the sport," Barrera said.

"Barrera progressed rapidly," said Green. "He learned the necessary boxing skills quickly and He's dedicated and wants to box."

With a more focused commitment, Green's guidance and the unyielding support of Team Vandenberg, Barrera has produced positive results.

The 21-year-old Barrera acknowledges the tremendous amount of support he has received from his squadron leaders, supervisors, co-workers and the base chapel staff. He added that the squadron physical training programs helped him to stay conditioned.

"It actually helped keep me motivated," the boxer said.

"Barrera is truly an outstanding troop," said Master Sgt. Mark Losoya, 30<sup>th</sup> TRNS superintendent combat readiness and resources. "He always goes out of his way to

learn more about his duties, but he doesn't stop there. He's always inclined to go the extra mile. He's truly an outstanding airman.

"He only has one speed, fast," said Losoya.

Barrera said that he didn't expect to do as well as he did in the recent box-off. His newfound success has Barrera setting an even higher goal for himself — become a world class athlete.

If he has an opportunity, he'll try to qualify for the 2004 U.S. Olympic boxing team.

The next challenge for Barrera and the rest of the 2002 Air Force boxing team is the Armed Forces Championships at Camp Lejeune, N.C., Feb. 10 to 16. After the armed forces tournament, the team returns to San Antonio, Texas, for the Golden Gloves competition Feb. 22 to 26. After Golden Gloves the team heads to Colorado Springs, Colo., for the national championships scheduled for March 10 to 16.

Barrera said one of his primary goals now is to gain a ranking at the U.S. championships.

"The Armed Forces Championship competition will be against our sister services," adding he said that the Air Force team only trains part of the year.

In stark contrast the, "Army and Marine Corps train year round, so we have a tough and challenging road ahead," he said.

## BRIEFS: from Page 1

### CGO HOSTS LUNCHEON FEB. 13

The Company Grade Officers' Council hosts a professional development luncheon at noon, Feb. 13 in the Pacific Coast Club. For more information or tickets, call 1<sup>st</sup> Lt. Henry Heren at 605-1338.

### JOINT CONFERENCE SET FOR THURSDAY

The quarterly Joint Pacific Scheduling Office conference is Thursday at 10 a.m. in the theater of the Western Range Operations Control Center.

### GI BILL CAN TRANSFER TO DEPENDENTS

One of the education provisions of the National Defense Act, Authorization Act of 2002 permits transfer of the Montgomery GI Bill education benefits to one or more of a service member's dependents. Each service secretary may implement this provision at his discretion. A final decision and timeframe have not been decided upon for the Air Force. However, it will only apply to those who are serving in designated critical skills. For more information, call the base education office at 605-5905.

### BREAKERS CONTINUES FAMILY NIGHT

The 30<sup>th</sup> Services Squadron staff offers a weekly dinner Thursdays at the Breakers Dining Facility from 6 to 7 p.m. The dinner is open to all family members of people deployed in support of an overseas operation.

### DEADLINE NEARS FOR DECA SCHOLARSHIP

Applications for the second annual Defense Commissary Agency/Fisher House Foundation Scholarships for Military Children Program are due Tuesday. Qualified sons and daughters of U.S. military ID-card holders, to include active duty, retirees, and Guardsmen or reservists, may apply for the \$1,500 scholarships. For more information, go to their web site at [www.commissaries.com](http://www.commissaries.com).

### AIRMAN LEADERSHIP SCHOOL LOOKS FOR INSTRUCTOR

The Vandenberg Airman Leadership School needs a staff sergeant, staff sergeant select or technical sergeant to fill an available instructor position. Completion of ALS is a prerequisite. The deadline for package submission is today. A formal application is required.

See index number 6 on the Equal Plus listing for more details. Submit packages or direct any questions to Master Sgt. Jeff Sherrill at 606-5595.

### BASE LOOKS FOR VOLUNTEER AADD DRIVERS

Announcing the revival of Airman Against Drunk Driving. AADD's goal is to reduce and eliminate alcohol related incidents on and around Vandenberg. For information, call Paige Ramos at 606-6070.

### TAX OFFICE OPEN FOR APPOINTMENTS

The tax office is now up and running and available for tax preparation appointments. Volunteers from all base organizations are trained and ready to help, just call a unit tax representative. For more information, call the tax office at 605-3668 or 606-3650.

### HEALTHCARE CONSUMER ADVISORY COUNCIL MEETS

The next meeting of the Healthcare Consumer Advisory Council is at 10:30 a.m. Feb. 11 in the 30<sup>th</sup> Medical Group Staff Auditorium. Call Lt. Col. Angela Thompson, chief nurse, at 606-3308 for more information.

## Sea-based midcourse test complete

■ The Missile Defense Agency and the Navy conducted a successful flight test in the continuing development of a Sea-Based Midcourse Ballistic Missile Defense System Jan. 25.

Flight Mission-2 involved the launch of a developmental Standard Missile 3 and kinetic warhead interceptor from the Aegis Cruiser USS Lake Erie and an Aries target missile launched from the Pacific Missile Range Facility on the island of Kauai, Hawaii.

The target was launched at 9 p.m. EST. About eight minutes later, the USS Lake Erie, equipped with Aegis Lightweight Exo-Atmospheric Projectile computer programs and equipment, and having tracked the target with the Aegis SPY-1 radar and developed a fire control solution, launched the newly-developed SM-3. The SM-3 acquired, tracked, and diverted toward the target, demonstrating SM-3 fourth-stage Kinetic Warhead guidance, navigation and control. Although not a primary objective, during this early developmental test, the KW was aimed at the target, resulting in a hit-to-kill intercept at approximately 9:18 p.m. EST.

The primary objective of this test was to evaluate SM-3 fourth-stage Kinetic Warhead guidance, navigation and control. Extensive engineering evaluation data was collected for analyses in preparation for future flight tests. Program officials will evaluate the data and incorporate changes as required.

This was the fourth test in a planned series of nine developmental test flights for the SMD program. An extensive ground test program had already conducted successful testing of elements of the SM-3 kinetic warhead. (Courtesy Defense Link News service)

## NORAD provides air defense at Winter Olympics

■ PETERSON AFB, Colo. - Air Force aircraft supporting the North American Aerospace Defense Command will be seen and heard over the greater Salt Lake City area throughout the 2002 Winter Olympic games. "The world is converging on Salt Lake City and NORAD is fully prepared to do its part to provide a comprehensive and robust air defense capability," said Maj. Gen. Eric Findley, director of NORAD operations here. "F-16s from the 388th Fighter Wing at Utah's Hill Air Force Base, will be the focal point of NORAD's combat air patrol sorties with other fighters, refueling and surveillance and ground radar units supporting our Olympic air defense mission."

NORAD will be supporting the U.S. Customs Service, the federal law enforcement agency charged with the overall coordination of airspace security for the Olympics. With the games designated as a National Special Security Event, the U.S. Secret Service will maintain the lead role for all Olympic security measures.

NORAD will fly combat air patrol sorties over the Olympic Stadium and other area locations holding Olympic events while maintaining alert aircraft at nearby Hill.

"For operational security reasons we won't discuss the details of our combat air patrols," Findley said. "But our pilots will be overhead and we'll be watching."

Findley said the FAA has imposed restrictions including a 45-mile radius temporary flight restriction around the Olympic Stadium as well as restriction around other Olympic venues. Specific information on flight restrictions can be found at

NORAD maintains the overall responsibility of maintaining air sovereignty over the continental United States, Alaska, and Canada. Since the Sept. 11 terrorist attacks, NORAD has significantly increased its readiness with more than 100 additional fighters available at about 30 locations across the country to respond to threats and requests for assistance from the FAA, USCS and the Secret Service.

NORAD continues to fly random combat air patrol sorties over major metropolitan areas and continuous CAPS over New York City and Washington, D.C. (Courtesy Air Force Space Command News Service)

## Post-deployment health a DoD priority

By SGT. 1ST CLASS KATHLEEN RHEM, American Forces Press Service

■ WASHINGTON, — DoD officials believe caring for service members after a deployment should be a national priority. They've taken the lessons learned since the Gulf War and devised a set of guidelines for healthcare professionals to care for service members with deployment-related health concerns.

Beginning March 1, healthcare providers will ask service members who seek medical care if their visit is related to concerns stemming from a deployment.

"We're not necessarily asking patients to make a diagnostic call and tell us whether their disease or ailment is caused by that deployment," said Army Lt. Col. (Dr.) Charles Engel, "but is that part of the concern that's driving their care that day?"

Engel is the director of DoD's Deployment Health Clinical Center at Walter Reed Army Medical Center here. He also serves as the DoD consultant for the new clinical practice guidelines.

If the service member answers, "yes," the new guidelines require the provider to take certain steps, including a specific evaluation and arrange follow-up visits. Engel said patients receiving routine check-ups or wellness visits would not be asked the deployment question.

After the 1990-1991 Gulf War, DoD realized veterans were suffering from unexplained health problems, typified by fatigue, diffuse pain, and sleep and memory problems, Engel explained.

He said DoD officials have come to realize deploy-

ment-related health conditions may not show up during or immediately after a deployment.

"A certain proportion of people return (from deployments with) valid and real physical symptoms, and unfortunately diagnostic testing doesn't give us the exact answer as to what their disease is or ailment is," Engel said. "And what we have found after the Gulf War is that even 10 years later, the best science doesn't give us a discreet answer as to what exposure on the battlefield may be responsible for this."

However, he said, DoD medical professionals are trying to do a better job of acknowledging patients' concerns than has been done in the past. That's where the Clinical Practice Guideline for Post-Deployment Health Evaluation and Management comes in.

"Part of what the guideline does is essentially teach doctors how to meet and greet service members returning from a hazardous workplace with valid physical concerns and address those concerns in an expeditious way — the sort of way that they're entitled to after having served their country and made important sacrifices," Engel said.

He said this helps patients trust their healthcare providers, which helps clinicians provide better care.

"A big part of the guideline is informing providers as to what sorts of tests that they should run, but I'd say an even bigger part of the guideline is helping clinicians to recognize that there are strategies they can use to embrace the returning veterans' health concerns," Engel said.

The guidelines don't contain a strict definition of "deployment." Engel explained there are countless situations in which military service members might experience hazardous exposures — be they psychological, industrial or environmental.

"This is an evaluation for people who've been to what essentially amounts to a hazardous workplace — a deployment of some sort — in service to their country," he said. Engel said the team developing the guidelines didn't want to use a strict definition of deployment, because that might exclude people from being treated properly under the guidelines.

"It becomes a way that many veterans feel like they're being cut out of care rather than brought into it," Engel said. "If the person relates their

health concern to a deployment, however improbable the healthcare provider might think that is, they are cared for under this guideline."

For more information on post-deployment healthcare, visit <http://www.pdhealth.mil/>.

## Troops in Afghanistan to see Superbowl

By JIM GARAMONE, American Forces Press Service

■ ALEXANDRIA, Va., — It will be 4 a.m. in Kandahar, but service members in Afghanistan will be able to see the Super Bowl this Sunday.

The American Forces Radio and Television Service has installed a number of receivers throughout Central Asia so U.S. military personnel will not miss a second of the Rams-Patriots gridiron battle.

Fox Sports is broadcasting the game and is planning special coverage of troops in the area of operations during the game. The Fox coverage of the Super Bowl is beamed from the AFRTS Broadcast Center in California. AFRTS has delivered "TV receive only" satellite systems to Afghanistan, Uzbekistan, Kyrgyzstan, Pakistan and Tajikistan. Service members on the ground can point the dishes at one of the satellites delivering the Fox/AFRTS broadcast of the game.

"We're providing full coverage," said Air Force Lt. Col. Rob Garza, AFRTS operations officer. "We'll start with the pre-game show and run right through the post-game analysis."

One thing service members overseas will not see are commercials. Department of Defense command information and public service announcements will take their place. Defense Secretary Donald Rumsfeld and Air Force Gen. Richard Myers, chairman of the Joint Chiefs of Staff, will also send greetings during the game.

The game will go worldwide on the military network. AFRTS officials said service members in 177 countries and up to 140 U.S. Navy ships will be able to view the game.

In February, AFRTS will also broadcast full coverage of the Salt Lake City Winter Olympics. "We'll carry everything that NBC, MSNBC and CNBC will carry," AFRTS Director Mel Russell said. The Games start Feb. 8.

The Team Vandenberg spotlight is one of the easiest and most visible ways for unit commanders, first sergeants and supervisors to recognize their people for: duty excellence, interesting past times and awards. To submit someone for the spotlight, send an e-mail to the Space & Missile Times. Include the following information in the message: nominee's name, rank, unit, duty title, hometown, time on base, time in the Air Force and a quote from the nominator. Include a phone number for the point of contact so a photograph can be taken.

## Team Vandenberg Spotlight

Your troop's photo here!



ILLUSTRATION BY SENIOR AIRMAN EDWARD BRALY



America's Air Force  
No one Comes Close!



# Community Calendar

## EVENTS

**1 FRI** Public school students who want to attend a school other than their school of residence must have a parent or guardian apply for a transfer. To be included in the **lottery for the 2002 – 2003 school year**, applications must be in by March 4. Students now enrolled with a transfer need not reapply to remain at their present school. Applications are available at all school locations and the Lompoc Unified School District Central Attendance office at 1301 North A St. Call 736-2371 for more information.

The Women's History Month committee sponsors an **essay and poster contest** for students in the Lompoc School District as well as for base children who are home schooled or enrolled in private schools in grades K through 12. Prizes include savings bonds and scholarships. The slogan this year is "Women sustaining the American Spirit." For further details, call Susan Haury at 605-6237 or visit her in Bldg. 10577 room B-108.

Outdoor Recreation needs **Vandenberg Whitewater Rafting Team guide volunteers**. Team guides must be adventurous, fun-loving, hardworking and outdoors oriented. They're responsible for planning, logistics, guiding and client safety during trips to the Kern River in the southern Sierra Mountains. Guide positions are limited and no experience is necessary. After passing a moderate physical fitness test, new guides receive all required training. Volunteers must be over the age of 21 and be active-duty, Guard, Reserve, DoD civilian or a dependent. The team's first meeting will be in early February at a date to be determined. Those interested should call Staff Sgt. Jeff Martineau at 605-7617.

Fourteenth Air Force Cookbooks, **"What Flying Tigers Eat ..."** are packed with more than 200 recipes by the Flying Tigers. The hardcover, three-ring binders cost \$11 per copy. Call Susan Haury at 733-0897 to place an order.

People can visit the **Health and Wellness Center's Relaxation Room** from 8:30 a.m. to 3:30 p.m. Monday through Friday. HAWC guests may enjoy the massage chair, listen to soft music and melt their stress away. Call the HAWC at 606-2221 to reserve a 30-minute session.

**2 SAT** The **Lompoc Museum** offers guests a glimpse into local history from 1 to 5 p.m. Tuesdays through Fridays and 1 to 4 p.m. Saturdays and Sundays. Trained docents lead guided tours by appointment only. Admission is \$1 for adults and free for children and museum members. For more information, call the museum at 736-3888.

The Vandenberg Center at the **Guadalupe-Nipomo Dunes Preserve** offers **guided tours** to visitors. The center also has hands-on, interactive exhibits such as a virtual reality, no-sand-in-your-shoes tour of the preserve and computer exhibits of dune birds, amphibians, reptiles and arthropods for children of all ages. The center is open from noon to 4 p.m. Fridays, Saturdays and Sundays. For tour reservations, call the Dunes Center at (805) 343-2455.

The **Vandenberg Spouses' Club** needs crafters interested in donating a sample of their work to be auctioned at the VSC's annual scholarship fundraising event. For more information, call Lynn Galik at 734-4088 or Susan Ashley at 734-2036.

Visitors can enjoy **walking tours of historic downtown Santa Barbara** every Saturday from 10 a.m. to noon, weather permitting. Covering four square blocks, the tour takes guests through historic Spanish downtown. For more information, call (805) 965-6407.

Team Vandenberg scouts collect food in their annual **"Scouting for food"** drive Saturday. To donate, residents should place bags or boxes of non-perishable food on their porches for pick-up between 9 a.m. and 3 p.m.

**3 SUN** Base **Christian singles enjoy life-giving fellowship** at the Vandenberg AFB Singles Christian Fellowship. The group encourages singles in their walk with the Lord. Open, guided discussions tackle topics that Christian singles face in today's world. Join the group for fun, food and fellowship. The group hosts a **Breakthrough Dinner** at the Chapel 1 Annex Sunday at 5 p.m.

**4 MON** Chaplain (Brig. Gen.) Charles Baldwin, deputy chief of the Air Force Chaplain Service, speaks at this year's **National Prayer Luncheon** held Monday at 11:30 a.m. in the Pacific Coast Club. The general will speak on "Bubbles, Blackberries and Bedtime Prayers (Tools for Tackling Terrorism)." The U.S. Air Force Academy Praise Team also performs for the event. For more information, call Chaplain (Capt.) Mike Husfelt at 606-5773.

The **Santa Barbara Chamber Orchestra** performs with Conductor

## Deep Freeze



PHOTO BY AIRMAN 1ST CLASS JESSICA RAMOS

**Base Housing resident, Marcia Bonilla, scrapes ice off her windshield after temperatures dipped below freezing Tuesday. At 30 degrees throughout January, temperatures on base were as cold as it gets here.**

Heiichiro Ohyama Tuesday at 8 p.m. in the Lobero Theater. The orchestra will perform works by Britten, Copland and Mozart. For tickets, call the box office at (805) 963-0761.

**7 THU** **Natural Wonders – Adventures for Children** teaches parents and children to make Valentine's nature crafts during a workshop Thursday from 3:30 to 5 p.m. in the Arroyo Room of the Santa Barbara Botanic Garden. Children must be ages 5 through 10 years old. Cost is \$12 per pair and \$5 for additional children.

**9 SAT** The **Carpenteria Girls' Sports Fair** provides skills clinics and activities Feb. 9 from 10 a.m. to noon at Girls Incorporated of Carpinteria located at 5315 Foothill Rd. The fair offers golf, basketball, soccer and volleyball skills coaching to girls in grades K through 6. For more information, call (805) 569-7144.

**15 FRI** In a tribute to jazz vocalist Sarah Vaughn, the **Santa Barbara Symphony presents Dianne Reeves** at 8 a.m. Feb. 15. For more information, call (805) 963-4408.

Beginning Feb. 15, Lompoc Civic Theatre presents **"Mornings at Seven."** Performances of this family comedy by Paul Osborn start at 8 p.m., Fridays and Saturdays and at 2 p.m. Sundays. Call 735-2281 for tickets.

**16 SAT** The African American Association holds **Black Expo 2002 – Unity Through Diversity**, Feb. 16 from 10:30 a.m. to 3 p.m. at the Services Center. The association still needs people to exhibit special displays, share poems or contribute food dishes. For more information, call Capt. Joe Battle at 606-8700.

## CLASSES

**1 FRI** The Health and Wellness Center offers **T.G.I.F. Lunchtime Relaxation** every Friday at 12:30 p.m. in the HAWC. Linda Bastine guides participants through various exercises for mind relaxation. By relaxing the mind, the body also benefits. This is one of many ways to manage stress. No registration is required. For more information, call Linda Bastine at 606-9958.

**5 TUE** There is a **Risk Reduction and Nutrition** class at 10 a.m. Tuesday and 3 p.m. Thursday in the 30<sup>th</sup> Medical Group Auditorium. Learn about lifestyle changes, nutrition, exercise and medication. Classes will target diabetes, high cholesterol, high blood pressure and weight management. Topics will vary. Call the Health and Wellness Center at 606-2221 to sign up.

**8 FRI** **Bundles for Babies** is Feb. 8 from 2 to 4 p.m. at the Family Support Center. This is an informal workshop for expectant parents to meet other expectant parents, learn more about parenting skills and receive a free gift for the baby. Parents also receive information on lifestyle changes, infant CPR, financing, the Nursing Moms and Give Parents a Break Programs and more. Classes are open to everyone and are not limited to a first pregnancy. Call Lyn Smith at 605-8551 to register.

## MEETINGS

**Playtime for Tots** is a playgroup for parents and their children ages 2 to 5

**6 WED** The group meets Wednesdays at 10 a.m. Parents are asked to attend with children who are not sick. Call 734-2668 for more information.

**7 THU** There is **preschool story time** at the base Library every Thursday at 10 a.m. Stop by the Library or call 606-6414 to sign up children ages 2 to 5 years. In February the Library will have a Valentine's Day party. Books related to Black History Month will be featured during January and February.

**12 TUE** The **Lompoc Valley Bicycle Club** meets at 7 p.m. the second Tuesday of each month at the Baker's Square Restaurant on North H Street in Lompoc. The group is family and singles oriented and consists of about 30 members ranging in age from 1 to 70 years. Activities range from casual mountain and road-bike rides to cross country road rides. There are also regularly scheduled rides to Buellton and Orcutt for breakfast.

**Vandenberg's Single Parents' Support Group** meets for lunch every second and fourth Tuesday at 11 a.m. in the Pacific Coast Club. The group is for Vandenberg's military and civilian single parents.

**13 WED** The **National Society of Military Widows, Central Coast Chapter 44** meets the second Wednesday of every month. The next meeting is Feb. 13. Widowers are also welcome. For more information, call 606-5474.

The new **Global Hearts Support Group**, coordinated by the Family Support Center, the chapel and the 30<sup>th</sup> Services Squadron, offers help and support for military families with deployment-related needs by providing information and assistance. This group is for spouses of active-duty members who are IDY, on remote or deployed for more than 30 days. For more information, call Tech. Sgt. Todd LeFebvre at 606-0039.

## SPORTS

**1 FRI** The **Vandenberg Women's Soccer Team** needs players. The team plays with the Central Coast Women's Soccer Association League and is open to all women over the age of 18 years. Interested players should call Capt. Ann Curtis at 606-2382 for further details.

**2 SAT** The Fitness Center holds **introduction to step aerobics classes** in the Services Center on the first Saturday of each month beginning at 10 a.m.

The **Diana Youth Softball Booster Club** needs board members. Those interested should call the Youth Center at 606-9374 or Kari Rosson at 734-1028.

The Vandenberg Youth Center's **youth baseball season** is right around the corner. Any player with base access who is between 5 and 13 years old is eligible to play. Players receive a new uniform, a picture packet and a trophy for participating. Registration is \$45 for Youth Center members and \$50 for non-members. Teams play all games on base. There are no fundraisers this season. The youth sports office is open Monday through Friday from 7 a.m. to 5 p.m. Visit the Youth Center to sign up or call 606-2152 for more information.

Certified instructors lead **indoor cycling classes** in the Services Center.

**4 MON** During the class, participants simulate riding hills, valleys and flat roads by adjusting the resistance on the flywheel, body position and speed. People at any fitness levels benefit from this aerobic activity. Required equipment includes a water bottle and a towel. Classes begin at 6 a.m. Mondays, Wednesdays and Fridays; at noon Fridays; at 4 p.m. Tuesdays and Wednesdays; and at 8 a.m. Saturdays.

Instructors lead **intermediate step aerobics classes** in the Services Center. Since these classes introduce more complex patterns and propulsion, participants should be familiar with the 12 basic steps and their use in workout patterns. Instructors demonstrate step and intensity modifications for novices and advance steppers. The class wraps up with abdominal strengthening and a cool-down stretch. The 30-to-40-minute classes begin at 9 a.m. and 5:30 p.m. Mondays and at 5 p.m. Tuesdays and Thursdays.

**5 TUE** The Fitness Center's **Women on Weights** introduces women to weight room equipment and weightlifting benefits. The second week of the two-week program focuses on lower body workouts. The class is Tuesdays from 7 to 8 p.m. in the fitness center. Call the fitness center at 606-3832 for more information.

The Fitness Center holds **box aerobics classes** in the Services Center. Borrowing from boxing, martial arts and self-defense exercise programs, instructors lead participants through a kicking and punching aerobics routine. The class wraps up with abdominal strengthening and post-workout stretching. This is not a martial arts, boxing or Tae-Bo class. The 45-to-60-minute classes begin at noon Tuesdays and Thursdays and at 9 a.m. Saturdays.

Instructors lead a **Yoga fitness class** in the Services Center. Modified for all fitness levels, traditional Yoga positions flow to create a workout that properly warms the muscles for flexibility. As the body is strengthened and stretched, the cardiovascular system is stimulated. Breathing is emphasized to achieve the full experience. Classes begin at 6 p.m. Tuesdays and 9 a.m. Fridays.

**6 WED** The Fitness Center holds **total body conditioning classes** in the Services Center. The classes begin with a thorough warm-up and include conditioning to benefit all muscle groups. This full-body workout includes toning and stretching with free weights, the body ball, step and resistance training with Dynabands and tubing. Classes begin at 9 a.m. and 5:30 p.m. Wednesdays.

The Village Hills Little League welcomes Vandenberg's children, ages 6 to 12 years old, for **Little League baseball sign ups** at Buena Vista and Los Padres Elementary Schools, Wednesday from 5 to 7 p.m. Parents should bring the child's birth certificate with them. Cost is \$55 for one child, \$100 for two and \$135 for three. Children can also register with Tech. Sgt. Sean Giberson at 605-4034.

**7 THU** Instructors lead a **Pilates class** in the Services Center. Pilates is a series of exercises designed to strengthen the muscles of the trunk and core such as the abdominal area, back, hips and thighs. Exercises include a warm-up, stretching and cool-down to wrap up the class. Classes begin at 6 p.m. Thursdays. For more information, call the base Fitness Center at 606-3832.

## CHAPEL NOTES

### Catholic Worship Services

- Saturday at 5 p.m. in Chapel 2.
- Sunday at 9:45 a.m. in Chapel 1.
- Daily Mass is Monday through Friday at 11:30 a.m. in Chapel 2.
- Catholic religious education is Sunday at 8:30 a.m. in the religious education building.
- Confirmation is Monday at 6:30 p.m. in the religious education administration building.
- Youth confirmation is Sundays at 6 p.m. in the religious education administration building.

### Protestant Worship Services

- Contemporary Service is Sunday at 8:30 a.m. in Chapel 2.
- Traditional service is Sunday at 11:15 a.m. in Chapel 1.
- Gospel service is Sunday at 11:30 a.m. in Chapel 2.
- Sunday School meets at 10 a.m. in the religious education classrooms behind the child development center. To join this ministry, call Jill Hembroff at 606-5773.

*For other faith groups questions or concerns, call the chapel at 606-7773.*

## AT THE MOVIES

### Today The Majestic

Starring Jim Carrey and Martin Landau.

Set in 1951, a blacklisted writer, accused of being a Communist, loses his memory in a car accident and ends up with a new life in a small town, mistaken as a soldier who died in World War II, the son of the owner of the local movie theater. Rated PG.

### Saturday Ocean's Eleven

Starring George Clooney and Matt Damon.

Danny Ocean is a man of action. Less than 24 hours into his parole from a New Jersey penitentiary he's rolling out his next plan. Following three new rules: don't hurt anybody, don't steal from anyone who doesn't deserve it and play the game like you've got nothing to lose, he orchestrates the most sophisticated, elaborate casino heist in history. Rated PG-13.

### Sunday Joe Somebody

Starring Tim Allen and Kelly Lynch.

Everybody wants to be somebody and Joe is no exception. But he feels like he's a nobody. He has been passed over for a promotion and is faring no better in his personal life. Joe is determined to show everybody that this one-time nobody is now a somebody to be reckoned with. Rated PG.

### Feb. 8 How High

Starring Method Man and Redman.

Desperate to diversify the student body, Chancellor Huntley lures Jamal and Silas to Harvard. Ivy League ways are strange but Silas and Jamal take it in stride. Their exuberant personalities, however, clash with conservative Dean Cain. Dean Cain sets out to discredit Chancellor Huntley's decision to recruit the duo. Silas and Jamal get into the swing of campus life and even fall in love. Rated R.

### Feb. 9 A Beautiful Mind

Starring Russell Crowe and Ed Harris.

In 1947, mathematician John Forbes Nash Jr. made an astonishing discovery early in life and stood on the brink of international acclaim. But his ascent into the intellectual stratosphere drastically changes course when Nash's intuitive brilliance is undermined by schizophrenia. Facing challenges that have destroyed many others, Nash fights back, with the help of his devoted wife, Alicia. After decades of hardship, he triumphs over tragedy and receives the Nobel Prize in 1994. A living legend, Nash continues to pursue his work today. Rated PG-13.

*All movies start at 7:30 p.m. unless otherwise noted.*

# S 30th Services

# NEWS



## Air Force WORLDWIDE TALENT CONTEST

*Do you have a Talent?  
Do you Dance? Sing?  
Play a Musical Instrument?*

**CONTESTANTS WANTED:**  
If you have a talent and would like to enter the AF Worldwide Talent Contest, come to the planning meeting at the Services Center, Today, 6 p.m. Selected competitors will perform in the TOPS IN BLUE 2002 tour. Deadline for applications: Feb. 10. For an application and information, please call 605-8974 or stop by the Services Center. *Only active duty personnel are authorized to apply for the worldwide level of competition.*

## Family Valentines Dance

**Feb. 9  
6 to 9 p.m.  
at the Services Center**

**Lots of Fun!**

*Make this Valentine's Day a special Memory!*

Tickets are available at both the Youth Center and the Services Center through Thursday.  
 Tickets: \$10 for a parent and a child (non-members)  
 \$7 for a parent and child (Youth Center members)  
 \$5 each additional guest.

*Have an exciting night of dancing to a DJ! Grab Bag and Door Prizes, Dance Contests, Photo with your child, Cake and Punch!*

**V.I.T.T.**  
Vandenberg Leisure Tours

## LAS VEGAS Turnaround

**MARCH 2 to 3  
\$40**  
*(with \$25 returned, see below)*

Transportation by large, restroom-equipped motorcoach. Leave base 6 a.m., arrive California Hotel & Casino, downtown Las Vegas approximately 3 p.m. Twelve hours to spend as you wish - NO monitoring. \$25 back in cash, play and food coupons. Leave Las Vegas, 3 a.m., arrive back at base approximately noon, Sunday. Call 606-7976 for more information.

**BOWLING**

**ANNUAL YOUNG AMERICAN BOWLING ALLIANCE TOURNAMENT -**  
The Bowling Center is host and the Santa Barbara County YABA Bowling Association is conducting this tournament on Feb. 9 and 10. Team event: 10 a.m. and 12 p.m., Feb. 9. Doubles and Singles: Feb. 10. Cost: \$6.50 per event. There are four divisions according to age group and bowlers must be Santa Barbara County Sanctioned Bowlers. Contact the Bowling Center for entry blanks and details at 734-1310.

**FITNESS**

**SATURDAY -**  
Intro to Step, 1st Saturday of the month, 10 to 11 a.m. Location: Services Center

**MONDAY -**  
A.M. Abs, 7:05 to 7:20 a.m. Location: Basketball Court

**TUESDAY -**  
Women on Weights, 9 to 10 a.m.

**THURSDAY -**  
Advanced Weight Training, 10 to 11 a.m.

**FIND A FITNESS BUDDY -** Sign up at the Fitness Center to find a buddy with similar goals. The Fitness Center will try to match people up.

For more information on these programs, call 606-3834.

**YOUTH SPORTS SIGN-UPS**

**BASEBALL - BOYS & GIRLS, ages 5 to 13**  
Registrations: continuing through Feb. 22, Monday through Friday, 7 a.m. to 5 p.m. at the Youth Center. Cost: \$50 (\$45 with YC membership) Skills Day: Baseball, Feb. 23.

**SOFTBALL - GIRLS, ages 8 to 16**  
Registrations: continuing through Feb. 22, Monday through Friday, 7 a.m. to 5 p.m. at the Youth Center. Cost: \$50 (\$45 with YC membership) Skills Day: Softball, Feb. 23.

\*Players ages 14 to 16: sign-ups will be taken to see if there is enough interest to fill this division.

Volunteers are needed for both sports: league president, vice president, field commissioner, uniform/equipment commissioner, secretary, coaches, and umpires. For more information, call the Youth Center at 606-2152.

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## PRICE IS RIGHT TV Taping

★ ★ ★ ★ ★ ★ ★ ★ ★ ★

**March 21  
\$40 per person**  
**Must be 18 years old with two forms of identification.**

Transportation by luxury restroom-equipped motorcoach. For more information, call 606-7976.

**GOLF**

**TUESDAY through Feb. 14 -**  
Pro Shop Valentine's Day Sale, 10 percent off everything, excluding items already on sale.

**YOUTH CENTER**

**TWIRLING CLASSES -**  
Ages 4 and up, combine with Lompoc classes to march in local parades. Cost: \$29 (\$24 for Youth Center members) for a six-week session. Classes instructed by Nickie Rains. Come by the Youth Center to register or call 606-2152 for more information.

**Come on down to the PACIFIC COAST CLUB!**

# Super Bowl Party!

**Sunday  
Doors open at 2 p.m.**

**FOOTBALL TOSS! DRINK SPECIALS!**  
 MDG Pitcher: \$3.50  
 Glass: \$1  
 Sodas: 50¢

For more information, call 606-3330.

# Slam Dunk Contest

**Fitness Center Gym Today**  
Starts at 7 p.m.