

Base Briefs

SATURDAY PROTEST

Military protesters and supporters are expected at the Santa Maria Gate Saturday beginning at approximately noon. The gate is expected to remain open, however should safety become a concern, it will be closed and traffic will be redirected through the Utah Gate.

101 CRITICAL DAYS

Team Vandenberg begins the 101 Critical Days of Summer campaign Monday at the Pacific Coast Club. 30th Space Wing personnel must attend one of the following briefings: 8 a.m., 10 a.m., 1 p.m. or 3 p.m.

TECHNOLOGY EXPO

Vandenberg's Technology Exposition '03 begins at 10 a.m. Wednesday at the Pacific Coast Club. For more information, call Leslie Listwak at (301) 596-8899 or e-mail listwak@ncsievents.com.

FACILITY CLOSURE

The dry cleaners here, has closed due to bankruptcy. Customers who have not picked up their items may pick them up Monday through Friday, 9:30 a.m. to 5 p.m., from customer service at the main exchange. All items must be picked up by May 31.

NEW FENCE

The existing wrought iron fence within the west sector of military family housing is being replaced with a new wood-aluminum fence. Phase one of construction is planned for completion in August. For more information, call Bob Rauschuber 605-4759.

PROMOTION

Lt. Col. John Amrine is promoted to colonel at 2:30 p.m. May 23 in the Western Range Operations Control Center. All of Team V may attend.

BLOOD DRIVE

A base-wide blood drive takes place from 7 a.m. to 2 p.m. Tuesday in the services center. For more information, call Master Sgt. David LaPlant at 606-0278.

PARENT PINS

The Air Force recognizes parents of America's airmen by sending a personalized letter and an AF Parent Pin to two parents or guardians. Register at www.yourguardiansoffreedom.com

IMMUNIZATION RECORDS

Parents must bring their children's shot records to the 30th Medical Group for review prior to their next medical appointment. The group is updating the Air Force Immunization Tracking Application database. For more information, call the immunization clinic at 606-8474.

COMMUNITY SURVEY

The Integrated Delivery System Working Group sponsors the 2003 Community Assessment Survey. Military mem-

See BRIEFS Page A4



PHOTOS BY SENIOR AIRMAN JONATHAN POMEROY

Team V members cut loose drenching each other with waterguns and balloons during the base's combat dining-in Saturday at Cocheo Park.

Team V soaks in solidarity

Leadership uses combat dining-in to build morale, camaraderie

By AIRMAN JUANIKA GLOVER
30th Space Wing Public Affairs

Team Vandenberg got together Saturday for a night filled with competition, water fights, and plenty of 'let-your-hair-down fun' during a combat dining-in at Cocheo Park.

Competitive challenges, dinner and entertainment brought base units together to build morale and esprit de corps.

The evening began with an obstacle course competition. Simulated grenade blasts in a field behind the park signaled the head table's arrival and assembly. The head table included Col. Robert M.

Worley II, 30th Space Wing commander, Chief Master Sgt. Michael Morey, 30th SW command chief master sergeant, Chaplain (Maj.) David Terrinoni, 30th SW senior Protestant chaplain and Airman Basic Monisha Osteen, 30th Operations Support Squadron information manager.

Osteen held a place of honor as the reigning lowest ranking airman on base.

Her job was to be second in charge when Worley was away from the table, and also included protecting him from water attacks by members of the mess.

"At first I didn't think it would

be fun but as the night progressed I enjoyed every minute of it," Osteen said. "That is, until I started to swim because so much water came our way. I thought it would be safe sitting at the head table, but it seemed instead that we were the only target and a good one at that."

Worley, Morey and 30th Security Forces Squadron members made an action-packed entrance through the field by diving and low crawling behind mounds and trees until they reached the children's play area, where Morey was attacked by an incoming water balloon.

Standing next to Morey, Airman 1st Class Kurt Gibbons, 30th Space Communications Squadron photographer, was in the wrong place at the wrong time when he was doused with water, intended for the chief.

"It was an honor and a privilege

to be standing next to such a man," Gibbons said. "However, if I could go back, it would have been at a moment that was safer for me and my camera."

Tech. Sgt. Scott Astrosky, 30th Mission Support Group chief of executive services, led the festivities as Mr. Vice along with Madam Vice 1st Lt. Sandra Quinones, 30th Services Squadron officer in charge of food services.

Staff Sgt. Robert Vensel, 30th SW First Term Airmen Center NCO, was the sergeant at arms. He said it was his job to assemble the mess and keep things in order.

After the assembling of members, the honor guard posted the colors and Master Sgt. Quinn



Lt. Col. Alan Claypool, 30th Space Communications Squadron commander, pours a vile liquid into the grog bowl during Saturday's combat dining-in.

Johnson, 30th Maintenance Group NCOIC of executive services, sang the National Anthem.

A prisoner of war ceremony

See COMBAT Page A4

Countdown



PHOTO BY GREG FINLEY, LOMPOC RECORD

Boeing Corporation personnel are set to erect a Delta 4 rocket at Space Launch Complex-6 here Wednesday to test the booster's mechanical fit. The Delta is set for launch here early next year.

Air Force retrains NCOs

By AIRMAN 1ST CLASS BRYAN FRANKS
30th Space Wing Public Affairs

The Air Force is retraining 1,400 NCOs into new career fields to even out shortages and overages in the NCO tier throughout the services.

Phase one of the NCO Retraining Program began April 25 and allows people to voluntarily apply for new Air Force specialty codes.

If there are not enough volunteers, the Air Force will select people as non-volunteers during phase two.

The Air Force determines which NCOs are eligible for retraining by their time in grade and time on station. NCOs with the longest time in grade and on station combined have the highest chance of being selected.

Any NCO on an out-training or balanced AFSC list can now apply for voluntary retraining.

During phase one, the military personnel flight notifies the NCOs who are most eligible. They then have the opportunity to volunteer for a variety of new AFSCs.

Military members can go to the MPF Web site, www.AFPC.randolph.af.mil/emlskills/retraining.htm to find out what AFSCs are available for retraining. The site should only be used as a guide to decide on a new career.

"When they decide to retrain they should come to the employee center to begin the application process," said Staff Sgt. Roxana Gomez, personnel employment manager. "We then go to the military personnel data system to find out exactly what AFSCs are available at that time." Sometimes there are discrepancies between what the MPF Website shows and what

is actually available, she said.

NCOs usually choose three different AFSCs so they can still be selected if one of their choices is not available or they don't meet the criteria.

Many factors play a part in whether an individual is selected for a particular AFSC. Some require retaking the armed services vocational aptitude battery or a medical screening.

Completing a retraining package may take two to three weeks depending on the AFSC, Gomez said.

All packages for phase one must be turned in by June 6. Submitted packages are then approved or disapproved by the major commands and Air Force personnel center.

If phase two is implemented, selected NCOs will be notified after June 20 that they must apply for retraining. If they do not apply then, an AFSC will be selected for them, Gomez said. Phase two runs through Aug. 15.

"I look at the retraining program as an opportunity," said Tech. Sgt. Michael Atkisson, space systems operator.

His AFSC is listed as a retraining-out AFSC, however, he is not very vulnerable for involuntary retraining.

"I only applied for one AFSC just to see if I could get into it. If I don't, then no harm done," he said.

If Atkisson is selected to retrain, it will be the second time in his 11-year career.

"I started my career as a survival equipment specialist, but when the Air Force offered the retraining program to me the first time, I jumped at the chance," he said. "I just wanted to better myself."

New fitness plan gives civilians chance to pump iron

By AIRMAN JUANIKA GLOVER
30th Space Wing Public Affairs

If it's important for servicemembers to stay fit, shouldn't it be important for civilian employees to be fit as well?

During the past year Vandenberg's military and civilian officials have worked together to implement a civilian health and

fitness program similar to the current plan servicemembers here enjoy.

Implemented April 24 on a six-month trial basis, the plan gives civilian employees three hours each week to exercise at fitness facilities here during their duty hours.

"I think it's extremely important," said Tyson Grier, 30th

Medical Group Health and Wellness Center director. "Since this is a six month trial period, civilians should take every opportunity to get out there and use their fitness time."

People often claim they have no time to go and work out, Grier said.

"Now the time is here, take advantage of this great

opportunity!" he said.

In his program memorandum, Col. Robert M. Worley II, 30th Space Wing commander, said that it is equally important for civilian members to make lifestyle choices that enhance their health and the overall quality of their lives.

"Participation in health and fitness programs can play an

important role in work force improvement efforts. Evidence suggests that there is a strong relationship between fit employees and increased productivity, reduced stress levels and improved health and morale," Worley said. He said supervisors are

See FITNESS Page A4

In this issue of the



Also view The Space & Missile Times at www.vandenberg.af.mil and click the Space & Missile Times button.



Vandenberg outlines ways for beachgoers to keep local beach residents happy. See Page A4.



Destinations Central Coast soars to the Museum of Flight in Santa Maria for high-flying fun. See Page B1.

Weekend forecast
Cloudy in the morning turning sunny during the day Friday and Saturday.
Low/High
48/71
For a full Vandenberg weather report, visit www.vandenberg.af.mil/30sw/organizations/30og/weather/weather

First sergeant cites benefits of getting an early education

By MASTER SGT. TONIA RAYFORD
30th Logistics Readiness Squadron
first sergeant

Many elements make up a truly successful enlisted career in the United States Air Force. Technical training, enlisted professional military education and effective mentoring are all essential to developing an outstanding enlisted corps.

I personally believe that off-duty education is an often-overlooked, yet equally critical element of professional development.

Simply put, off-duty education is an important investment in the future. Like putting money in your savings account, you sacrifice a little now to make sure you have something of real value tomorrow. Your individual educational investment not only enhances the Air Force mission today, but it will help you make successful career transitions in the future.

The responsibilities of Air Force enlisted men and women are dynamic and ever changing.

The technology used in our nation's latest military conflict demanded skillfully trained and highly educated airmen to accomplish this incredible air and space force mission.

I don't know about you, but while the media was enamored with the embedded reporters, I found myself fascinated by the technology behind those live shots taken from armored vehicles, as the war was happening.

Never in the history of the world has a war been so instantly documented and communicated.

And never was it more important for our nation to rely upon the education and training of its greatest resource – its airmen.

Prior to becoming a first sergeant, I was an education and training manager. I cannot tell you how many times someone walked into my office anxiously holding a separation or retirement checklist, asking, "How do I get my CCAF (Community College of the Air Force) degree in the next 3 weeks?"

Quite often I had to tell them there was little or nothing they could do.

When asked why they'd waited so long to pursue their education, their replies ranged from, "I didn't think I was going to get out this soon," to "Twenty years went by really quick!"

From them I learned that a little sacrifice now, saves a whole lot of panic later! Since then, I've made it a point to encourage young troops to invest early in their educational future.

Think about it. Taking one class every semester for four years is a lot less hectic than cramming 15 credit hours into each term your last year of military service.

Completing a degree is definitely a challenge in today's high-paced world of Air Expeditionary Forces. Flexibility is the key to incorporating off-duty education into your daily schedule.

On-line classes, computer

based and video courses are just a few ways to work around not being able to complete degree requirements in the classroom.

Another important educational incentive is the 100 percent tuition assistance program, which helps remove much of the financial burden associated with higher education.

It's impressive how many young airman and NCOs are pursuing CCAF, bachelors, masters and even doctorate degree programs.

They clearly understand that investing in education today ensures they'll be ready when professional opportunity knocks tomorrow.

These future Officer Training School candidates, EPME and technical training instructors are laying the foundation for the successful mission accomplishment of tomorrow's Air Force objectives.

It is my belief that we all benefit from their educational achievements.

Each of us will someday trade in our combat boots for more appropriate civilian attire. When that day comes for you, make sure you have taken the right steps to transition smoothly.

Stop by the education center to find out about educational opportunities available to you and then begin a degree program today.

Your educational achievements will contribute to today's missions and prepare you for the contribution you'll make to the civilian workforce just outside the gate.



Call 606-7850
or

E-mail your message to
[actionline@
vandenberg.af.mil](mailto:actionline@vandenberg.af.mil)

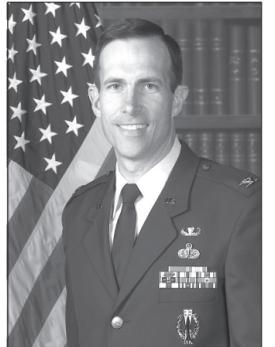
Mission success is our top priority, and the talented men and women of Team Vandenberg get it done with excellence.

Key to the effectiveness

of any great team is good communication. The 30th Space Wing Commander's Action Line is your direct communication link to me. It provides an avenue for you to voice your concerns, share constructive ideas, or give your Vandenberg teammates a pat on the back. I am personally involved in every response.

Thank you for helping to make Vandenberg such a great place to work and live.

When calling the action line, please leave your name and phone number.



Col. Robert M. Worley II
Commander

Letters to the commander ...

I simply must thank the person who turned in my wallet April 27.

I looked everywhere I had been but finally went to customer service where a sweet girl handed it to me. My husband always says, "Things are safer on the base," and now I believe it.

I also resolved to make a list of what's in there.

Thanks a bunch to that angel.

Vivian Gilsoul

Hi, I would like to tell you about my visit to Vandenberg.

I am one of a few people who were evacuated from Incirlik AB in Turkey. As a result, I have paperwork that is outside the norm. The experts in the finance office were out of the office at a funeral. Airman 1st Class Jeffrey Cain was there. He read up on the proper way to fill out all my paperwork and made sure that all was in proper order. He

spent two hours with me. He was very professional, and worked through each and every issue with me.

I would like to say that you are very lucky to have him on your team! During my visit I also dealt with 1st Lt. William Robinson, he too, was very professional. Again, thank you for having such great people on your team to take care of people like me.

Janet Molnar

Mission:

To provide combat capabilities through launch, range and expeditionary operations.



Vision:

America's finest professionals building the best spaceport and test range in the world.



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30th Space Wing Commander
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Editor

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Staff Writers

Airman 1st Class Jonathan Pomeroy
Photographer

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For information about the Space & Missile Times, call the staff at (805) 606-2040.



The Vandenberg Thrift Shop is open
Tuesdays, 9:30 a.m. to 2 p.m.
Thursdays, 11 a.m. to 6 p.m.

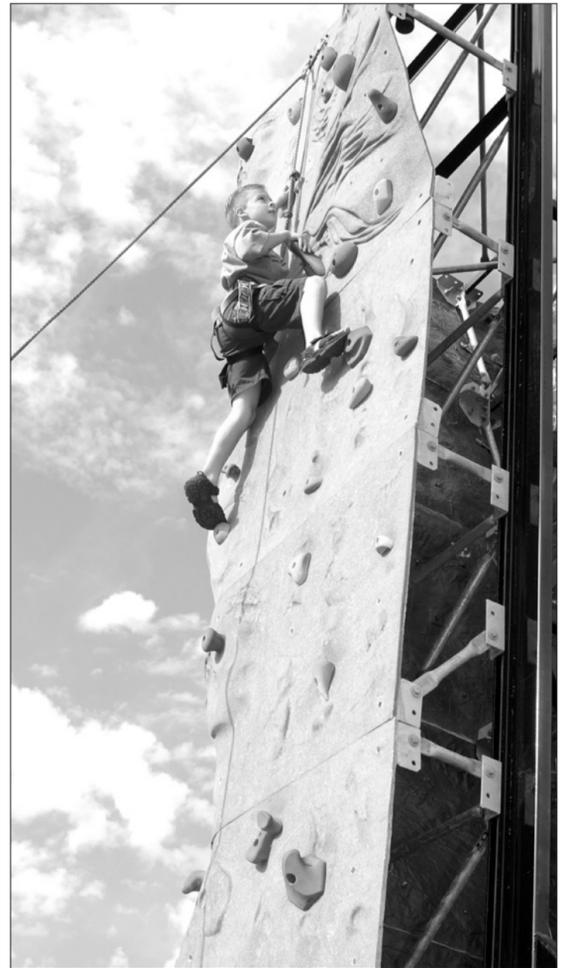
The shop is located next to the skills development center in Bldg. 11180.
They are always looking for volunteers. Call 606-3128 to find out more.

Police celebration



Madison Marano, 6, waves to McGruff the Crime Dog and the 30th Security Forces Squadron during their annual National Police Week parade through base housing here Monday.

PHOTOS BY SENIOR AIRMAN JONATHAN POMEROY



Jacob Buskirk, 7, climbs to the top of a rock climbing simulator Monday at the fair. He was the only child to make it to the top.



Left: Fernando Mora, 30th Security Forces Squadron, carefully fingerprints Drew Slik, 9, at a fair held in the 30th Security Forces Squadron parking lot Monday as part of National Police Week activities. Right: Senior Airman Wendy Beard, 30th SFS, paints Katie Wright, 9, at Monday's fair. The event was a fun way to teach children about safety.



Airmen forfeit \$1,800 in Article 15 punishments

COMPILED BY TIMES STAFF
30th Space Wing Public Affairs

Four Vandenberg airmen received punishment in April under Article 15 of the Uniform Code of Military Justice.

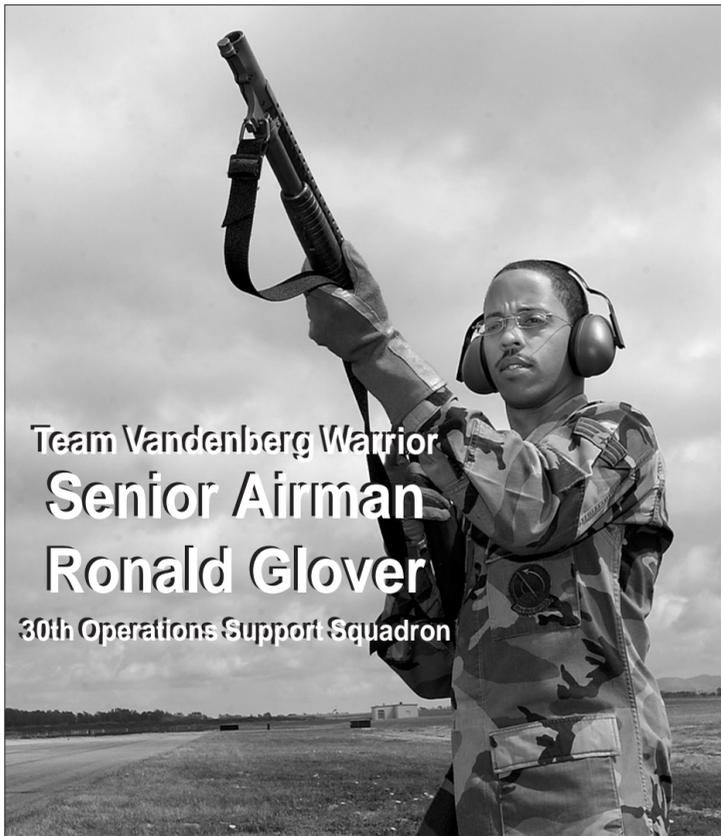
Their crimes and punishments are as follows:
A 30th Security Forces Squadron airman first class violated Article 111 of the UCMJ, drunken driving. He was reduced in rank to airman, assigned 24 days of extra duty and forfeits \$250 per month for two months. The forfeiture was suspended through Sept. 12 along with 12 of the assigned extra duty days.

When an assigned punishment is suspended, it does not go into effect unless the member commits further offenses within the suspension period.

A 30th SFS senior airman violated Article 112a of the UCMJ, wrongful use of codeine, a Schedule III controlled substance. The airman was reduced in rank to airman first class, assigned six days extra duty and forfeits \$250 per month for two months. The reduction and forfeiture were suspended through Sept. 26.

A 30th SFS senior airman violated Article 92 of the UCMJ, dereliction of duty. He was reduced in rank to airman first class and forfeits \$250 per month for two months. The forfeiture was suspended through Oct. 28.

A 534th Training Squadron technical sergeant violated Article 111 of the UCMJ, drunken driving. The NCO was reduced in rank to staff sergeant and forfeits \$150 per month for two months.



Team Vandenberg Warrior
Senior Airman
Ronald Glover
30th Operations Support Squadron

PHOTO BY SENIOR AIRMAN JONATHAN POMEROY

Hometown: Cincinnati, Ohio
Time in service: 5 years
Time on station: 11 months
Role in mission (job): Airfield Management operations supervisor
How do you contribute to the wing mission? Airfield Management maintains and manages the largest airfield in Air Force Space Command. We provide airfield support to aircraft delivering satellite and space equipment.

What do you like best about the Air Force? The sense of belonging to something that protects the way we live freely in America.
How do you fulfill the Air Force core values? I strive to be the best I can be without stepping on people to get where I want to go.
Who is your role model and why? My mother is. Before the military, she's the one who instilled in me the same core values that we go by in the Air Force.

Cardio burn



PHOTO BY SENIOR AIRMAN JONATHAN POMEROY

(Left to right) Andeana Duaine, Norma Rodriguez, Cilo Gonzalez, and Sue Lauderdale take a Step Aerobics class at the services center May 13 as part of Womens Health Week. Base organizations marked the week with classes and examinations covering breast health, fad diets, healthy cooking and many other topics related to women's health.

Crimebeat ...

COMPILED BY TIMES STAFF
30th Space Wing Public Affairs

May 9
Vandalism – 12:48 p.m.
A 2nd Space Launch Squadron captain reported to the Vandenberg Security Forces Control Center that his car had been vandalized between 7 a.m. and noon in the parking lot of building 7000. Investigation revealed three spark plug wires had been cut under the hood of his silver Toyota RAV4. An alert photographer responded and Vandenberg's Office of Special Investigations was notified.

Suspicious activity – 1:46 p.m.
The Santa Maria Gate entry controller reported a suspicious person in the tree line near the outbound lane at the gate wearing a white t-shirt and khaki pants. The controller attempted to challenge the person but he disappeared into the tree

line. Responding patrols, including a K-9 team, were unable to locate the individual.

Loud noise complaint – 10:29 p.m.

A second lieutenant telephoned the SFCC to report a drunken man yelling in the vicinity of Camphor Street. Patrolmen were not able to contact the man.

May 10
Loud noise complaint – 2:05 a.m.

A senior airman called the SFCC to report loud noise from a room in Centaur Dormitory. A patrolman contacted the 30th Civil Engineer Squadron airman and directed him to turn down his music.

Alarm activation – 5:08 a.m.
The SFCC received an unannounced alarm from building 1548. Responding patrolmen searched the building and determined the alarm

was caused by a frog stuck under the door.

May 11
Civil arrest – 5 a.m.

An officer from Santa Barbara County Jail notified the SFCC that a 532nd Training Squadron airman was arrested for public intoxication. The officer said the airman would be released when bond was posted or on his court date. Command post and the airman's first sergeant were notified.

May 14
Unsecured buildings 2:03 a.m.

While patrolling East Housing, security forces discovered unlocked doors at Vandenberg Middle School and Maple High School. The SFCC attempted to contact both building custodians with negative results. All appeared in order so the patrolman secured the buildings.

ALCON: Normal

A general condition reflecting responsible alcohol use.

Days since last DUI: 26
DUI totals for the Year: 9
AADD saves this year: 121

30th OG	0	14th AF	0
30th MXG	1	381st TRG	1
30th MSG	3	576th FLTS	1
30th MDG	0	Det. 9	1
30th SW Staff	0	Others	2

For a free and confidential ride home, call Airmen Against Drunk Driving at 605-AADD (2233).

Force Protection Tip:

Report suspicious people, vehicles or packages to the security forces control center at 606-3911.

Team V guidelines protect seals, people

By AIRMAN 1ST CLASS BRYAN FRANKS
30th Space Wing Public Affairs

As the weather warms up, beach goers turn for the shore. Some go for the sun, others go to fish and still others go to wade through the tide pools and check out the myriad species of ocean and beach wildlife.

At Vandenberg, the trend is the same. The base's 35 miles of pristine coastline are ideal for many aspects of beach recreation. But what makes this rugged terrain so pristine, is the base's commitment to environmental protection.

Vandenberg's Seal Beach is home to approximately 200 California Harbor Seals, protected by the Marine Mammal Protection Act.

"People like watching the seals, but sometimes they get too curious," said Nancy Read, Vandenberg's wildlife biologist. A football field length away is a good distance for observing the animals, she said.

Approaching a seal and causing it to do as little as look up is against the law, Read said.

Known as a "take", a seal looking directly at a person is the first warning sign that a person has gotten too close. Someone in that situation should not advance any further. Instead, they should slowly back away from the animal.

"If they continued to encroach on the seals, it could cause the seals to flee into the water, which is called a 'flush'," Read said.

A "flush" carries a fine of up to \$10,000.

Seals haul themselves onto rocks and shores to regulate their bodies and rest. Causing one to enter the water early could be dangerous for the nearly 300-pound mammals.

Harbor seals are the main residents of Vandenberg beaches, but sea lions and sea elephants also visit the coastline from time to time.

Usually the marine mammals stay at traditional haunts, but on



PHOTO BY 30TH SPACE COMMUNICATIONS SQUADRON

Seals spend time in the sun before forging for food in the ocean.

occasion they've been known to haul up on Minuteman and Wall beaches.

If people see a seal on the beach they should give the animal some space but be observant. Creatures that haul up by themselves might be sick or injured.

"The most important thing for people to do when they see a

marine mammal which looks sick or injured is to stay away," said Tech. Sgt. Christopher Gilderson, 30th Security Forces Squadron Fish and Wildlife game warden.

People should definitely not try to put any marine animal back in the water, he said.

"That animal got out of the water for a reason and it may not be able to survive in water until

the problem is solved," Read said.

"Although they are trying to help, it is a federal violation for people to harass or in any way interfere with marine mammals," Gilderson said. "Good intentions may be a violation of the law."

Young seals or pups are another concern for people to be aware of when visiting base beaches.

"People think that just because they are small, it is OK to get close or touch them," Read said. "But if a pup is by itself, the mother of that seal may not come back if she detects human scent around or on the pup."

Safety is another concern when dealing with wild animals.

"Some of those 'cuddly looking' creatures can actually be quite dangerous," Gilderson said.

Sea lions have been known to chase people when they've felt threatened, Read added.

People have been attacked by elephant seals because they assume the animal is so big it can't hurt them.

Pets can pose problems for the seals as well. Vandenberg dog

owners must keep their pets on a leash, even on the beach.

The presence of a dog, leashed or unleashed, can disturb the seals from a greater distance than humans, Read said. If people bring their pets to the beach, they should stay at least 200 yards from any seals, she added.

The harbor seal population at Vandenberg is one of the few that have increased in size in recent years.

Harbor seal populations have stabilized throughout California, Read said. But at Vandenberg, their numbers have increased.

With a growing population of seals, beach goers can expect to see and encounter them more often. By following the guidelines set by the Marine Mammal Protection Act, people can help Vandenberg's leadership keep the delicate balance between environmental stewardship and beach access.

People who see a marine mammal that appears to be in trouble should call the base game wardens at 606-6804 or through the law enforcement desk at 606-3911.

COMBAT:

From Page A1

followed. Quinones explained the meaning behind the five armed services hats, a red rose, a wine glass turned up side down, a round table, a yellow candle and other symbols. The tribute served as a reminder of those lost at war and captured in battle.

Terrinoni gave the invocation and Col. Edward Bolton, 30th Operations Group commander, opened the grog by pouring cranberry juice into two toilet bowls.

Other members of the mess then added their own ingredients to the mix. The two grogs included one for alcoholic and one for non-alcoholic beverages.

The 30th MSG, which lost the obstacle course competition, was the first to receive the punishment of drinking from the grog.

"Even though the MSG lost the course, MSG rules!" Quinones said. "I had a great time and from my aerial view in the tower, I know everyone had a great time. It was a wild and crazy night. Water and gunfights were going on well past 10:30 p.m. "I have to give it up to Col.

(Susanne) LeClere (30th MSG commander)," Quinones said.

"She had a real Power Puff Girl power going on and she was a regular G.I. Jane, shooting at the head table and taking no prisoners. If anyone who attended says they did not have a good time, they missed the point of a combat dining-in. This gave Team V an opportunity to let their hair down and release a little steam," she added.

Dinner was served midway through the evening, the grog was closed and a United Services Organizations show took center stage. A band with a mixture of civilian and military members played music throughout the rest of the evening.

Vensel said he managed to stay relatively dry until he started escorting people to prison and defending the head table. Then he became a target for those itching to drench someone.

"It was absolutely the best combat dining-in I've attended and it set the mark to continue to make this an annual event at Vandenberg," Morey said. "Everyone had a great time participating in the first annual Team Vandenberg Combat Dining-in," he said.

BRIEFS:

From Page A1

bers and spouses are asked to fill out the package and send it in. The survey continues through May. For more information, call Ken Ostini, Vandenberg's chief of family member programs, at 606-0313.

OFFICE CLOSURE

30th Mission Support Squadron closes at 2 p.m. today for an official function. An emergency phone number is posted on each customer service office door. For more information, call Staff Sgt. Stacey Wilfong at 606-3969.

PHYSICAL THERAPY SHORTAGE

Active-duty personnel are given priority access appointments in physical therapy June 13 to Sept. 1. For more information, call Bonnie Robles at 606-7483.

MEDICAL GROUP OPENS LATE

The 30th Medical Group opens at 10:30 a.m. June 10 and 16. For emergencies, call 911 or go to the nearest emergency room. For urgent care, call (800) 252-3299 or 606-CARE. For more information, call Capt. Vernon Swinton at 606-9076.

TRICARE ONLINE

Tricare online is available to 30th Medical Group Tricare beneficiaries. To build a profile and establish a password go to www.tricareonline.com. For more information, call Capt. Kevin Staples at 606-9252.

ELECTRIC FENCE

There is active electric fencing around the Vandenberg airfield. The fence consists of seven white nylon strands measuring six feet high. Base members are advised to stay away from the fence. For more information, call Capt. Michael Horowitz at 606-4129.

DINING FACILITY MEETING

The Dining Facility Advisory Board meets at 10 a.m. June 11 at Breakers. For more information, call Staff Sgt. Daniel Miller 606-3219.

THRIFT SAVINGS

Open season for the Thrift Savings Plan ends June 30. Military members may start, stop or change their contributions at www.dfas.mil/mypay or at finance customer service in building 11777. For more information, call 1st Lt. Steven Swiderski at 606-4031 or 606-7082.

FITNESS:

From Page A1

responsible for monitoring employees' participation in fitness activities to ensure excused absences are used for their intended purpose.

According to the plan, the excused hours must reflect on the employees' time sheets and the employees may not be excused for more than one duty hour per day.

Consideration of mission impact is crucial in determining whether employees can be excused to participate in fitness activities during duty hours, the commander said.

Employee participation in fitness activities is completely voluntary.

"Employees must understand that although excused to participate in fitness activities, they remain in a duty status and are subject to being recalled to resume work activities if needed," Worley said. "Overtime and compensatory time may not be approved on days when employees are excused to participate in fitness activities during duty hours."

After the trial period, the results will be evaluated for compliance with requirements and mission impacts. Based on those results, base leaders will determine whether or not to keep the program on a permanent basis.



Around the Air Force

Air Force eases Stop-Loss restrictions

■ WASHINGTON – Air Force personnel officials announced Wednesday the release of more than half of the Air Force specialty codes restricted from retirement or separation May 2 under the Stop-Loss program.

Following a review of operational requirements, 31 officer and 20 enlisted career fields were released from Stop-Loss, the officials said.

The officer career fields released are: 11BX, 11EX, 11FX, 11HX, 11KX, 12BX, 12EX, 12FX, 12KX, 12RX, 12TX, 13BX, 13DXA, 13DXB, 32EX, 43EX, 43HX, 43TX, 44EX, 44MX, 45AX, 45BX, 45SX, 46FX, 46MX, 46NXE, 46SX, 48AX, 48GX, 48RX and 51JX.

The enlisted career fields released are: 1C2XX, 1C4XX, 1S0XX, 1T1XX, 3E000, 3E0X2, 3E4X1, 3E4X2, 3E5X1, 3E7X1, 3E8X1, 3E9X1, 3H0X1, 3N0XX, 4A1XX, 4A2XX, 4B0XX, 4E0XX, 4H0XX and 5J0X1.

Stop-Loss is a Defense Department program designed to retain members of the armed forces beyond their established dates of separation or retirement. The move affected 99 specialties and deployed airmen and was aimed at ensuring personnel levels were adequate to meet upcoming contingencies.

"It was not (an) action that we took lightly," said Secretary of the Air Force Dr. James Roche. "It was designed to preserve Air Force skills essential to supporting the global war on terrorism and operations in Iraq." Air Force Chief of Staff Gen. John Jumper pointed out that service officials have always said they will use Stop-Loss only as long as necessary to accomplish the mission.

"We've re-evaluated our requirements and are releasing these AFSCs because Stop-Loss is inconsistent with the fundamental principles of voluntary service," Jumper said.

Deployed active-duty, Guard and Reserve airmen whose specialties are released from Stop-Loss will not be allowed to retire

or separate until their deployment is completed, said Maj. Teresa Forest, chief of Air Force retirements and separation policy at the Pentagon.

The actual termination of Stop-Loss has yet to be determined because Air Force officials and combatant commanders still need certain skills to directly support the war in Iraq, Forest said.

More career fields will likely be released in the future, she said, based on input from different levels around the Air Force. However, if airmen experience a severe hardship caused by Stop-Loss, they can apply for a waiver through their chain of command.

"Many families have had to put their plans on hold because of Stop-Loss," Forest said. "We will make every effort to balance their needs with our commitment to operational requirements." Military personnel flights have more information. (Courtesy of Air Force Print News)

Program needs volunteer 'terrorists'

■ KIRTLAND AFB, N.M. – Officials from the Air Force Research Laboratory here need "bad guys" to act as terrorists and threaten the U.S. space system.

The lab's Space Countermeasures Hands On Program builds special teams — usually four junior officers or civilian grade equivalents — to look for potential vulnerabilities in the country's space defenses. Team members can come from any service, and the lab's space vehicles directorate pays for the four-month temporary duty.

"We look primarily for very bright and energetic lieutenants, generally with technical education, although we will consider 'non-techies' too because they give the team a balance," said John Holbrook, the program's operations manager. "Usually, three to four missions are run per year, so there's a recurrent need for volunteers."

Applicants need a secret clearance, permission from their boss to be gone for four months and an ability to think creatively, said Maj. Susan Fisher, program

manager. Officials specifically want junior and inexperienced people, they said.

"Our missions teams work hard, and we place a heavy responsibility on their young shoulders. But, they also have fun and leave Kirtland knowing the brief time they were here has made a significant impact to national defense" said Col. Tim Williams, chief of the lab's integrated experiments division. For more information about the program, call Holbrook at DSN 246-2875 or (505) 846-2875. (Courtesy of Air Force Print News)

Plan will get AEF back on track, fix 'disparity'

By MASTER SGT. SCOTT ELLIOTT
Air Force Print News

■ WASHINGTON – While many deployed airmen are returning from Operation Iraqi Freedom to hero's welcomes, others deployed for as much as three times longer are still waiting to hear when they will go home.

What appears to some as an obvious disparity is actually a case of differing mission objectives, said the general in charge of air and space expeditionary force policy.

The issue is, "What job were these people sent to do," said Maj. Gen. Timothy Peppe, special assistant for AEF matters at the Pentagon.

"Some of the people in OIF are already home because that operation went so well and so quickly that the combatant commander was able to release them."

Besides manning requirements for OEF and OIF, a recent increase in Pacific Air Forces further strained the AEF rotation schedule.

On top of that, Peppe said, the service is obligated to provide about 1,700 people to augment the staffs of component and combatant commanders worldwide.

The Air Force uses the AEF's standard three-month rotation plan to bring deployment predictability to airmen and their families. The plan is for the AEF deployment schedule to be back on track by early 2004, Peppe said. To achieve that goal, the Air Force

Filler Up!



PHOTO BY TECH. SGT. RICHARD FREELAND

OPERATION ENDURING FREEDOM -- Staff Sgt. Bob Spychalski, a KC-135 Stratotanker boom operator, 28th Expeditionary Air Refueling Squadron, prepares to refuel a B-52 Stratofortress on its way to Afghanistan May 7. Photographer Tech. Sgt. Richard Freeland is deployed from Vandenberg's 30th Space Communications Squadron.

plans to piece together two transitional AEFs to meet deployment combatant commanders' needs into 2004.

The numbers of people and types of equipment making up the new AEFs have yet to be determined by combatant commanders. The Air Force's goal is to have new mission requirements defined by the middle of May, Peppe said.

The effort to define the requirements is ongoing, and we hope to wrap that up soon, because from the time requirements are set and the rotation begins is going to take 45 to 60 days," Peppe said. "It is also important deployed airmen know they are not forgotten," he added.

"We want to get on with the rotation," Peppe said, "but there is a mission at hand, and we will support that mission."

Scams target military families, e-mail users

■ ST. LOUIS – Although the federal tax-filing season ended April 15, the Internal Revenue Service continues to see isolated instances of new tax scams. Two new schemes target families of those serving in the armed forces and e-mail users. In both schemes, people represent themselves as being from the IRS.

The IRS warns consumers to beware of any variation of a scenario in which a telephone caller posing as an IRS employee tells a family member he is entitled to a \$4,000 refund because his relative is in the armed forces and then requests a credit card number to cover a \$42 fee for postage. The scammer provides an actual IRS toll-free number as the callback number to make the call seem legitimate.

However, the scammer then charges unauthorized purchases with the victim's card.

In another scheme, victims receive an e-mail that appears to be from the IRS. The e-mail contains links to a non-IRS Internet Web page that asks for personal and financial information. Such information could be used to steal the respondent's identity.

"In this case (the latest military-related scam), it's not hard for these identity thieves to tell that lots of military folks are still deployed and, in many cases, their loved ones are left behind to figure out and finish the taxes."

Not all the phone calls will be the same, Barksdale said, but military people and their families should be aware of the basic elements of these scams so they can guard against them.

"The calls may not be worded exactly the same, but it's a good chance the predator will do or say

something to entice the military member or spouse to give up their credit card information, which they will then use to commit identity theft," he said.

He does not know exactly how many military families have fallen victim to these scams, but he hopes it is not many, Barksdale said.

"We're trying to get ahead of these scams," he said. "It's one of our priorities. Hopefully, once we get this information out, we will prevent other military families from becoming victims of identity theft."

The IRS wants to get word of these scams to military families before more damage is done, according to IRS spokesman Bill Barksdale.

"What we're trying to do is protect taxpayers from financial predators who are out there finding creative ways to steal from people," said Barksdale.

People who believe they are victims of one of these scams can contact the Treasury Inspector General for Tax Administration by calling the toll-free fraud referral hotline at (800) 366-4484.

They can also fax a complaint to (202) 927-7018 or write to the TIGTA Hotline, P.O. Box 589, Ben Franklin Station, Washington, DC 20044-0589. TIGTA's Web site is located at www.ustreas.gov/tigta, he said. (Courtesy of Air Mobility Command News Service)

Finisher!



PHOTO BY SENIOR AIRMAN JONATHAN POMEROY

No. 80 Rodney Miranda, 30th Space Communications Squadron, tosses up a good shot against No. 25 Tim Moore, 30th Operations Group, while being fouled during an Over 30 basketball game at the base gym. The 30th SCS made a convincing win against the 30th OG, 56-44 Monday.

Intramural Sports



Over 30 Basketball standings

Team	Wins	Losses
MSG	2	1
576TH	2	2
LRS	2	4
MDG	2	3
OG	3	2
SCS	5	0
14thAF/614th	2	3

Intramural Sports

Volleyball standings



National League

American League

Team	Wins	Losses
576th No.1	6	1
CES	7	1
DET 9	4	1
14thAF	3	4
MSG	4	4
533rd	0	6
WS	1	7

Team	Wins	Losses
381st	9	0
576th No. 2	4	5
SCS	5	3
MDG	6	3
OG	4	6
LRS	2	8
CONS	2	7

SPACE & MISSILE

FEATURES

Destinations Central Coast @ the Museum of Flight

By STAFF SGT. DOYLE STRICKER
614th Space Operations Squadron

“Bruin, get your shoes on,” I yelled through the house.

It had been a while since my 4-year-old son and I had a nice day to ourselves.

I thought today would be a good chance to spend some time together. Besides, I’d agreed to write my first Destinations Central Coast.

I packed up my son and headed for the Santa Maria Museum of Flight. Located off of Skyway Drive near the Santa Maria Airport, the museum is not too far from the base.

Once inside, we signed a logbook and donated some money for entry. Suggested prices were \$5 for adults, \$4 for seniors, \$3 for children ages 12-18, and \$1 for children.

After paying, a volunteer informed us about what we could and couldn’t touch. He also directed us to a second hangar to the right, which houses more plane models.

The first hangar is the Bigelow building – the one in the movie “The Rocketeer.”

The Bigelow building is also home to a videotape collection of more than 500 videos about the history of aviation. You can watch videos on location or check one out to take home.

Bruin wasn’t particularly interested in the model displays, so he blazed through the hangar at about Mach 1.

I had to make him slow down and actually look at stuff.

After checking out two of the museum’s 11 planes, we started looking at the models.

Many are kept inside glass containers with little note cards explaining the significance of



PHOTOS BY STAFF SGT. DOYLE STRICKER

Bruin Stricker, 4, gets hands-on experience with new and vintage aircraft at the Santa Maria Museum of Flight. Open from 10 a.m. to 4 p.m. Friday through Sunday, the museum is staffed entirely by volunteers.

each scene.

My son asked about every model. But of course, he didn’t stick around to hear the full explanation before running to the next display, and the next, and the next.

The second hangar was by far the best part of the experience for my son.

He was able to sit inside two small-scale planes and manipulate the control sticks, which actually control the wing flaps. He thought it was fun to play pilot, and I – in true kid-like-fashion – enjoyed watching the flaps move.



A 1929 Fleet Model 2 bi-plane is displayed at the Santa Maria Museum of Flight.

There were also displays of ordnance, a mortar, guns, and a howitzer.

I enjoyed looking at these a lot more than my son did, but overall the second hangar was the best part of the trip.

As we left, I bought Bruin a Stunt Jet in the gift shop. These little soft planes are really cool! And they do some neat tricks: getting stuck in trees, landing on top of houses and flying over fences. The museum carries a variety of model airplane kits that are no longer available elsewhere.

The Santa Maria Museum of

Flight is managed and staffed entirely by volunteers. It’s open from 10 a.m. to 4 p.m. every Friday, Saturday and Sunday. Private tours are also available.

Later this year the museum holds the 13th annual Classic Aircraft and Warbird Fly-in. Dozens of new and vintage aircraft will descend upon the Santa Maria Airport Sept. 26 – 28 for a weekend of flying, displays and delicious food. The event is the museum’s main fundraiser for the year.

For more information or tours, call the museum at (805) 922-8758.



A picture, hat and gas mask, along with other displays, give visitors a glimpse of aviation and U.S. history.

Community Calendar

16 FRI April showers bring May flowers drawing contest – Children can draw a picture of their favorite flower. Turn pictures in by 6 p.m. today to the customer service desk at the base commissary.

Marriage enrichment counseling – offered on a one-on-one basis for married and unmarried couples. Call 606-9958.

Dads-to-New Dads and Moms-to-New Moms program – These mentorship programs offer support to new moms and dads. Call Nancy Sias at 606-5338.

Harbor and boat cruises – Adventure Marina in Morro Bay. Call (805) 772-9463.

16 FRI Twilight beach horseback rides – Pacific Dunes Ranch in Oceano. Beginners are welcome. Call (805) 489-8100.

Art Exhibit – 7:30 a.m. to 9 p.m. Mondays through Thursdays, 7:30 a.m. to 3 p.m. Fridays. The exhibit runs through Wednesday. Call 922-6966.

The Vandenberg Airmen’s Attic – needs

donations of items necessary to set up a household. The program is open to military personnel E-5 and below with an Air Force Form 552 from their first sergeant. Call 606-5484

17 SAT Spring pops concert – 7:30 p.m. Saturday at the First Baptist Church in Santa Maria. Tickets are \$8 for general admission and \$5 for students and seniors. Call (805) 922-6966, ext. 3252.

19 MON Bass fishing tournament – 6 a.m. Sunday at Punch Bowl Lake near the base stables. Call Master Sgt. Calvin Long at 606-3013 to sign up.

18 SUN Office closure – The family support center is closed for staff training Mondays from 7:30 to 9:30 a.m. Those requiring emergency Air Force Aid will be assisted. Call 606-0801.

TOPS (Take Off Pounds Sensibly) – 7 to 8 p.m. Mondays at the Vandenberg Health and Wellness Center.

Relaxation room – 8:30 a.m. to 3:30 p.m. Monday – Friday at the HAWC. Call 606-2221 for

an appointment. **20 TUE** Pre-separation briefing – 8 a.m. Tuesdays in the family support center. The briefing is required 90 days prior to leaving the service. Call 606-0801 for more information.

Stress and Self Management – 2 to 4 p.m. Tuesdays through June 9 at the HAWC. Call 606-9958 to sign up.

Joint retiree activities center – Open 10 a.m. to 2 p.m. Tuesday - Friday in building 10346 in the Vandenberg Base Exchange shopping center. Call 606-5474 for more information.

Financial basics – 11 a.m. to noon Tuesday at the family support center. Call 606-4491.

21 WED Single Airmen’s tour – 11:30 a.m. Wednesday at the base commissary. Refreshments are provided and a \$25 gift certificate drawing will be held. Call Paige Zuniga at 734-3354 for more information.

Asian Pacific Heritage Month food sampling – 11 a.m. to 1 p.m. Wednesday at Chapel 1. Call 1st Lt.

Peter Kim at 606-6832 for more information. **21 WED** Manage your move – 8:45 to 11 a.m. Wednesday at the family support center. Call 606-0801 for more information.

Mechanics of resume writing – 1 to 3:30 p.m. Wednesday at the family support center. Call Teresa Orozco at 605-8557 to register.

22 THU Risk Reduction classes – 2 to 4 p.m. Thursdays at the health and wellness center. Call 606-2221 to sign up.

Women, infants, and children – 8 a.m. to 4 p.m. Thursday at the family support center for Vandenberg personnel who meet program requirements. Call 606-0039 or the Lompoc WIC office for appointments.

Prenatal Exercise class – 2 p.m. Thursday at the HAWC for expectant mothers and fathers. Call 606-2221 to register.

22 THU Breast feeding and infant care class – 10 a.m. to noon Thursday at the HAWC. This class is for expectant mothers and fathers. Call 606-2221 to register.

23 FRI Depression management group – 10:30 a.m. to noon Thursdays at the Vandenberg Life Skills Support Center. It’s appropriate for adults or mature adolescents experiencing depression. Call Capt. Arlin Hatch or the LSSC staff at 606-8217.

Scouts benefit golf tournament – noon May 23 at Marshallia Ranch

Golf Course. Entry fee is \$50. Registration begins at 10:30 a.m. Call Lee Wise at 733-4246 for more information.

23 SAT Spring recital – 7 p.m. May 23 and 2 p.m. May 24 at Santa Maria High School’s Ethel Pope Auditorium. Tickets are \$6 for adults and \$3 for children. Call (805) 922-8313 or (805) 922-6966 for more information.

MILITARY FREEBIES AND DISCOUNTS

Flight discounts – U.S. Airways offers discounted fares for active-duty and reserve military members and their immediate family through Dec. 31.

Call U.S. Airways at (800) 428-4322 or visit the Web site at www.usair.com for more information.

Vegas salutes the military – Beginning Saturday through July 4, more than 70 Las Vegas resorts and hotels are offering discounted room rates to active military personnel and their spouses and dependents.

Call Rob Powers or Erika Brandvik at (702) 892-7663 for more information.

Free amusement park admissions – May 23 through Nov. 11 Sea World, Bush Gardens, and Sesame Place parks give free admission to active-duty military, Reservists, Guardsmen and up to four dependents.

Call Patty Burrus at (210) 523-3656 for more information.

Utility assistance program – This program has been funded to assist active deployed military and reservist dependants who are experiencing financial difficulty and need assistance paying their gas bill. Eligibility guidelines apply.

Call Bobbi Thompson at 736-6226 for more information.

Did You Know ?

If you live in base housing and plan to take leave or go on temporary duty, security forces will check on your home while you are gone.

To make arrangements, stop by Vandenberg’s Security Forces Control Center, building 13730, or call 606-3911.

Chapel Services & Events

For other denomination worship services and events, call the chapel at 606-5773.

♦ **G.I. Java** – opens 5 to 9 p.m. daily to dorm and billeting residents. Enjoy free lattes, frappicinos, sodas, chips and fellowship.

♦ **381st Training Group** – holds Bible study and prayer 11:30 a.m. to 12:30 p.m. Wednesdays in the group conference room of building 8290.

♦ **Pizza and game social** – 6:30 to 8 p.m. Friday in the 381st TRG foyer of building 8290.

WORSHIP SERVICE TIMES

Sunday
8:30 a.m. Praise and Worship, Chapel 2
10 a.m. Catholic Mass, Chapel 1
11:30 a.m. Traditional Protestant, Chapel 1
11:30 a.m. Gospel, Chapel 2
Monday - Friday
11:30 a.m. Catholic Mass, Chapel 2
Saturday
5 p.m. Catholic Mass, Chapel 2

♦ **Praise and worship service** – 5:30 to 6:30 p.m. in the 381st TRG auditorium, building 8290.

♦ **Daily prayers** – 7:15 to 7:25 a.m. in Chapel 1. All of Vandenberg is invited to pray for the nation, troops and families.

♦ **Confirmation Mass** – 7 p.m. May 29 in Chapel 1.

♦ **Vacation Bible school** – 1 to 4 p.m. June 16 through 20. Call 606-5773 to register.

SPACE & MISSILE TIMES WANTS YOUR Destinations Central Coast

Have you visited a Central Coast destination lately? Share it with the rest of Team V! Send in a 400 - 600 word rough draft about your adventure! Send submissions to: space&missiletimes@vandenberg.af.mil

30th Services News

V.I.T.T.

Winner, best musical revival,
2001 Tony Award,
2001 Drama Desk Award,
2001 Outer Critics Circle Award.

42ND STREET

Aug. 21

Matinee Performance

\$105

per person
orchestra seating
at the
Ahmanson Theatre
Los Angeles

"An absolute knockout!"

"Tap Dance Heaven"

"100% Entertainment"

"Pure Razzmatazz"

For more information, call Joyce
at VITT, 606-7976.

YOUTH CENTER

**Last chance to register for the
TEEN MAGIC MOUNTAIN TRIP
June 6**

Limited slots available. Registration and payment
will be taken only through Wednesday at the Youth
Center front counter. No late sign ups will be
taken. Cost: \$30 per person.

For more information, call the Youth Center at
606-2152.

YOUTH CENTER

OPERATION TEEN NIGHT HOOPS!



**Operation
Teen Night Hoops
is coming this summer!**

Limited slots are available per division, so don't
miss out! Registration runs until May 30 at the
Youth Center, Mon- Fri., 7 a.m. to 5 p.m. Cost
\$25 (\$20 for youth center members) for teens 13
to 18 years. Season begins June 9 and ends July
28. Call 606-2152 for more information.

AQUATIC CENTER

WATER SAFETY Instructor Course

Looking for a great summer job?

If you are looking for a great summer job as a
swimming instructor, the American Red Cross
water safety instruction course is the best place
to start. Attendance is mandatory to all class
sessions. Participants must be 17 years of age.

Course schedule:

May 24, 25, 26, 31 and June 1

9 a.m. to 5:30 p.m.

Cost: \$60

For more information or to register for this
course, please contact 606-3581.

V A F B Youth Center T.R.A.I.L. TRIATHLON

*youth center, fitness center
and aquatic center
sponsoring the triathlon*

Saturday, 9 a.m. to noon

Registration is at 9 a.m. at the aquatic center (swimming pool).

Triathlon begins at 10 a.m.

Each of the three events may be run individually or as a team.

Route maps will be given at registration

Triathlon events take place in the following order:

• SWIM • BIKE • RUN

Age Categories are as follows:

Ages 10, 11 and 12

Ages 13, 14 and 15

Ages 16, 17 and 18

Breakdown of events per age group:

Ages 10, 11, 12: swim 4 laps, run 1 mile, bike 2 miles.

Ages 13, 14, 15: swim 8 laps, run 2 miles, bike 4 miles.

Ages 16, 17, 18: swim 12 laps, run 4 miles, bike 6 miles

Awards ceremony at noon.

Call the Youth Center at 606-2152 for more information.



PACIFIC COAST CLUB

The answer is the

PACIFIC COAST CLUB!



Tired of the same-old
fastfood chicken?

Enjoy
PCC-style Fried
Chicken, Curly Fries,
Cole Slaw and Rolls...
served family-style!

**EVERY
TUESDAY
6 to 8 p.m.**



is Family
Fried Chicken
Night
(PFC)

Want value for your
money and service in a
family-atmosphere?



Watch family movies
on the Big Screen TV.
Try it you'll like it!
Call the PCC for
details at 734-4375.

FAMILY CHILD CARE

**Family child care
has relocated!**

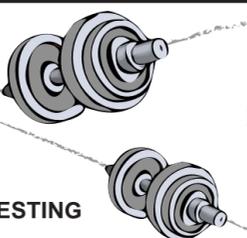
The office is relocated to building, 7420 off California
Boulevard . and 10th St. On 10th Street., turn left across
from the western range operations control center. Proceed
past the stop sign. The FCC is in the second building on
left. For information on becoming an FCC provider or
questions concerning the Mildly Ill Child Care program,
please contact FCC coordinator Gwen Jones at 606-4636

FITNESS CENTER

**MONDAY -
ATLANTIS ROOM
CIRCUIT TRAINING
8 p.m.**

**WEDNESDAY -
BODY COMPOSITION TESTING
11 a.m. to 1 p.m.
Both locker rooms.**

Call for more information at 606-3834.



**MAY
FITNESS
DAY
IS
MAY
30TH!**

**How much do you know about your
family child care program?**

Open house tour • Tuesday, 9 a.m. to noon and 2 to 4 p.m.

Family child care will sponsors an open house tour of 10 care-giver homes.
Parents and others may view the homes to observe the family child care
program in action. A list of the open homes is available at the child development
center, youth center, family support or the FCC office.

For information please contact FCC coordinator

Gwen Jones at 606-4639 or 451-0764.

LIBRARY

Come join the VAFB book discussion group
for the next meeting of the

**Women's interests / women's issues
book discussion group**

meets the last Thursday of each month at noon

Library conference room. Brown bag your lunch. For more
information contact 2Lt Kasey Lowery at 605-8481 or 734-4239.

• DIAL-A-STORY •

To hear this week's story "The Legend of the Dipper" call Dial-A-
Story at 606-4300. Stories are available 24 hours.