

Base Briefs

TIP OF THE WEEK

Pagers, cell phones, headphones and earphones are prohibited in uniform unless required to perform official duties. If required, they may be clipped to the waistband, a woman's purse or carried in the left hand. For more information, call the Vandenberg Airman Leadership School staff at 606-5595.

REORGANIZATION

The 30th Space Wing Launch Reorganization ceremony takes place Oct. 24 at 11 a.m. on the parade grounds.

FORCE DEVELOPMENT

Col. Robert Worley II, Air Force Space Command's director of mission support, will be here Nov. 5 and 6 to brief officers and their civilian supervisors on force development. The briefing times are as follows:

Nov. 5 in the Western Range Operations Control Center, building 7025, at 1 p.m.

Nov. 6 in the Pacific Coast Club ballroom at 8:30 a.m. and 3:30 p.m.

TIME CHANGE

Daylight Savings Time ends at 2 a.m. Sunday. Clocks should be set back one hour.

PROMOTION CEREMONY

Team Vandenberg's November promotion ceremony is set for 3:30 p.m. Nov. 3 in the Pacific Coast Club. Those being promoted must wear the service dress uniform and be in place by 2:30 p.m. Direct questions to unit first sergeants.

GAS MASK INSERTS

All active-duty airmen who require glasses for distance vision must have a usable pair of gas mask inserts. To order inserts, airmen should stop by the optometry clinic with their medical records or call 606-0468 to schedule an eye exam.

MPF CLOSURE

Vandenberg's Military Personnel Flight customer service section is closed Dec. 9 for computer system upgrades.

DEPLOYMENTS

Vandenberg's Personnel Readiness function seeks one major, signals intelligence officer, and one captain, any Air Force specialty, to deploy in January for approximately 179 days as a United Nations observer.

Both must possess a secret security clearance, meet service height and weight standards, passed a physical training test within the last 90 days and have an official passport and civilian driver's license.

There is also an opportunity for 12 airmen, E-6 and below, to go on temporary duty Jan. 26 - April 26 in Washington D.C. as Spanish linguist support augmentees.

Official volunteer packages are required by Oct. 31. For more information, call Tech. Sgt. Steven Leduc at 606-7574.



PHOTO BY BILL HARTENSTEIN

The 13th and final Titan II rocket lifts off from Space Launch Complex-4 West at 9:17 a.m. Saturday.

Mission No. 13 successful

By STAFF SGT. REBECCA DANET
30th Space Wing Public Affairs

Team Vandenberg successfully launched the Air Force's 13th and final Titan II rocket from Space Launch Complex-4 West at 9:17 a.m. Saturday.

Members of the 30th Space Wing, Space and Missile Systems Center, Aerojet Corporation and Lockheed Martin contributed to this mission's success.

Col. Frank Gallegos, 30th SW

commander, was the spacelift commander or final "go for launch" authority.

"A success like this takes an entire team," said Lt. Col. Dave Thompson, 2nd Space Launch Squadron commander. "This launch is the result of the tireless efforts of hundreds of people, military, civilian and contractors alike."

The mission, dubbed G-9, carried a 4,200-pound Defense

Meteorological Satellite Program payload into low-Earth orbit approximately 458 nautical miles above Earth. The payload is one in a constellation of satellites that monitor the Earth's atmosphere and oceans providing real-time weather information to warfighters around the globe.

Despite several launch delays, Team V's leaders see G-9's history as evidence of the base's commitment to space superiority.

"The 2nd SLS has a 100 percent mission success rate," said Lt. Col. Dave Thompson, 2nd SLS commander. "Our team maintains that by ensuring our launch vehicles and spacecraft are 100 percent ready before we launch them."

Saturday's successful Titan II launch makes the 32nd consecutive launch success between Vandenberg and Cape Canaveral AFS, Fla.

AFSPC command chief visits Team V

By STAFF SGT. REBECCA DANET
30th Space Wing Public Affairs

The Command Chief Master Sergeant from Air Force Space Command visited Vandenberg this week to check in on the airmen here and visit some of those he missed on his last visit.

Amid his stops in various base work centers, Command Chief Master Sgt. Ron Kriete had breakfast with Team V's enlisted airmen at the Breakers Dining Facility, stopped in to answer questions at the NCO enhancement seminar and airman leadership school, and served as the guest speaker for the graduation of ALS Class-03G. The chief also spoke in front of a packed house during an enlisted call at the fitness center.

Airmen and NCOs from 14th Air Force, the 30th Space Wing, the 576th Flight Test Squadron and Detachment 9, Space and Missile Systems Center heard the latest on AFSPC issues straight from the command's top enlisted airman.

Topping the chief's agenda was keeping the goal in sight in regards to Air Expeditionary Forces.

"Let me see by a show of hands how many of you have deployed on an AEF," the chief asked as nearly every hand in the room rose. "I've got to tell you folks, that is not going to slow down," he said. "The last time I checked, our commander in chief had declared war on terrorism. We're doing a darn good job of making a dent in it, but it's not going to be over night, it's going to be a long haul. We have to keep rooting the bad guys out one by one," he said.

The Air Force is supporting those AEF taskings with an ever-changing force, the chief said. As a service, the Air Force is over-manned by 13,000 positions.

"But we are not cutting our forces," Kriete said. "We are reshaping them," he added as he moved the discussion toward



PHOTO BY STAFF SGT. CHUCK WALKER

Command Chief Master Sgt. Ron Kriete from Air Force Space Command, speaks at the fitness center Tuesday before a house packed with Team V's enlisted airmen.

cross flow and relieving stressed career fields.

"If you're in a career field that's 150 percent manned right now, you may be a prime candidate to cross flow into another career field."

Cross flow is not a new concept for the Air Force, the chief added. It's a tool the service has used for years to shape the force to meet the country's needs. Cross flow is also being used to man formerly all-volunteer duty positions such as first sergeant and recruiter duty. This year, the Air Force is expected to select 400 senior NCOs for first sergeant duty.

As commander of Air Force Space Command, Gen. Lance Lord has named unleashing human talent as one of his strategic thrusts for the command. That topic was also high on Kriete's list of issues during his enlisted call.

"There is so much talent in this room today," the command chief

said. "What we need to do at Air Force Space Command is figure out how to unleash all that talent."

To that end, the chief cited the command's Quality of Life seminar as a means for airmen to address issues affecting their lives. Air Force Space Command is the only command in the Air Force that still holds the annual seminar.

The chief also discussed steps the command has taken in professional development. Those steps include standardizing courses throughout the command as well as incorporating officers and civilians into the various programs.

"I spoke with a lieutenant from comptroller squadron today who asked me why we don't use officers to teach blocks in our enlisted professional development seminars," Kriete said. Officers and civilians both have experiences, prior enlisted or in their current positions, that are valuable to

today's airmen, the chief said.

Citing steps in the right direction, Kriete noted that Patrick AFB, Fla., has begun including civilians in the professional development courses offered there and the Space and Missile Systems Center in Los Angeles is looking at instituting a First Term Lieutenants Center.

Other issues the chief discussed during his enlisted call included the new utility uniform and the new Air Force physical training uniform.

"There's going to be 50 of you here at Vandenberg wearing the new uniform," the chief said. "If you have not seen the uniform, I ask you to hold your opinion until it comes to Vandenberg. I think it's about time we get a distinct Air Force uniform." Those new uniforms should be seen here beginning sometime in March.

See CHIEF Page A4

Wing changes format

By AIRMAN 1ST CLASS
BRYAN FRANKS

30th Space Wing Public Affairs

Team Vandenberg will soon see some changes in the structure of the 30th Space Wing but not in the mission.

The change stems from direction by Air Force Chief of Staff Gen. John Jumper, to "better operationalize space launch," while maintaining the lines of acquisition accountability directed by Air Force Under Secretary Peter Teets.

The base has yet to receive final approval on reorganization, however, plans are moving forward to realign units during a formal ceremony at 11 a.m. Oct. 30 on the base parade grounds.

As a result, the 30th Maintenance Group will be de-activated, said Staff Sgt. Patricia Keen, 30th Space Wing Manpower office. The 30th Space Communications Squadron and the 30th Range Management Squadron will be reassigned to the 30th Operations Group.

A new 30th Launch Group will be activated, Keen added. The 2nd Space Launch Squadron will be reassigned under the 30th LCG along with the 4th

See WING Page A4

Launch facility gets new mission

By AIRMAN JUANIKA GLOVER
30th Space Wing Public Affairs

In late 2002, President George Bush designated Vandenberg AFB as one of two bases to house a new missile defense system. Twenty ground-based interceptors have been created to destroy intercontinental ballistic missiles in mid air. Vandenberg will receive four of those missiles.

In order for the base to support the new program several launch facilities here will be deactivated and turned over to the Missile Defense Agency. The most recent site to be deactivated is Launch Facility-02.

Once the site where Minuteman and Peacekeeper missiles were

See LF-02 Page A4

Three earn command

Congratulations to the following Team V officers selected to command operational squadrons!

Lt. Col. Brian Fredriksson, 14th Air Force, will command the 614th Operations Squadron.

Lt. Col. Mark Vidmar, 14th AF, will command the 1st Space Control Squadron at Cheyenne Mountain AS, Colo.

Maj. Richard Schonomaker, 30th Operations Group, will command the 30th Range Squadron.

In this issue of the



Also view The Space & Missile Times at www.vandenberg.af.mil and click the Space & Missile Times button.



Team Vandenberg goes to Hollywood for a chance to see a live taping of the "Dr. Phil Show." See Page A5.



Vandenberg's All-star women's softball players battle it out for fun during an exhibition game here. See Page A6.

Weekend forecast
Mostly sunny all weekend.

Low/High
53/85

For a full Vandenberg weather report, visit www.vandenberg.af.mil/30sw/organizations/30og/weather/weather

This week in history ...

COMPILED BY AIRMAN JUANIKA GLOVER
30th Space Wing Public Affairs

October 19

1928 – For the first time, an American six-man machine gun team parachutes from a six-plane formation.

1965 – Communists attack Plei Me Special Forces camp.

October 20

1911 – Original Wright Army plane is delivered to the Smithsonian Institution
1920 – The First Alaskan Flight returns to Mitchel Field, Long Island, N.Y.

1922 – Lt. Harold Harris makes the first emergency parachute jump.

October 21

1861 – Union troops suffer a devastating defeat in the second major engagement of the Civil War. The Battle of Ball's Bluff produced the war's first martyr and led to the creation of a Congressional committee to monitor the conduct of the war.

1959 – President Dwight Eisenhower signs an executive order transferring the brilliant rocket designer Wernher Von Braun and his team from the U.S. Army to the newly created National Aeronautics and Space Administration. Von Braun, the mastermind of the U.S. space program, had developed the lethal V-2 rocket for Nazi Germany during World War II.

1970 – The X-24A aerospace vehicle

makes its first supersonic flight.

October 22

1955 – The F-105A exceeds the speed of sound on its first flight.

1962 – In a televised speech of extraordinary gravity, President John Kennedy announces that U.S. spy planes have discovered Soviet missile bases in Cuba. These missile sites under construction but nearing completion, housed medium-range missiles capable of striking a number of major cities in the United States. Kennedy announced that he was ordering a naval 'quarantine' of Cuba to prevent Soviet ships from transporting any more offensive weapons to the island and explained that the United States would not tolerate the existence of the missile sites currently in place. The president made it clear that America would not stop short of any military action to end the threat in Cuba.

1975 – Former member of the U.S. Air Force, Leonard Matlovich, a decorated veteran of the Vietnam War, is given a general discharge by the Air Force after publicly declaring his homosexuality. Matlovich, who appeared in his Air Force uniform on the cover of an issue of Time magazine with a headline above that read: "I am a homosexual," was challenging the ban against homosexuals in the U.S. military. In 1979, after winning a much-publicized case against the Air Force, his discharge was upgraded to honorable.

October 23

1909 – Air Force Lt. Benjamine Foulois takes his first flying lesson from Wilbur Wright.

1983 – A suicide bomber drives a truck packed with explosives into the U.S. Marine barracks in Beirut, killing 241 U.S. military personnel. That same morning, 58 French soldiers were killed in their barracks two miles away in a separate suicide terrorist attack. The U.S. Marines were part of a multinational force sent to Lebanon in August 1982 to oversee the Palestinian withdrawal from Lebanon.

October 24

1945 – Fewer than two months after the end of World War II, the United Nations is formally established. The ratification of the United Nations Charter included the five permanent members of the Security Council and a majority of other signatories.

October 25

1861 – Signaling an important shift in the history of naval warfare, the keel of the Union ironclad Monitor is laid at Greenpoint, Long Island, N.Y.

1942 – American bombers raid Japanese-occupied Hong Kong for the first time.

1944 – During the Battle of the Leyte Gulf, the Japanese deploy kamikaze suicide bombers against American warships for the first time. It proves costly to both sides.

Team Vandenberg Ball Centennial of Flight

See unit representatives for tickets:

30th SW: Senior Airman Kyle Hammock, 606-9961
30th MDG: Staff Sgt. Claudia Driver, 606-1846
30th MSG: Master Sgt. Adrian De Silva, 606-3122
30th SFS: Master Sgt. Wesley Asleson, 605-0549
30th OG: 1st Lt. Anderson Kester, 606-4726
381st TRG: Paulette Taylor, 606-7416
576th FLETS: Staff Sgt. Angela Knowles, 606-0628
Det. 9: Master Sgt. Stephen Hopkins, 606-3230
14th AF: Staff Sgt. Shannon Stromberg, 605-0337

Nov. 1 at the Pacific Coast Club
Social hour at 5 p.m.
Dinner at 6 p.m.
Dress is mess dress or semi-formal
Tickets cost \$30 and sales end today



For par ...



PHOTO BY STAFF SGT. CHUCK WALKER

Eric Sikes, 532nd Training Squadron, lines up a putt during the Project Good Neighbor Golf Tournament Oct. 17. Base first sergeants raised more than \$7,000 in the annual fundraiser which supports Team V families over the holidays.

SPACE & MISSILE TIMES

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For information about the Space & Missile Times, call the staff at (805) 606-2040.

Comment...

Commander reflects on loss of Team Vandenberg member

BY COL. FRANK GALLEGOS
30th Space Wing commander

This past week Team V lost an airman from the 576th Flight Test Squadron to an apparent suicide. I think this is important to discuss because we are all part of the Air Force family.

Because we are family, when we lose a member there are many unanswered questions and unresolved feelings.

I also think it is important for all of us, as leaders, to be able to discuss this issue intelligently and to quell rumors. I know that these open

discussions will help begin the grieving process...help us to heal.

My heartfelt condolences go out to the immediate family and loved ones of the deceased. I know they are going through some trying times and as members of our extended family we need to, as a community, step forward and help out where we can.

By the way, we have suicide prevention programs on base designed to educate people on the factors and circumstances that could possibly lead people to this end.

I encourage you all to reach out to the Chapel Staff, the 30th Medical Group or the resources downtown to learn what you can do to help prevent suicide in the future.

Unfortunately, suicide is the second leading cause of death in

the Air Force and one that we continue to battle.

But by educating ourselves on where to go for help and the signs to look for, perhaps we can make a difference in saving the life of one of our Air Force family somewhere down the line.

Please take a moment to think of the family that lost their loved one and keep them in your thoughts and prayers.

Resource Centers

Emergencies: 911
Family Advocacy: 606-5538
Life Skills office: 606-8217 or 606-8327
Chaplain's office: 606-5773 or 606-9961
Family Support Center: 606-0039
Suicide 24-Hour Help-line: 735-4376
Suicide Prevention Service: 734-2711



Col. Frank Gallegos
commander

Commander's Action Line

Call 606-7850
or
E-mail your message to
actionline@
vandenberg.af.mil

By performing Vandenberg's mission safely and effectively, Team V provides proof of its commitment to do the right thing.

Two-way communication is paramount to continued mission success. The 30th Space Wing Commander's Action Line is your direct link to me.

Through the action line you can congratulate your teammates on a job well done, affect change and express productive points of view.

I want your input and I am personally involved in every response.

The action line is always available and it's an excellent tool, but remember to

use your chain of command. Talk to your supervisors, first sergeants, services officials and other base professionals and give them a chance to solve your problem first.

Working together, we will enrich the 30th SW mission performance and the quality of life of our airmen.

When calling the action line, leave your name and phone number in case more information is needed.

CSAF talks officer force development

BY GEN. JOHN JUMPER
Air Force chief of staff

During the last two years, we have refined our officer development system. We are now ready to move Force Development from discussion and planning to execution.

Beginning in November, teams led by Major Command general officers will visit each base to explain the details of our Force Development initiative.

These "Spread the Word" (STW) briefings are to ensure all officers and their supervisors understand the new Force Development concept, policies and procedures. Under Force

Development, we will assist you to pursue the assignments, education and training opportunities that will better prepare you for your role in tomorrow's Air Force.

Force Development is about accomplishing Air Force missions today and tomorrow, improving your skills deliberately, using your skills more effectively, meeting your goals and expectations and explaining more clearly your potential and opportunities.

Force Development is not about fostering development for its own sake, developing



Gen. John Jumper

everyone the same, focusing on your career field alone, or focusing on your next promotion.

Force Development is all about getting the right people in the right job at the right time with the right skills to fight and win in support of our

national security objectives, now and in the future. It will result in significant changes to our current program of officer progression. To help your understanding of

Force Development, we will be providing a series of articles discussing STW topics prior to the STW briefings.

These messages will introduce you to some terms and rationale behind the changes.

The initial message will discuss the Force Development construct, its application in Air Force Doctrine, and some insight into how Force Development will be managed within the Air Force structure. Follow-on messages will introduce changes to our education and training programs — discussing the concept of Developmental Education, candidacy and selection processes for DE, Air University's work to revise our professional military education and how these changes impact you.

I ask you to pay close attention over the course of the following weeks. Become proficient in understanding and applying these changes. Force Development is important to your future. It is an essential tool to improve our current capabilities and create those we'll need to remain the world's greatest Air Force.



GRAPHIC BY SENIOR AIRMAN BRIAN HILL

ALCON: Days since last DUI: 27
Normal DUI totals for the year: 13
AADD saves: 265

A general condition reflecting responsible alcohol use.

30th OG	1	14th AF	0
30th MXG	1	381st TRG	2
30th MSG	5	576th FLTS	1
30th MDG	0	Det. 9	1
30th SW	0	Others	2



Team Vandenberg Warrior
Dianna DeLany
30th Mission Support Group

PHOTO BY STAFF SGT. CHUCK WALKER

Hometown: Camdenton, Mo.

Time in service: 13 years

Time on station: 2 years

Role in mission: I make sure my commanders have the flexibility and the resources they need to accomplish their missions.

How do you contribute to the wing mission? I try to make sure the MSG provides the best support possible to both the mission and wing staff agencies on base.

What do you like best about the Air Force? I like the professionalism and patriotism of the people who work here. It is inspiring to work with airmen who deploy and leave their families for months at a time but

come back excited about the experience.

If you could change one thing about the Air Force what would it be? I would allow civilians the opportunity to work with their command counter-parts and see how issues could be decided at that level.

How do you fulfill the Air Force core values? I use honesty and integrity in my work and actions. I treat the money we are given as if it were my own while supporting our six squadrons.

What's the most exciting experience you've had so far in the Air Force? I have been blessed with so many it is hard to decide. I briefed an Integrated Process Team at the Pentagon on

Air Force funding shortfalls, I also hosted them when they traveled to different bases to see the impacts of the funding cuts for themselves. I also go to deploy with both AMC and AETC Top Dollar command teams for competitions.

How would you improve life at Vandenberg? I don't know — I really love being here. Maybe allowing for customers to spotlight members who provide outstanding service on the job with a section in the paper called Kudos or Highlights.

Who is your role model and why? My father is my role model. He is a retired technical sergeant. I didn't realize the pressures on him while I was growing up. He taught me to work hard and treat others with respect. And when I started civil service he made me promise to return every phone call I got, even if it wasn't my area to answer. The person on the phone is just reaching out for help, so help them.

Who is your favorite leader in history and why? General Ronald Fogleman, former Air Mobility Command commander, is my favorite leader. At briefings he would ask his commanders what the best thing was for the airmen and the Air Force and mean it.

Favorite movie: I like British comedies
Hobbies: I like baking and the Space Country Cruzers Car Club.

Hometown: Keokuk, Iowa
Time in service: 14.5 years
Time on station: 4 years
Role in mission: chief, Information Management
How do you contribute to the wing mission? I'm in a tenant organization, however I work with the base 3A Functional on 3A training and deployment issues.
What do you like best about the Air Force? I like the ability to grow, be a team member and be a part of a "bigger" family.
If you could change one thing about the Air Force what would it be? I wouldn't "change" the Air Force because that would lead someone to think that it was broken, and it is definitely not broken. I would, and do, always look at ways to improve the processes that we have and would encourage everyone else to do the same. That way, we'll always be moving forward into the future.
How do you fulfill the Air Force core values? I always stand by "Integrity," if I always do the right thing, all of the time, even when nobody is looking, everything else falls into place and I know I can never go wrong.
What's the most exciting experience



Team Vandenberg Warrior
Tech. Sgt. Angela Fernandez
381st Training Group

PHOTO BY STAFF SGT. CHUCK WALKER

you've had so far in the Air Force? Although everyday is exciting in some way, I think one of my most favorite experiences the Air Force gave me was winning a command award and getting to go TDY to receive it with my commander and coworkers. When I went home to visit my family afterward, the pride in their eyes reminded me of why I chose to be part of the Air Force team.
How would you improve life at Vandenberg? I would include more events on the base such as

sporting events and all-age family events.
Who is your role model and why? My mom is my role model. She showed me how to be strong, honest and a hard worker. I'm sure with her constant love and guidance, it has helped me to mature into the NCO, wife and mom that I am today.
Favorite book: All I Really Need to Know I Learned in Kindergarten
Hobbies: Playing volleyball, reading and spending time with my husband and son.

Be Aware! Anti-Terrorism Force Protection is an Individual Responsibility!



PHOTO BY STAFF SGT. CHUCK WALKER

Kriete visits with senior airmen from Airman Leadership School Class-03G before speaking at their formal graduation ceremony Tuesday evening at the Pacific Coast Club.

CHIEF:

From Page A1

As for a PT uniform, "I saw you all this morning," Kriete said of the 30th Civil Engineer Squadron. "That's why we're going to a PT uniform," he joked. On a more serious note, the chief said the new uniforms would help instill team spirit among airmen reaching for the service's new fitness goals.

Following his formal comments, the command chief took questions from among the hundreds of airmen in attendance.

One airman asked whether or not senior airmen would be allowed to move out of the dormitories. The chief couldn't immediately answer that question since an

integrated process team from the command is currently considering dormitory issues.

A legal office technical sergeant asked whether or not the Air Force is considering assigning points toward promotion for enlisted people with degrees. Kriete said he hasn't heard of the Air Force considering it and followed up with the fact that a degree is not required to enlist in the service. He also cited the option for enlisted airmen with degrees to become officers if they fall within certain criteria.

One question received resounding applause from the entire enlisted audience and it addressed the issue of childcare expenses here. Kriete said childcare is the No. 1 quality of life issue that's surfaced at headquarters. He stressed that

Vandenberg's voice does not go unheard and suggested that the command work toward appointing an integrated process team to address that very issue.

As his visit with Team Vandenberg wound down, the chief said he was encouraged by the focus and excitement he saw here.

"A senior airman asked me yesterday at breakfast, 'What's the vision of Space Command and where are we going to fit in?' That's big-picture stuff," Kriete said. "For a senior airman to ask me that, that's encouraging because they're focused."

"Space Command isn't slowing down anytime soon and Vandenberg is a very integral part of what we do for a living in this command."

LF-02:

From Page A1

launched. LF-02 has been deactivated and is being turned over to the Missile Defense Agency, said 2nd Lt. Aaron Easter from the 576th Flight Test Squadron. Easter is the assistant officer in charge of technical engineering for the unit.

LF-02 got its start at Vandenberg test launching the Minuteman weapons system. During the mid 70s and 80s the site went through a launch dry spell. As systems were improved, the site was again revamped and used to test launch the Peacekeeper weapons system beginning in 1989.

Minuteman rockets carry only three re-entry vehicles compared with the Peacekeeper's 11.

"As a part of the (Strategic Arms Reduction Treaty) with Russia, American officials have agreed to deactivate, our weapons as the Russians are deactivating theirs," Easter said.

The Peacekeeper falls under the terms of that treaty and so is slated for deactivation in the coming years. The 576th FLTS deactivated LF-02 in preparation for the system's deactivation.

"The Peacekeeper contains eleven (re-entry vehicles). It's a superior weapons system," Easter said. "No one wants to see it or the site go but keeping the peace between our countries is very important."

"The MDA will convert (LF-02) into a viable launch facility for the ground based interceptor program," Easter said. "The site will still have small missiles on alert,

with the sole purpose of destroying incoming enemy warheads," he added. "It will provide our country with a greater degree of protection from our enemies."

LF-02 is not the only site that will see this type of change.

"Air Force Space Command officials came up with five sites that could be turned over to the Missile Defense Agency," said Lt. Col. Anthony Blaylock commander of the 576th FLTS. Two have been selected so far.

"LF-02 has a long history on this base," the commander said. "It's been launching missiles since the early 60s. It played a significant role in Vandenberg's history. Now with this new push for increased safety it seems only right to make some changes."

"This whole process couldn't have happened without a team effort from (several base organizations)," Blaylock said. "This is a new mission for Vandenberg. Being on the front line for developing new systems since the 50s, this is a wonderful task we've been given. Vandenberg is a part of the leading edge. There is a growing ballistic missile threat and Vandenberg is at the tip of the spear. The president has made our security a national priority."

"We are sad that we're losing the site but we're (doing) our part to meet the task that we've been given," the commander said.

"As we look down the road, this will only bring positive things to Vandenberg. We will be neighbors with MDA and we're really looking forward to that," Blaylock said.

Crimebeat ...

COMPILED BY MASTER SGT. WESLEY ASLESON
30th Security Forces Squadron

Oct. 16

Deer strike – 4:20 a.m.

The Lompoc Gate sentry reported an accident on Santa Lucia Canyon Road. Investigation revealed a deer ran in front of a contract employee's Volkswagen. The front fender, bumper and headlight were damaged.

Property damage – 12:56 p.m.

An airman reported discovering scratches on the quarter panel and hood of his Pontiac. He believed the damage occurred while the vehicle was parked in the Pacific Coast Club parking lot Oct. 12.

Brushfire – 4 p.m.

A patrolman reported a brush fire burning adjacent to building 1555/Orbital Sciences Corporation. The Vandenberg Fire Department contained the fire at 4:39 p.m.

Barking dog – 11:10 p.m.

An airman's wife reported a continuously barking dog on Noble Drive. An airman at the home in question said he would quiet his dog.

Oct. 17

Deer strike – 10:19 a.m.

A contractor reported striking a deer with his Ford at 7:15 a.m. while driving on Arguello Road adjacent to Bear Creek Road. The front left fender and hood were damaged.

Suspected vandals – 6:36 p.m.

A civilian employee reported four youths throwing rocks at the Chapel 1 Annex on Summersill Road. Patrolmen contacted several children near the Chapel but did not find evidence of vandalism.

Loud noise – 11:50 p.m.

An airman reported loud noise from a Scout Dormitory room. The responsible airman turned the volume down on his stereo.

Oct. 18

Jail check – 5 a.m.

A routine jail check revealed an airman arrested for public intoxication at 12:28 a.m. in San Luis Obispo. His first sergeant was notified.

Loud noise – 11:12 p.m.

An airman reported loud music from a Discovery Dormitory room. The responsible airman was instructed to lower the music.

Oct. 19

Found bicycle – 12:56 p.m.

An airman reported finding an unlocked and unattended Huffy bicycle and helmet outside Los Padres Elementary School. The items were added to security forces lost and found.

Oct. 20

Vandalism – 7:03 a.m.

A school employee reported the cafeteria at Crestview Elementary School was vandalized. Investigation revealed unknown people entered through an unsecured door and damaged several items in the cafeteria and a classroom.

Suspicious item – 12:15 p.m.

The Vandenberg Fire Department dispatcher reported an unattended item at Burger King. Investigation determined the suspicious item was a blue vinyl lunch box containing food.

Concerned driver – 1:50 p.m.

A base contractor reported a woman was slumped over in her vehicle in the parking lot of building 8510. The man said she appeared unresponsive. Responding patrolmen contacted the woman who said she was sleeping during her lunch hour.

Distracted driver – 2:04 p.m.

The main gate sentry reported a soldier's wife struck the iron gate bar while exiting the gate on California Boulevard. Investigation revealed the driver was operating a cellular phone and misjudged the distance.

WING:

From Page A1

Space Launch Squadron and the 30th Aerospace Test Squadron. Also, Detachment 9, Space and Missile Systems Center, will deactivate. The members of Det. 9 will be reassigned to the 4th SLS and the 30th ATS.

The 30th Range Squadron is also being deactivated and the 2nd Range Operations Squadron will be activated.

The new changes will not effect authorizations for Vandenberg, Keen said. The authorizations have only been moved around.

Some goals of the reorganization are to better align roles, responsibility, accountability and authority for the execution of the space launch mission by the launch wing commander reporting to the Space and Missile Systems Center Commander, she said.

Vandenberg is one of two launch wings with reorganization on the horizon. Patrick AFB, Fla., is also postured for the change. The goal is for Vandenberg and Patrick's organizational structures to be the same.

The only difference would be in an additional launch squadron at Patrick, Keen said.



Officials halt certain blood donations

By ARMY SGT. 1ST CLASS DOUG SAMPLE

American Forces Press Service

■ **WASHINGTON** — A parasitic disease being spread by sand flies in Iraq has prompted officials who oversee the military's blood supply to implement a one-year donor deferral for military people serving in that country.

The deferral is due to a form of the disease Leishmaniasis which causes sores or lesions on the skin, and can cause death in its most serious form.

Since 2002, military health officials have reported 22 cases of the disease, with the majority being reported this year.

"It's a cautious deferral; we're erring on the side of safety," said Lt. Col. Ruth Sylvester, director of the armed services blood program office.

"People who actually get the disease are permanently deferred," she explained. "The issue with those who are exposed is that there is an incubation period before any symptoms appear — the deferral will prevent them from unknowingly donating (infected) blood."

According to blood program officials, the parasite that causes the disease has been proven to survive in blood products stored under standard conditions for up to 25 days. At least six transfusion-transmitted cases of the disease have been reported.

Sylvester, who said she is not a physician but understands the disease,

said there are two types of Leishmaniasis. The most common, but less serious, form is cutaneous Leishmaniasis, which causes lesions on the skin that may look like a volcano with a raised edge and center "crater" and may be covered with a scab, she said.

"All of the military cases so far have been cutaneous," she added.

However, she said the more serious form of the disease, visceral Leishmaniasis, can affect the internal organs of the body, such as the spleen and liver, and can lead to death.

Sylvester said military people who have been infected with the disease are being treated at Walter Reed Army Medical Center here, where doctors have set up a special treatment program just for the disease. People infected with the disease undergo a three-week drug regimen that "will eliminate the disease and take care of the infection," she said.

"I don't believe there is cause for alarm," Sylvester said. "We had 22 cases in the last two years with all the people we've had deployed in Afghanistan and Iraq and throughout the entire Central Command area. So it's a very small number, given the total number of people deployed."

But she did express concern about the disease's impact on the number of eligible military blood donors. The latest deferral is just one of many the military's blood program is now facing, she said.

Team Vandenberg members make first trip to 'Dr. Phil Show' successful

By Tech. Sgt. Mark McKinney
30th Space Wing Public Affairs

A group of 53 Vandenberg women and two men traveled to Hollywood's Paramount studios Oct. 2 to view a taping of the show that causes many to adore Dr. Phil Graham, while driving others to wonder, "Why is he picking on those people?"

Boarding the bus the morning of the show, travelers ranged from diehard "Dr. Phil Show" experts, to those who had heard something about a guy who often seems like a genius and at other times makes grown men cry.

Before any of the travelers set foot on the bus, Services Center director Edwina Williams worked the logistics for this first-ever trip for a Vandenberg travel group.

"The trip was originally planned for the Vandenberg Spouses Club," Williams said. "As soon as I informed the group that the trip was a go, 15 seats were reserved immediately. Once Heather Napolitano heard of the interest, she arranged for a bigger bus and more seats. Diana Vasquez got the invite up on the marquee late Monday, and by Wednesday the bus was full. It was amazing that there was so much interest in seeing Dr. Phil tape his show."

During the three-hour trip to Hollywood, Kathy Velho and Jo Carrier provided insight on the "Dr. Phil Show."

"Jo is the one who got me hooked on Dr. Phil," Velho said. "The way he stands his ground and confidently works with his guests is amazing to me. I watch the show every day and enjoy every minute of it. The topics are real life issues that affect most of us in one way or another and



Dr. Phil Graham, host of the award winning "Dr. Phil Show," addresses the studio audience during a taping of the show. Dr. Phil is renowned for getting his point across.

although my primary reason for watching is entertainment, he is good at what he does."

Alinda Nelson said she's not one who bends over backward to get home and watch the show, but she's familiar with Dr. Phil and his reputation.

"Seeing Dr. Phil is important, but I'm equally interested in the total experience of seeing Hollywood, visiting the studio, and generally seeing how these shows are put together," Nelson said. "I know he got his start in television from Oprah and that's a pretty good endorsement."

The Dr. Phil phenomenon got its start through Oprah Winfrey, who by most accounts is one of the

most influential personalities in the entertainment business. Dr. Phil Graham began his television career as a guest analyst on "Oprah." The "Dr. Phil Show" may not be quite in that league yet, but it is making tracks in that direction. Barbara Walters included Dr. Phil in her 2002 "Ten Most Fascinating People" television special.

With a no-nonsense approach, Dr. Phil tackles everything from homes being torn apart by poor or non-existent communications, to children who seem to be headed for troubled lives. Love him or hate him, Dr. Phil and his daytime talk show continue to garner a significant share of television ratings.

The process of prepping the 240 audience members and taping the show itself was remarkable. Upon arrival at Paramount Studios, the Vandenberg guests had a short wait outside before being ushered into an initial waiting area.

The next step was to get the audience into the pre-taping area and conduct individual and group interviews. By this time, the anticipation was high and everyone appeared primed to get the show started.

Once inside, the enormity of the occasion was written on the faces of the entire studio audience. The energy was high and the staff did everything possible to increase audience enthusiasm. The



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On Oct. 2 a group of 55 Team Vandenberg members attended a taping of the show.

efficiency of the 40- to 50-person studio crew and the organization of the show sequence were amazing. At the end of the taping, the thunderous applause and glowing smiles of audience members said it all.

Some traveler's expectations were fully met, while others fell a bit short.

"It wasn't quite as bigger-than-life as I expected," said Margie McGee. Diehard fan Velho pointed out that it was more technical than she had expected.

Whatever expectations were or were not met, most agreed that making the trek to see the taping of the "Dr. Phil Show" was an experience that was definitely worthwhile.

"This first trip was a success and we've received such outstanding feedback, I believe a solid foundation has been laid to go forward with pursuing these type of trips on a more regular basis," Williams said.

Whether a genius or just someone who occasionally makes grown men cry, one thing is for certain, Dr. Phil can count on future house calls from Team Vandenberg travelers.

American Cancer Society provides tips for quality mammograms

Mammograms are available through the Vandenberg clinic for TriCare eligible beneficiaries. Primary care managers can answer questions on how to schedule them.

Medicare, Medicaid and most private health plans cover mammogram costs or a portion of them. Low-cost mammograms are available in most communities. Call the American Cancer Society at (800) ACS-2345 for information about facilities in this area.

The following suggestions are offered to ensure women receive a good quality mammogram:

- Ask to see the FDA certificate issued to all facilities that meet high professional standards of safety and quality.

- If you are satisfied that the facility is of high quality, continue to go there on a regular basis so that your mammograms can be compared from year to year.

- Bring a list of the places, dates of mammograms, biopsies, or other breast treatments you've had before.

- If you've had mammograms at another facility, you should make every attempt to get those mammograms so that they are available to the radiologist at the current examination.

- On the day of the examination, do not wear deodorant; this can interfere with the mammogram by appearing on the x-ray film as calcium spots.

- If your breasts are tender the week before your period, you should avoid

mammograms during this time. The best time for you to have a mammogram is one week after your period.

- You should describe any breast symptoms or problems that you are having to the technologist performing the examination. You should also be prepared to discuss with the mammography technologist any pertinent history: prior surgeries, hormone use, family or personal history of breast cancer. You should also discuss any new findings or problems in your breasts with your doctor or nurse before having a mammogram.

- If you do not hear from your doctor within 10 days, do not assume that your mammogram was normal - call your doctor or the facility.

What to expect during a mammogram:

- Having a mammogram requires that you undress above the waist. A wrap will be provided by the facility for you to wear.

- A technologist will be present to position your breasts for the mammogram. Most technologists are women. You and the technologist are the only ones present during the mammogram.

- The whole mammogram procedure takes about 20 minutes, however the actual breast compression only lasts a few seconds.

- You may feel some discomfort when your breasts are compressed, but you should not feel pain. To help lessen discomfort, don't have a mammogram just before or during your menstrual period.

- All mammogram facilities are now required to send your results to you within 30 days. You will be contacted within five working days if there is a problem with the mammogram.

- Only one or two mammograms out of every 1,000 lead to a diagnosis of cancer. About 10 percent of women will require more tests. Don't be alarmed if this happens to you. Only 8 percent to 10 percent of those women will need a biopsy, and 80 percent of those biopsies will not be cancer.

- If you are a woman and over the age of 40, you should get a mammogram every year. You can usually schedule the next one while you're there at the facility and/or request a reminder. (Courtesy of The American Red Cross)

College Football Military Appreciation Night

Allan Hancock vs. Moorpark at Righetti High School Nov. 8 starting at 5 p.m.

Approximately 1,000 active-duty airmen and their families are invited to a free tailgate party and barbecue prior to the game. There will be military performances pre-game and at half-time. Tickets are required and available from 30th Space Wing Public Affairs. Uniform wear is encouraged.



AIR FORCE CLIMATE SURVEY
SPEAK TODAY, SHAPE TOMORROW

Oct. 1 - Nov. 23

<http://afclimatesurvey.af.mil>

The opposing team is spirited. You gain a 7-point lead. The game isn't over and the tables could turn. So what does the leading team do? **Play defense, finish strong**

By STAFF SGT. CHUCK WALKER
30th Space Communications Squadron

All-Star games are meant to show off the talent in a league for a particular season. The women's softball all-star game Oct. 17 was no exception.

Lisa Hubbard went 3-for-3 with three RBIs and Tammy Thomas went 3-for-4 with an RBI and a run scored to lead the National League All-Stars to a 9-4 victory against the American League.

The National League consisted of players from 30th Security Forces Squadron, 30th Space Communications Squadron and Detachment 9. The American League consisted of players from the 576th Flight Test Squadron, 14th Air Force and the 381st Training Group.

Hubbard said confidence played a key role in her and her team's success.

"I was just real confident at the plate," Hubbard said. "I did better tonight than I did in the championship game. I just went up to the plate and decided I was going to swing hard. My teammates were swinging hard too and it paid off. We got some good hits."

The National League scored all the runs it would need in the first inning.

Sonya Snickers rapped a bases-clearing double as the National League scored seven runs in the first inning to take a 7-0 lead.

The National League plated two more runs in the fourth inning to take a 9-1 lead. The American League scored three runs in the sixth, but it was too little, too late.

National League coach Scott McElroy said the big first inning paid dividends.

"It makes the rest of the game easy when you score that many runs early,"



PHOTO BY AIRMAN KURT GIBBONS

Michelle Humann of the National League tags out Katie Gates at second base during the Women's All-Star softball game Oct. 17th. The National League defeated the American League 9-4.

McElroy said. "You just have to play defense after that. All the pressure comes off us and it goes on them."

National League pitcher Barb Kabrel said her team's defense also came up big.

"We just played tight and we played together," Kabrel said. "We didn't have to rely on my pitching. I could rely on them and they made the plays behind me. Our defense played great."

The American League All-Stars just couldn't find an answer for the National League's offense.

"We just had a bad night offensively," American League coach Tim Moore said. "We didn't hit as well as we should have. We just couldn't string any hits together. But, all in all, we had fun. That's what it's all about. As long as we're having fun it's a good thing."

McElroy said the key to an All-Star game is to have fun. In that regard, both teams came out winners.

"In the end this is just an exhibition game," McElroy said. "There's no pressure, no championship on the line, just go out and have some fun. Naturally, the competitor in you wants to win. You always want to win. But all of these ladies are winners."

Fall open ends with 12 in winner's circle

The results of the Marshallia Ranch fall open are as follows:
Overall winner in the gross division (without handicap): Dave Jarrell with a total of 149 (74-75)
The Overall winner in the net division (with handicap): Al Wong who had a total net score of 137 (70-67).

Winners in each flight were:
Championship flight gross division, Dave Jarrell
Net division, Chris Denz
First flight gross division, Tom Williams
Net division, Hank Becker
Second flight gross division, Mits Fujita,

Net division, Al Wong
Ladies flight gross division, Lita Simerson,
Net division, Ernie Hayne
Closest to Pin Winners were:
Hole No. 3, Suzi Meyer
Hole No. 7, Billy Creame
Hole No. 13, Ralph Reiger
Hole No. 17, Preston Davidson



American League Flag Football

Team	Wins	Losses
LRS	4	3
CES No.2	5	4
OG/ SCS	1	8
SW	6	1
SFS	4	4

Sports Briefs

SCUBA DIVING

Scuba diving classes start Oct. 30 and cost \$175. All books, materials equipment and certification cards will be provided. This is a fully certified PADI Scuba Course. Call Bob Johnson at (805) 452-6218 for more information.

CGO COURSE RUN

The Company Grade Officer Course run is at 3:30 p.m. Wednesdays at the obstacle course. Call 2nd Lt. Korinne Houston at 605-0782.

BODY CONDITIONING

A total body conditioning class is held from 5:30 to 6:30 p.m. Wednesdays at the Services Center.

SOCCER TOURNAMENT

A 5-on-5 Soccer tournament takes places today at 6 p.m. in the base field.

INDOOR CYCLE

An indoor cycling class is scheduled for Saturday from 8 to 8:45 a.m. at the Services Center.

FITNESS CONTEST

The 'Walk Your Way Through the Holidays' fitness contest begins Monday and runs through Dec. 19. Sign up at the fitness or health and wellness center.

TENNIS TOURNAMENT

A tennis tournament is at 10 a.m. Nov. 8 at the base tennis courts

Journey to the past at La Purisima mission

By 1st Lt. Michelle Mayo
30th Space Wing Public Affairs

I love old buildings. There's something about them that stirs the imagination. I can let my thoughts roam free and wander back into years past.

At La Purisima mission, the journey back in time took me to the 18th century – once I got out of the modern, paved parking lot of course.

First you cross a small bridge over a trickling stream to get from the rickety visitor's center to the mission itself.

Bring a hat and sunglasses, because the enclave of trees near the bridge is the only shade you'll encounter until you get to the mission buildings. Granted, it's only a short 10-minute walk, but if you go on a hot, sunny day like we did, the glare is intense and the sunglasses are definitely helpful.

There are animal pens off to the right before you get to the mission buildings. The 20 or so sheep and several bulls kept



PHOTOS BY 1ST LT. MICHELLE MAYO

The Sanctuary in the La Purisima Mission has not changed much in its 200 year history.

there now are a far cry from the nearly 20,000 animals that used to live on the mission grounds in the early 1800s.

At its height in 1820, the mission supported 874 people but could provide for more than 1,000.

One of the things I loved about the mission was the "open" feeling it had to it. There was a sacristy chest from 1799 in one of the rooms out in the open with no barriers to it. There were signs asking visitors not to touch it, but you could get up close to it and study the detail.

The rooms of the mission are

set up in the manner they would have been when the mission was in use. Placards explain who used the rooms and how.

You can see the difference in quality of life of the majordomo and the five squad-soldiers. You also get to explore rooms in which the mission people made tallow candles, wove rugs and blankets and performed carpentry work. My favorite room, as it almost invariably is in any building, was the library.

My family and I packed a lunch and sat in the courtyard behind the first building. It was much cooler in the shade there

and we ate while listening to the clucking chickens that are kept in a cage in the courtyard. If you go as a couple, there are benches in an outside garden where you can sit and enjoy lunch. The benches are spread apart so they aren't good for groups of more than three.

There's a small museum on the grounds that exhibits various artifacts from mission days in glass cases, including the mystery of the broken pottery.

Apparently several pieces of valuable pottery were hidden and buried for years. When the undisturbed burial site was dug



The mission's confessors knelt outside the confessional to request forgiveness for their sins while the priest sat inside.

up, several of the pieces were broken and missing. Perhaps you can solve the mystery.

The mission hosts a variety of events and reenactments, but most are on hiatus until the spring.

Two upcoming events, which sound like they will be fun and may add another dimension to a visit to La Purisima mission, are a concert and Village Days.



Five of the soldiers who protected the mission lived in austere conditions in what's called El Cuartel.

One is a free concert by the Lompoc Music Association Oct. 19 from 3 to 4:30 p.m. The concert itself is free, but you'll still have to pay the \$4 state park entrance fee. During Village Days, visitors will have the opportunity to grind acorns, make baskets, help build a tulle house and play Chumash Native American games. The last Village Day of the year is Oct. 25 from 11 a.m. to 2 p.m.

Visitors can also take guided tours Monday, Thursday and Friday at 2 p.m. and on the weekends at 11 a.m. and 2 p.m.

LA PURISIMA MISSION

The California state park is only about a 15-minute drive from the base.

Leaving the main gate, turn right on Highway 1.

Continue straight on Purisima Road rather than turning right into Lompoc.

La Purisima Mission is on the left past Rucker Road.

Community Calendar

24
FRI

15th Annual Texas Blowout – 11 a.m. to 4 p.m. today at Cocheo Park. Events include jail, fear factor, horse ropin' and horseshoe throwing. Cost is \$7 and covers food and drinks. Proceeds raised support Operation Kids' Christmas. For more information, call 606-2184.

Youth basketball scholarships – Applications are located at the youth center and base library.

Bundles for Babies – 2 to 4 p.m. today at the family support center. Expecting parents learn parenting skills and meet other expectant parents. Call 606-0039.

Girl Scouts Go Nuts sale – through Nov. 1. To find a troop, call (888) 824-7747 ext. 105.

Test taking prep class – Register with the education office at 605-5900 by Oct. 30.

24
FRI

Cell phone collection – Family Advocacy is collecting used cell phones and accessories to be recycled for people involved in domestic violence. Collection boxes are located at the commissary, base

24
FRI

exchange and medical clinic. Call 606-8217.

Low walk-up fares – American Airlines expanded its military fares to next fall. The fares include no advance-purchase requirements and no change fees. Call (800) 433-7300.

Annual Haunted Trail – 6 to 11 p.m. Fridays and Saturdays through Oct. 31. The trail starts at the corner of Washington and Oceanview boulevards. 6 to 7 p.m. is a less-scary family hour.

Hunters Against Hunger – donate wild game to the needy. Call 606-6804.

Hebrew, Bar Mitzvah – classes are available. Call 734-3311.

Free car seats – to E-4 and below. Call 606-5338.

Space and Sea Girl Scouts – accepts members ages 6 to 18 and needs adult volunteers. Call 606-1119.

24
FRI

The Vandenberg Airmen's Attic – needs donations of items necessary to set up a household. The program is open to military personnel E-5 and below

24
FRI

with an Air Force Form 552 from their first sergeant. Call 606-5484.

G.I. Java seeks musicians – G.I. Java wants local musicians to play at the coffeehouse during business hours. Solo performers and bands are welcome. Call the Chapel at 606-5778 for an audition.

Dads-to-New Dads and Moms-to-New Moms programs – These mentorship programs offer support to new moms and dads. Call Nancy Sias at 606-5338.

27
MON

Lompoc Pops military tribute – 7:30 p.m. Monday at 500 E. North Ave. in Lompoc. Purchase tickets at the Lompoc Valley Chamber of Commerce, Santa Barbara Bank and Trust, and the Lompoc Museum. Call 735-6463 for more information.

Newcomer Orientation – Monday 8:30 to 11:45 a.m. at the Pacific Coast Club. Learn about Vandenberg and its programs. Call 606-0039.

Relaxation room – 8:30 a.m. to 3:30 p.m. Monday through Friday at the Vandenberg Health and Wellness

28
TUE

Center. Call 606-2221 for an appointment.

Single Parents Support Group – 11:30 a.m. to 1 p.m. Tuesday at the Services Center. Call 606-0039.

Vandenberg Retiree Activities Center – Open 10 a.m. to 2 p.m. Tuesday through Friday in building 10346 in the base exchange shopping center. Call 606-5474 for more information.

Financial planning – 11 a.m. to noon Tuesday at the family support center. The workshop teaches how to create a financial plan to meet daily and future needs. Call 606-0039.

Sponsorship training – Tuesday 3 to 4 p.m. at the family support center. Learn sponsorship responsibilities, relocation resources, and tips to assist newcomers. Call 606-0039.

28
TUE

Sign language classes – 3 to 3:50 p.m. Tuesdays and Thursdays beginning Oct. 28 at the education center room E-4. The class is for children in first through third grades. Call (805) 929-

28
TUE

6902.

Baby Meet – 9 a.m. Tuesdays and Thursdays at the religious education center, building 16140. Baby Meet offers discussion and socialization for expectant parents and those with babies newborn through two years old. Call 734-1461.

29
WED

Resume writing workshop – 9 to 11:30 a.m. Wednesday at the family support center. Call 606-0039.

Playtime for Tots – 10 a.m. Wednesdays at Cocheo Park. The playgroup is for parents and children ages two to five. Call 734-2098.

29
THU

Catholic fellowship – noon Wednesdays at Cocheo Park following 11:30 a.m. mass at Chapel 2.

Risk reduction classes – 2 to 4 p.m. Thursdays at the HAWC. Call 606-2221 to sign up.

Women, Infants and Children – 8 a.m. to 4:30 p.m. Thursday at the family support center. Call 606-0039 or 737-6470 for an appointment.

Harvest Celebration – Thursday – Nov. 1 in San Luis Obispo.

31
FRI

Participants visit area wineries and restaurants tasting gourmet foods and wines. For more information, call the SLO chamber of commerce at (805) 781-2777 or visit www.visitslo.com.

CGOC golf tournament – 11 a.m. registration Oct. 31 at Marshallia Ranch Golf Course. Cost is \$20 plus greens fees for the shotgun start tournament. To sign up, call 2nd Lt. Joshua Baltz at 606-2749.

NOV
5
WED

Certified Nursing Assistant workshop – noon to 1 p.m. Nov. 5 in the Allan Hancock College Santa Maria campus student center. Call (866) 342-5242 ext. 3773.

8
SAT

Military appreciation night – 5 p.m. Nov. 8 at Righetti High School football stadium. Events include a free tailgate party and barbecue for all active-duty military and their families. Uniform wear is encouraged. A 7 p.m. college football game features Allan Hancock vs. Moorpark.

17
MON

Operation Baby Launch – 5 p.m. Nov. 17 at the clinic auditorium. Call 605-8254.

Movie Corner

Hi-Way Drive-in
Santa Maria Ph. 937-3515
GEN. ADM. \$5 KIDS 4-11 \$1

SCARY MOVIE 3 PG-13 7:00 p.m.
INTOLERABLE CRUELTY PG-13

Parks Plaza Buellton
Buellton Ph. 688-7434

SCHOLL OF ROCK PG-13
DAILY 2:00-4:30-7:00 FRI. 9:30 SAT-SUN
11:30-9:30

INTOLERABLE CRUELTY PG-13
DAILY 2:15-4:45-7:15 FRI 9:30 SAT-SUN
11:45-9:30

SCARY MOVIE 3 PG-13
DAILY 2:15-4:45-7:15 FRI 9:30 SAT-SUN
11:45-9:30

RADIO PG
DAILY 2:00-4:30-7:00 FRI 9:30 SAT-SUN
11:30-9:30

RUNAWAY JURY PG-13
DAILY 2:00-4:30-7:00 FRI 9:30 SAT-SUN
11:30-9:30

Call Edwards Santa Maria 10 for movie listings (800) 326-3264

Movies Gemini
Lompoc Ph. 736-1306

UNDER THE TUSCAN SUN PG-13
DAILY 4:45-7:15-9:30 SAT-SUN 11:30-9:30
TEXAS CHAINSAW MASSACRE
DAILY 4:30-7:00-9:30 SAT-SUN 11:30-2:00

Movies Lompoc
Lompoc Ph. 736-1558

SCARY MOVIE 3 PG-13
DAILY 4:45-7:15-9:30 SAT-SUN 11:45-2:15

RUNAWAY JURY PG-13
DAILY 4:30-7:00-9:30 SAT-SUN 11:30-2:00

KILL BILL R
DAILY 4:30-7:00-9:30 SAT-SUN 11:30-2:00

RADIO PG
DAILY 4:30-7:00-9:30 SAT-SUN 11:30-2:15

General Admission \$7 Kids and seniors
\$5 All shows before 5:30 p.m. \$5. Movies
and times subject to change

Vandenberg Thrift Shop

The Vandenberg Thrift Shop is open Tuesdays, 9:30 a.m. to 2 p.m. and Thursday, 11 a.m. to 6 p.m. Call 606-3128 to find out more.

The shop is located next to the skills development center in Bldg. 11180. They always need volunteers.

The Vandenberg Food Pantry

Needs food donations

Items needed are:

sugar, Bisquick, pasta sauce, pancake mix, Hamburger Helper, evaporated milk, Chicken Helper, baby wipes, crackers, soups, complete meals, macaroni & cheese, brown sugar, canned vegetables, rice, flour, pasta, peanuts, mixed nuts, tuna, peanut butter, jelly, diapers; sizes 3, 4, 5, juice boxes, cake mixes, frosting, canned fruit and vegetables



The food pantry is located behind the family support center. For more information on hours of operation, call 606-2960.

30th Services News

GOLF COURSE

PRECEPT GOLF Demo Day

Nov. 1 • 9:30 a.m. to 2 p.m.

This is an excellent opportunity for golfers to come out and try the golf equipment from Precept Golf Company. Precept Golf will give away golf balls to those who try their equipment. There is no charge for this demo. Precept will have clubs for every golfer. See you Nov. 1 at the Marshallia Ranch driving range.

Today
YMCA Shotgun Tournament
12:30 p.m. Open play shotgun, 7:30 a.m.

Saturday
Men's Club Tournament
8:08 to 9:30 a.m.
Organizational Tournament
10 a.m. to 12:30 p.m.

Sunday
Men's Club Tournament
8:08 to 9:30 a.m.

Monday
Course closed
Call for more information at 606-6262.
No Federal Endorsement Intended.

V.I.T.T

Pick one up today!

2004 DISCOVERY DINING BOOKS

Available at the Services Center for \$19.95.

FITNESS CENTER

★ VAFB 1.5 Mile SPIRIT RUN ★

Tuesday, 2 p.m.

parade grounds

Call Rod Paronto at the fitness center for more information at 606-3832.

★★★★★★★★★★★★

Today
5-on-5 soccer tournament, 6 p.m.
Oct. 31
Pumpkin Fun Run, 5K/10K, noon

YOUTH SPORTS

YOUTH BASKETBALL BOYS, GIRLS & CO-ED

Don't miss out! Registration ends Oct. 31 (or until teams are full.)

Monday-Friday, 7 a.m. to 5 p.m., youth center
\$55 (\$50 w/ youth center membership)

We invite you to volunteer for division commissioner, coach, or time/equipment manager. Call the youth center at 606-2152. Sign up early so you don't miss out! Teams are limited due to limited available space.

YOUTH CENTER

VANDENBERG YOUTH ACTIVITIES PROUDLY PRESENTS

The Dragon's Lair Experience this interactive adventure!

Admission is \$4
First 100 kids ages 12 and under get a FREE PUMPKIN!

Performances Oct. 27 to 30
6 to 9 p.m.

Fitness Center Annex
For more information, call the youth center at 606-2152.

Sponsored by:
WAL*MART
ALWAYS LOW PRICES Always of Santa Maria
No Federal Endorsement Intended.

Pacific Coast Club



Come to the club for a

Spooky good time!

Oct. 31

in both lounges
party starts at 7 p.m.

DRINK SPECIALS

COSTUME CONTEST

- Pasta Buffet
- FREE Goodie Bags for the kids!

OPEN TO ALL VANDENBERG FAMILIES!

Spooky Family Night

Oct. 30 • 6 to 8 p.m.

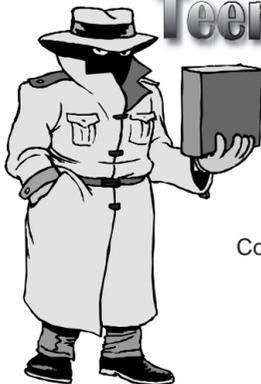
at the Pacific Coast Club

Any 'kid' 1-to-100 years old in costume receives a free dessert!



LIBRARY

Teen Mystery Month



Saturday

6 p.m. • Base Library

All kids are welcome!

Call 606-6414 to sign up (participants must sign up)

Come be a detective to solve the mystery of who does in the music librarian. This is a dinner theatre production of "Rock 'N Roll Over Dead" Free pizza and soda will be served. Call 606-6414 to sign up today!

FITNESS CENTER

Spin on a Schwinn and Win!

Nov. 3 to Dec. 19



The Fitness Center will demo a new stationary bike from Schwinn, and you have a chance to take it home!

All you need to do is a 10-minute workout on the bike, then tell us what you think with a quick survey and you'll be entered in the drawing for the demo bike! (One entry per person / Drawing will be held Dec 20th)

Nautilus SCHWINN FITNESS StairMaster Quinton
No Federal Endorsement Intended.

NOTICE: AQUATIC CENTER Swimming Pool is closed through Oct. 31 for resurfacing of the baby and main pools.

CLUB / BOWLING CENTER



PARTIES

Bring in the New Year with Services!

Surf Lanes Bowling Center and the

Pacific Coast Club host

special events to welcome in

2004



NEW HOURS!
Begin Sunday

Sunday 5 to 8 p.m. • Mon-Thur - 5 to 9 p.m.
Friday - 10 p.m. • Saturday - 5 to 9 p.m.