

Base Briefs

EAGLE EYES

The Air Force's Eagle Eyes program is a community based defensive program combating terrorism. Team V members are encouraged to keep an eye out for suspicious behaviors and report them immediately. To report any unusual behavior, call the Air Force Office of Special Investigations at 606-1852 or the law enforcement desk at 606-3911.

BLOOD PRESSURE

The Vandenberg Fire Department conducts community blood pressure checks from 8 to 9 a.m. Oct. 1 at stations 2 and 5. Call Staff Sgt. Jeff Cerri at 606-3217 for more information.

COMMITTEE MEMBERS

The 30th Space Wing Military Equal Opportunity office seeks interested Team Vandenberg members to chair the 2003 Native American Heritage Month committee. Call the MEO office at 606-0370 for more information.

TRAINING VIDEOS

Vandenberg Fire Prevention has new training videos for check out. The videos fulfill annual fire safety training requirements. Topics include fire extinguishers, fire drill, fight or flight, Call 9-1-1, Help!, Smokey's fire safety tips, lessons for life, office fire safety and holiday fire safety. The videos can be checked out for two days. To reserve a copy, call 606-4608 or stop by Fire Station 2, building 10660.

NEW OFFICE HOURS

The 30th Comptroller Squadron customer service section begins new hours Oct. 1.

Monday, Tuesday, Thursday and Friday: 8 a.m. to 5 p.m.

Wednesday: 10 a.m. to 5 p.m.

All of 30th CPTS is closed Wednesday from 8 to 10 a.m. For more information, call 606-4630.

COUPONS

The Defense Commissary Agency no longer accepts home-printed coupons as the grocery industry comes to terms with the fraudulent use of Internet coupons. Manufacturers coupons that are received in the mail or clipped from newspapers or magazines are still accepted.

UNIFORM UPDATES

The new metallic nametag will be mandatory beginning Jan. 1, 2004. Units will provide one initial issue nametag for enlisted members.

GATE CLOSURE

The Solvang Gate is closed through Jan. 19. The gate is closed while civil engineers complete construction on the 13th Street Bridge. Call the 30th Security Forces Squadron at 605-2585 with questions.

NCS PROGRAM

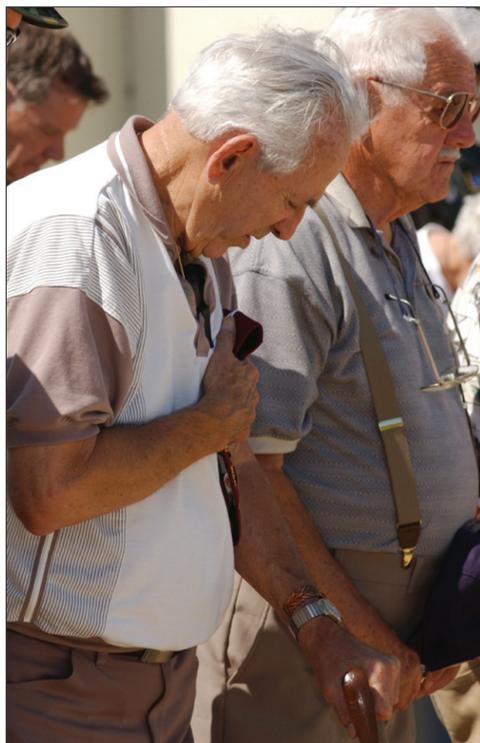
One percent of new

See BRIEFS Page A2

Team V remembers POWs, MIAs



PHOTOS BY STAFF SGT. EDWARD BRALY



Remembrance

Clockwise from top left: Vandenberg's Honor Guard volleys a 21-gun salute during the base's annual POW/MIA Day recognition ceremony held here Sept. 19. As guest speaker for the event, retired Lt. Col. Loren Jackson shares his experiences as a former prisoner of war. Jackson was a B-17 pilot who was shot down over France during World War II. To conclude the ceremony, members of the 30th Security Forces Squadron here reenact the rescue of airmen held POW. One family leaves roses at the base of the memorial in tribute to all the men and women held POW or missing in action. Former military members from throughout California's Central Coast gather here to remember those held POW or MIA.

Vandenberg officials gear up for future programs

By AIRMAN JUANIKA GLOVER
30th Space Wing Public Affairs

■ The story about the grasshopper and the ant has an ending moral, which proves that sometimes preparation is the key to survival. While the ant had plenty to eat throughout the harsh winter, the grasshopper, who didn't plan for the future was starving. Team V officials are using those same basic instincts to prepare for the future of Vandenberg AFB.

Military members and civilians gathered Monday to discuss future programs here. The planning looked as far out as six years into Vandenberg's future. The briefing covered everything from improving established programs to implementing new ones.

According to Gregory Caresio, 30th Space Wing Plans office, his office provides

the wing commander, each group commander, and other interested squadrons and government contractors an overview annually of the new programs on the horizon for Team V.

"The purpose of the briefing is to inform the entire wing of the potential requirements these unique (programs) have and the potential impact they may have on our resources," Caresio said.

Vandenberg can expect to see several changes that will enhance its mission capabilities. Some programs that are in the works include bringing in a new customer, the Missile Defense Agency, Caresio said.

"MDA is eating our lunch. They have proposed over 12 new launch and test programs to Vandenberg," said Caresio. Many have already been tested, such as the

Orbital Suborbital program target launch vehicle, booster verification and Taurus Lite.

"Not to mention MDA has presidential direction to activate an operational missile defense system by Oct. 1, 2004," Caresio added. "(Officials) announced that the Atlas V program will be returning to Vandenberg with a first scheduled launch in 2005 from (Space Launch Complex)-3East"

Along with MDA, other projects are being planned for Vandenberg's future.

"Change is already happening at Vandenberg which will impact everybody on this base," Caresio said. "The army has a field office resident here. We will be testing intercept vehicles from (the base) and multiple companies are trying to get approvals to place wind power energy on various locations of the base.

"Two new launch vehicles will begin flying from Vandenberg within the next 18 months, along with a new commercial space launch vehicle and a new high-technology program like the Airborne Laser," he said.

Although Vandenberg supports programs as far out as two to six years, some programs such as reusable launch vehicles are supported and planned as far out as 10 years, he said.

"All the airmen of the 30th Space Wing are involved in some way with each program that comes to the wing," he said. "Everything from ensuring that a lifting procedure is done correctly on the pad, to installing telephone lines to a remote facility on North Vandenberg, to assuring the wing

See FUTURE Page A4

Barcode scanner promises speedier deployment processing

By MASTER SGT. RANDY MITCHELL
Air Force Personnel Center PA

■ AIR FORCE PERSONNEL CENTER – A new technology, similar to what grocery aisle workers use to inventory store shelves, may soon eliminate long in-processing lines at deployed sites.

The handheld scanner initiative currently being tested allows personnel support team members to scan ID cards of military members as they get off the aircraft arriving at a deployed location,

reducing waiting time from hours to minutes.

This initiative will enable combatant commanders to account for the whereabouts of each deployed person in 'real time,' according to Col. Bruce Lovely, chief of the personnel readiness division here.

"This system will help ensure the right people – with the right experience and specialties – are at the right place, at the right time for mission accomplishment," Lovely said.

The scanner, officially known by the acronym BATMAN, can read the two-dimensional barcode on the front of the common access card, or the one-dimensional barcode on the back. The system can also read the old green or red ID cards, ensuring 100 percent accountability no matter what ID card someone may deploy with, said Rosemary Flores, a program manager with the project.

Recently, a two-man Personnel

See PERSCO Page A4

14th AF quarterly award winners

■ Congratulations to the following men and women selected for 14th Air Force awards in the second quarter:

The winners are:

1st Lt. Matthew Vincent, 21st Space Wing, Company Grade Officer of the Quarter

Master Sgt. Amy Coffman, 50th Space Wing, Senior NCO of the Quarter

Staff Sgt. Travis Goodman, 30th Space Wing, NCO of the Quarter

Senior Airman Alex Wilkerson, 30th SW, Airmen of the Quarter

Joyce Woody, 460th Air Base Wing, Civilian of the Quarter (category I)

Salvatore Noto, 45th Space Wing, Civilian of the Quarter (category II)

Theodore Watson, 460th ABW, Civilian of the Quarter (category III)

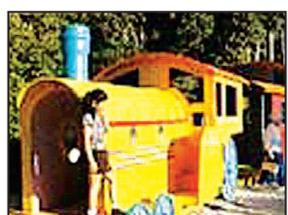
In this issue of the



Also view
The Space & Missile Times at
www.vandenberg.af.mil and click the Space & Missile Times button.



Team Vandenberg youth spend time learning how to be safe during a fire at Kids Fire Camp here. See Page A6.



Destinations Central Coast makes bubbles at the San Luis Obispo Children's Museum. See Page B1.

Weekend forecast
Morning and afternoon clouds
Saturday and Sunday.



For a full Vandenberg weather report, visit
www.vandenberg.af.mil/30sw/organizations/30og/weather/weather

This Week in History ...

COMPILED BY AIRMAN JUANIKA GLOVER
30th Space Wing Public Affairs

September 22

1776 – American Patriot executed for spying. Nathan Hale, a captain in the Continental Army, is executed by the British for spying. He crossed behind British lines on Long Island to spy on the British.

While returning with the intelligence information, British soldiers captured Hale and charged him with espionage. He was hanged without trial the next day. Before being executed, Hale said, "I only regret that I have but one life to lose for my country."

1980 – Iran-Iraq War. Long-standing border disputes and political turmoil in Iran prompt Iraqi President Saddam Hussein to launch an invasion of Iran's oil-producing province of Khuzestan. In 1982, Iraq voluntarily withdrew and sought a peace agreement, but the Ayatollah Khomeini renewed fighting. In 1988, Iran agreed to a cease-fire.

September 23

1846 – Eighth planet discovered. German astronomer Johann Gottfried Galle discovers the planet Neptune from the Berlin Observatory.

1806 – Lewis and Clark return. American explorers Meriwether Lewis and William Clark return to St. Louis, Mo., from the first recorded overland journey from the Mississippi River to the Pacific coast and back. The expedition had set off more than two years before to explore the territory of

the Louisiana Purchase.

September 24

1789 – The First Supreme Court. The Judiciary Act of 1789 is passed by Congress and signed by President George Washington, establishing the Supreme Court of the United States as a tribunal made up of six justices who were to serve on the court until death or retirement.

September 25

1957 – Central High School Integrated. Under escort from the U.S. Army's 101st Airborne Division, nine black students enter all-white Central High School in Little Rock, Arkansas. Three weeks earlier, Arkansas Governor Orval Faubus had surrounded the school with National Guard troops to prevent its federal court-ordered racial integration. After a tense standoff, President Dwight Eisenhower federalized the Arkansas National Guard and sent 1,000 army paratroopers to Little Rock to enforce the court order.

1789 – Bill of Rights passes Congress. The first Congress of the United States approves 12 amendments to the U.S. Constitution, and sends them to the states for ratification. The amendments, known as the Bill of Rights, were designed to protect the basic rights of U.S. citizens.

September 26

1960 – First Kennedy-Nixon debate

For the first time in U.S. history, a debate between major party presidential candidates is shown on television. The presidential hopefuls, John Kennedy and Richard Nixon, met in a Chicago studio to

discuss U.S. domestic matters.

1996 – Shannon Lucid returns to Earth. U.S. astronaut Shannon Lucid returns to Earth in the U.S. space shuttle Atlantis following six months in orbit aboard the Russian space station Mir.

September 27

1964 – Warren Commission report released. The Warren Commission report on the assassination of President John Kennedy is released after a 10-month investigation, concluding that there was no conspiracy in the assassination, either domestic or international, and that Lee Harvey Oswald, the alleged assassin, acted alone.

1864 – Unarmed Yankees are massacred in Centralia. A guerilla band led by William "Bloody Bill" Anderson sacks the town of Centralia, Mo., killing 22 unarmed Union soldiers before obliterating 120 pursuing Yankees.

September 28

1542 – Cabrillo encounters California. Portuguese explorer Juan Rodríguez Cabrillo sails into present-day San Diego Bay during his explorations of the northwest shores of Mexico. It was the first known European encounter with California.

September 29

1988 – American woman climbs Everest. Stacy Allison of Portland, Ore., becomes the first American woman to reach the summit of Mount Everest, which at 29,035 feet above sea level is the highest point on earth.

Halt!



PHOTO BY STAFF SGT. CHUCK WALKER

Airman 1st Class, Jesse Escobar, 30th Security Forces Squadron, instructs a simulated intruder to assume the prone position during challenging and handcuffing training here Wednesday.

BRIEFS:

From page A1

Airmen will be able to sign up for a 15-month enlistment as part of the National Call to Service Program. The congressionally mandated program is designed to let people serve their country who might otherwise shy away from a regular four- or six-year active-duty

enlistment. The 15-month obligation does not begin until the airman completes basic military training and technical training school.

OSI RECRUITING

The Air Force Office of Special Investigations is actively recruiting new agents in grades E-4 through E-7 with less than 12 years total active federal military service. First-term

airmen must be within their retraining window in order to apply. A cross-flow board is scheduled for November 2003 for active-duty officers in grades O-1 through O-3. Call special agent Casey Fitzpatrick at 606-1852 for more information.

VOLUNTEERS NEEDED

Officer volunteers are needed for Fresno State University's Reserve

Officer Training Corps Career Day from 3:30 to 6 p.m. Oct. 16 at Fresno State University. Personnel in space and missile operations, security forces and intelligence are needed. Call public affairs at 606-3595 to volunteer.

VIRTUAL MPF

Military members can view their personal information online. Applica-

tions include the virtual record of emergency data, verification record, duty history, assignment information and reenlistment information. The military personnel flight offers training classes for the virtual military personnel system.

For more information, send an e-mail to catherine.braxton@vanderberg.af.mil and sign up for one of three introduction classes.

SPACE & MISSILE TIMES

Editorial Staff

Col. Frank Gallegos
30th Space Wing commander
Maj. Stacey N. Bako
Chief, Public Affairs
2nd Lt. Theresa Cunningham
Chief, Internal Information

Staff Sgt. Rebecca Danét

Editor

1st Lt. Michelle Mayo
Airman 1st Class Bryan Franks
Airman Juanika Glover
Senior Airman Brian Hill
Tech Sgt. Mark McKinney
Staff Writers
Staff Sgt. Edward Braly
Photographer

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Send submissions to: 30SW/PA, 747 Nebraska Ave., Room A-105, VAFB, CA 93437; via fax at DSN 276-8303 or commercial (805) 606-8303; or by e-mail to Space&MissileTimes@vanderberg.af.mil

For information about the Space & Missile Times, call the staff at (805) 606-2040.

Comment...

Supervisor's involvement crucial to airmen recognition, retention

Commander advises mentoring as key to airmen's success

By Col. Frank Gallegos
30th Space Wing commander

Supervisor involvement is a key to success when trying to unleash the talent of our airmen. There are many tools we use to take care of our airmen.

We spend money on quality of life initiatives, like base housing and G.I. Java, we construct skate parks, host recognition programs and take measures to balance work, family and fun for all airmen on base.

But a crucial way we can take care of our airmen is also the simplest. It's through supervisor's direct involvement in the professional and personal life of the airmen who work for them.

This involvement can take many forms from mentoring, career counseling, advising on a personal situation and in general just showing you care.

What this also includes though, is the timely submission of performance reports and decorations to make sure airmen get the recognition they deserve!!

A record that doesn't have a current performance report on top or a weighted airman promotion system score without

decoration points could cost a deserving airman a promotion.

In my first commander's call I challenged you all to never walk by an opportunity to lead.

As a supervisor and therefore a leader of airmen, you have a responsibility to those you lead and to the Air Force because supervisor involvement is crucial to our service's future success and its ability to retain a quality force.

While we as a service are doing well when it comes to recruiting, we still lose quality people.

There is no one solution to solve every problem and make everyone stay, but today's Air Force has done more and gone farther than ever to try and tip the scale toward getting people to choose to stay with us.

If you think back to when you decided to sign up, you may or may not have had specific goals in mind.

If you ask new recruits today why they joined, you'll come back with as many reasons as people you ask.

But when asked why people stay, the reasons are fairly common. Supervisors are one of the reasons people decide to

stay or go.

If you are a supervisor, you are critical to retention, period. All I ask is that you never walk by an opportunity to lead and set the example by ensuring our airmen are taken care of when it comes to recognition, feedback, and performance reports.

Just do the right thing and retention will take care of itself.

I know there isn't one thing that will convince everyone to stay. Each one of us is different and motivated by different ideals and values.

But with your help the Air Force will be able to keep its most prized resource; it's people!

During a recent Chief of Staff of the Air Force survey, when asked why people were planning to separate, many airmen answered "because no one asked me to stay."

If warranted, don't let that be the case with the people you lead. Recognize and encourage your airmen to succeed in today's Air Force.

With an educated, trained and motivated force, we can do anything. Go Hawks!



Col. Frank Gallegos
commander

Commander's Action Line

Call 606-7850

or

E-mail your message to
actionline@vandenber.af.mil

By performing Vandenberg's mission safely and effectively, Team V provides proof of its commitment to do the right thing.

Two-way communication is paramount to continued mission success. The 30th Space Wing Commander's Action Line is your direct link to me.

Through the action line you can congratulate your teammates on a job well done, affect change and express productive points of view.

I want your input and I am personally involved in every response.

The action line is always available and it's an excellent tool, but remember to use your chain of command. Talk to your supervi-

sors, first sergeants, services officials and other base professionals and give them a chance to solve your problem first.

Working together, we will enrich the 30th SW mission performance and the quality of life of our airmen.

When calling the action line, leave your name and phone number in case more information is needed.

I know this is usually an area where people raise concerns for problems they see, but I have a good comment to make.

I've noticed a lot of sharp personnel exhibiting a lot of professionalism at the main gate.

I wanted to pass on that our security forces are doing a great job there..

Thank you for taking time out of your busy schedule to pass on these kind words. It is refreshing to hear people who are willing to take the time to provide a positive word.

You can be assured I will pass along your message to our airmen and soldiers at our gates who are doing a critical job. Thanks again.

Commander reflects on Vandenberg's past, present

By Lt. Col. Dave Thompson
2nd Space Launch Squadron commander

I have passed them hundreds of times by now, the Army tank on the corner of California Boulevard and Nebraska Avenue, and the replica of the P-40 fighter plane standing outside the headquarters building. I've been by them so often they don't even register consciously anymore.

I've long since stopped thinking about them, and the questions I had when I first arrived on base. "A tank on an Air Force base? An airplane from World War II? Hasn't this always been a launch base?"

I've often marveled at our fascination with the past, especially as members of the armed forces. Historic aircraft and other displays can be found on just about every installation. Air Force history is part of every professional military education course, and we regularly celebrate anniversaries of significant events. This year, for example, we're celebrating the Centennial of Flight, one hundred

years since the Wright brothers first flew at Kill Devil Hills, N.C. The Golden Anniversary of the space age will soon be upon us as well.

Does this connection to the past make us better airmen? Does it help us better accomplish our mission?

Does it make a difference when you're stacking a booster, attending to a patient at the clinic, or pulling duty at the gate?

As a matter of fact, it does. The displays, celebrations, and even the customs and courtesies we practice every day connect us to a common heritage, to the men and women before us who forged and shaped the world's greatest air and space force, and ultimately to each other.

There's a great example sitting quietly on south Vandenberg right now.

Out on Space Launch Complex-4 West, the last Titan II rocket scheduled for launch is being readied for flight.

Many will gather on launch day to watch the spectacle as it carries a critical military weather

satellite into orbit, but few will know the history of this warbird and the heritage it represents.

This particular Titan II rocket, we call it G-9, was manufactured in 1966 and served as a key part of the nation's nuclear deterrent force at Davis-Monthan AFB until the 1980s. As a "Silent Sentinel," it helped win the Cold War.

When Titan IIs were pulled from alert, G-9 and thirteen other Titan IIs were refurbished as launch vehicles.

But in its day as an intercontinental ballistic missile, G-9 was touched by thousands of our predecessors; the missile crews who sat alert, the maintainers who kept it ready, the security forces who protected it, the logisticians and others who provided support.

One can recite the history behind G-9, when it was made, how long it sat alert, it's long and exciting saga as a launch vehicle, but the real G-9 story is one of the determination, sacrifice and character of the airmen who touched it over the years, coming together to accomplish the

mission they had been given.

They were building a part of the legacy we honor as airmen today. Few if any thought about the legacy they were building. They knew they had a mission to accomplish. They knew the nation was counting on them and they knew the stakes were high. But those cold warriors were also living up to a legacy forged by the heroic deeds and sacrifices of the airmen of the second World War, a legacy they were called on to sustain.

The monuments and celebrations remind us of all those airmen who have gone before, men and women like you and I, who answered when our nation called.

They remind us not just of our mission, but also of our responsibility to preserve, protect and build our legacy for tomorrow's Air Force.

So the next time you pass by one of those monuments to the past, remember the rich heritage we enjoy, and ask yourself if you're building a legacy for the airmen who will come after you. I know I will.



Letter to the editor...

I would like to thank everyone who helped make the Vandenberg Food Pantry drive Aug. 30 such a huge success. The generosity of the donations was overwhelming.

A special thank you to Chaplain (Capt.) Earnest Beeman, 381st Training Group, and the Air Education and Training Command students for all of their hard work in organizing and manning this event. Thank you very much.

Sincerely,
Jodie Blevins, Vandenberg Food Pantry manager



Team Vandenberg Warrior
Janet Hebert
381st Training Group

PHOTO BY STAFF SGT. EDWARD BRALY

Hometown: Lompoc, Calif.
Time in service: 24 years
Time on station: 4 years
Role in mission: Training development element chief
How do you contribute to the wing mission? As a

member of Air Education and Training Command, I am one of an incredible team of professionals who provides quality space training for the 1C6 and 13S career fields.
What do you like best about

the Air Force? I like the efforts of the Air Force community to provide support for Air Force families.
If you could change one thing about the Air Force what would it be? I would like to see AF

leadership be rewarded for "forward thinking." When our leadership is discouraged from taking risks, the natural progression of innovative ideas is suppressed from the bottom up. Ideally, leaders who are able to maintain good order and at the same time encourage creativity throughout the ranks should be lauded while their "status quo" peers are left in the dust - not the other way around.

How do you fulfill core values? I do what is right - even if it hurts.

What's the most exciting experience you've had so far in the AF? Instructing. Nothing has been as rewarding to me as seeing a student's expression when they understand a new concept that I've presented.

How would you improve life at Vandenberg AFB? Get our beaches back - full-time. A lot of energy and funds are expended each year for quality of life projects. Personally, a long walk on Surf Beach places all problems in proper perspective.
Who is your role model and why? I do not have a single role model. My life is so varied that

there are numerous friends, co-workers, and family members who possess admirable traits that I attempt to emulate when the situation is right.

Who is your favorite leader in history and why? I've always admired Colin Powell. From all accounts, he did not allow his humble beginning to stand in the way of becoming the respected leader that he is today. His service to our country has never seemed to be self serving.

Another individual I admire is Jackie Parker, the first female Air Force test pilot. I had the pleasure of meeting her a few years ago. She spoke of the struggle to establish acceptance and credibility for female pilots.

Favorite movie: Really my favorite movie is Willie Wonka and the Chocolate Factory. As a parent, I've always appreciated the movie's subtle emphasis on hard work, family, honesty, patience and "just dues" (both positive and negative).
Hobbies: camping, hiking, biking, dancing, stage plays, sewing, cooking, carpentry, and collecting carousel horses



Nov. 1 at the Pacific Coast Club. Stay tuned to Team Vandenberg Network and the Space & Missile Times for more details.

ALCON: Normal

A general condition reflecting responsible alcohol use. No alcohol related driving incidents have occurred recently and no additional external factors exist.

Days since last DUI: 6
DUI totals for the Year: 13
AADD saves this Year: 252

30th OG	1	14th AF	0
30th MXG	1	381st TRG	2
30th MSG	5	576th FLTS	1
30th MDG	0	Det. 9	1
30th SW	0	Others	2

Training Squadron earns AF Team Excellence award

By AIRMAN 1ST CLASS BRYAN FRANKS
30th Space Wing Public Affairs

■ The 533rd Training Squadron received one of five Chief of Staff Team Excellence Awards last week in Washington D.C. for its part in developing and maintaining the new Solid-State Phased Array Radar Trainer.

The 533rd shared the award with the 81st Training Support Squadron at Keesler AFB, Miss., for its joint efforts on the project.

Gen. Michael Moseley, vice chief of staff of the Air Force, presented the award to the team on behalf of Gen. John Jumper, Air Force chief of staff.

Only seven of the 29-member team responsible went to Washington for the competition.

Each of 15 teams gave a 15-minute presentation on their project followed by a 10-minute question and answer session, said Capt. Nikki Kissiar, 533rd TRS.

"I had no idea that this was going to be so much work," she said.

Five judges selected from across the Air Force judged the teams.

"... we should be proud of what we did. We know we've made a difference and our customer in AFSPC knows we've made a difference."

LT. COL. AUTHUR BEISNER
533RD TRS COMMANDER

"The thing that they liked about our project and presentation was that it was an innovative project," Kissiar said. It was also a low-cost solution and the team worked across the service in pursuing Keesler's input, she added.

"The judges said they had a difficult time choosing who would win," said Lt. Col. Authur Beisner,

533rd TRS commander.

All totaled, the 15 teams saved the Air Force around \$600 million dollars.

"I told our team, before the awards ceremony, that whether it works out for us or not, we should be proud of what we did. We know we've made a difference and our customer in AFSPC knows we've made a difference," Beisner said. "But victory did make it sweet. It was such a proud moment for me because I knew how much work my folks and the folks from Keesler put into it."

Gen. Donald Cook, Air Education and Training Command commander presented the team with the Chief of Staff Team Excellence AETC-level trophy during the awards ceremony.

The Chief of Staff Team Excellence Award recognizes outstanding team performance and promotes systematic process improvement.

The award also serves as a means to share best practices and promote mission improvement and cost savings.

FUTURE:

From Page A1

commander that the flight termination of a new commercial launch vehicle is going to work if and when the command is sent, touches the people of this base."

"Future planning is key to a successful and efficient wing," Caresio said. "We don't 'plan to fail' unless 'we fail to plan.' Advanced planning, if done correctly, allows each organization to provide feedback to us and can address issues early on which would allow us to make any alterations in range upgrades, communications, facility usage, etc."

Col. Frank Gallegos, 30th Space Wing commander also attended

the briefing. He gave his insight on how he saw planning as a part of Vandenberg's future.

"I've been involved with policy and planning for a large part of my career," Gallegos said, "I'm big into planning because I've seen it work."

As a result, the commander said he and other senior leaders are going to have an off-site meeting around the eighth and ninth of October so they can discuss and decide how best to set a path so that they can command their own future at least 10 years out and maybe more.

"I think it is really important (to plan) because old people like me haven't seen a fourth of what's going to happen during the next 20 years in space," the commander

said. "For all the young folks, you're going to see huge changes in what happens in this country as a result of the things we're doing here at Vandenberg.

"So I think it's critical that we need to be able to do the things that will set us up for success and we'll truly command our future here by making sure we have all those programs going and that we have some kind of client plan and mindset of what the future is going to be," he said.

"In terms of things that we do at Vandenberg; you name it. It's important to know what the future is going to be," Gallegos said. "I'm excited about it and I like these kind of things because I think these are the changes that will prepare us for the future.

Crimebeat ...

COMPILED BY MASTER SGT.

WESLEY ASLESON

30th Security Forces Squadron

**Sept. 18
Major vehicle accident – 8 a.m.**

An anonymous caller reported a major vehicle accident at the intersection of California Boulevard and Utah Avenue. Investigation revealed a civilian employee's Ford Windstar rear-ended a retiree's Ford pickup. Both drivers were transported to the Lompoc Hospital emergency room. The Windstar sustained major damage to the front. The pickup was not damaged.

Police assistance – 3:33 p.m.

A Vandenberg Middle School employee reported the parent of a student suspended from riding the school bus refused to pick her child up at the school after a request to do so. Child Protective Services and a Santa Barbara County Sheriff's Deputy responded to assist. The Deputy transported the child to his Lompoc home.

**Sept. 19
Unattended children – 1:58 p.m.**

An airman reported two unattended children at a home on Cameron Drive. The airman monitored the children until a parent, identified as an airman's wife, was located. The wife arrived at the home a short time later and took custody

of the children. The Family Advocacy Office and Child Protective Services were advised of the incident. Due to the airman's deployed status, his commander was briefed on the incident.

**Sept. 20
Drunk driving – 3:32 a.m.**

A patrolman suspected an airman of drunk driving after stopping him adjacent to the Timber Lane Gate for a traffic violation. The airman failed a field sobriety test. His breath alcohol content was .10. He was released to his commander.

Suspicious person – 2:54 p.m.

The Santa Maria Gate sentry reported a suspicious bicyclist taking pictures of the installation. Patrolmen contacted the subject, identified as a German tourist. He said he was sight seeing. He was interviewed and released.

**Sept. 21
Illegal hunters – 6:10 a.m.**

A Vandenberg Fire Department dispatcher reported California Fish and Wildlife officers detained two non-base affiliated civilians on base at Miguelito Canyon Road and Sudden Ranch. A Vandenberg Fish and Wildlife patrolman responded to the scene and removed the hunters from Vandenberg property.

Breaking and entering – 9:15 a.m.

A dormitory manager reported a suspicious person climbing into an Agena Dormitory room window. Investigation revealed the subject was

an airman who discovered he had slept in another airman's room overnight. Upon waking, he realized he was locked out of his room and crawled in through the window. The airman was only partially dressed. Investigation revealed he was also suspected of breaking and entering into another airman's room at the dormitory. He was apprehended for damage to private property and breaking and entering.

Domestic dispute – 12:20 p.m.

An airman reported he and his wife had an altercation at their home on Fairlane Drive. Investigation revealed the altercation was limited to a verbal dispute. The airman's supervisor responded and assumed control.

**Sept. 22
Driving under the influence – 12:01 a.m.**

A patrolman suspected a non-base affiliated civilian of driving under the influence after stopping him for a traffic violation on Highway 1 at Timber Lane. The California Highway Patrol assumed custody of the driver.

Major vehicle accident – 6:30 a.m.

A civilian employee reported a major vehicle accident on Arguello Road. Investigation revealed a civilian employee's Chevy Suburban rear-ended a civilian employee's Ford Contour. The driver of the Ford was transported to the Lompoc Hospital emergency room due to her injuries.

PERSCO:

From Page A1

Support for Contingency Operations, or PERSCO, team used the scanners to process 250 people in 20 minutes for an exercise in Korea.

"The results of the test in Korea speak for themselves and the overwhelming advantages of the scanner-based in-processing

method are clear – saving time, manpower and materiel," said Flores.

With the success of additional field-testing in Germany, plans have already been made to take the scanner to Southwest Asia for more tests.

"We think the testing in SWA will show the scanners are capable of operating in a harsh environment while minimizing

processing time and getting the troops quickly to the fight," Lovely said. "Besides saving valuable time for deployed PERSCO team members, we're also examining ways to utilize and integrate scanner technology into all aspects of agile combat support."

The system is tentatively scheduled to become operational as early as fall of 2004.

Clip 'n Save --

**Don't Drink
and Drive --**

Call Airmen Against Drunk Driving

For a safe, free and confidential ride home, call 606-AADD or 606-AADD.



Around the Air Force

Parents have power, influence over what children eat

By AIRMAN 1ST CLASS SUSAN STOUT
56th Fighter Wing Public Affairs

■ **LUKE AFB, Ariz.** — Health and wellness center officials here are offering nutrition tips for parents in response to studies that show a growing number of overweight children in America.

According to a study by the American Dietetic Association Foundation, parents have more potential to influence their children's behavior, including their eating habits, than anyone else.

Children are often more willing to eat healthy foods and be active if they see their parents and other family members eating healthy foods," said Capt. Risa Riepma, 56th Medical Group health promotion manager and a registered dietitian.

According to Riepma, setting realistic goals and step-by-step guidelines will lead to successful eating habits.

"Remember, change takes time so be patient and stick to your goals," she said. "Decide on two or three specific, but small, changes in eating or physical activity. Keep track of your weekly goals by writing down the family's progress."

Riepma also suggests parents and children keep a daily food and activity log.

"A log will help you keep track of healthy eating and physical activity goals," she said. "Focus on accomplishments, not failures, and don't expect perfection."

Healthy changes that turn into habits should be rewarded, according to Marlyn Shults, 56th MDG exercise physiologist. "Reward yourselves with a fun physical activity like bowling, ice skating or miniature golf," Shults said.

"Other fun physical activities may include basketball, football, hiking, swimming, biking, playing catch, dancing and tennis. Overweight children may not feel comfortable playing competitive sports, so keep that in mind."

The following tips for parents can help a child understand when he or she is physically hungry and

when he or she is satisfied:

- ♦ Do not overly restrict food. This can lead to preoccupation with food or make the child feel punished or rejected.
- ♦ Do not use food to reward, comfort or punish a child.
- ♦ Do not make a child eat everything on his or her plate.
- ♦ Encourage a child to eat slowly. When a person eats too quickly, the body thinks it needs more food to be satisfied.

A balanced diet is key to good nutrition, according to Airman 1st Class Emily Cayton, a 56th MDG diet therapy technician.

"Aim for five servings of fruits and vegetables each day," Cayton said. "Reduce fat, eat sugary foods in moderation and eat healthy snacks. Parents should also serve appropriate portions. Oversized portions often contribute to weight gain." (Courtesy Air Force News)

Chief of Staff announces team excellence awards

By RICHARD SALOMON

Air Force Manpower and Innovation Agency Public Affairs

■ **RANDOLPH AFB, Texas** — Air Force officials announced the five teams selected for the 2003 Chief of Staff Team Excellence Award on Sept. 16 during the Air Force Association convention in Washington, D.C.

A total of 15 teams were nominated for this year's award, which recognizes outstanding team performance and promotes systematic process improvement.

"In this day of competing resources, it is vital we do things as efficiently as possible," said Gen. T. Michael Moseley, the Air Force vice chief of staff.

The 2003 award winners are:

- ♦ C-5A Galaxy Torque Deck Repair Team from the 433rd Airlift Wing at Lackland AFB, Texas. Team members developed a local permanent repair procedure for severe cracks found on the torque deck panels. Officials estimate to save about \$34 million during a five-year period.

- ♦ Night Operations Team from Air Mobility Command's directorate of operations at Scott AFB, Ill. Team members started five new night-vision goggle programs

and qualified the first basic C-17 Globemaster III NVG airland crew in just 17 days. Air mobility forces flew more than 1,000 NVG sorties as part of operations Enduring Freedom and Iraqi Freedom. They also conducted NVG combat airdrops, without any mishaps, over Afghanistan and Iraq.

- ♦ Commercial Air Resource Evacuation Team from the 374th Aeromedical Evacuation Squadron at Yokota AB, Japan. Team members developed a commercial-airline program as an alternative aeromedical evacuation platform for moving patients within the Pacific theater. Officials estimated savings at \$3.5 million annually.

- ♦ Solid State Phased Array Radar Trainer Team from the 381st Training Group at Vandenberg AFB, Calif. The team's trainer design increased training performance from 70 to 99 percent by improving realism in operations training.

- ♦ F100 Engine Supply Chain Process Improvement Team from the Oklahoma City Air Logistics Center at Tinker AFB, Okla. Team members developed processes to identify and solve potential problems before they affected depot production or field operations.

The judges also recognized the following teams, identified as Air Force Best Practices: Improving Access To Care Team from U.S. Air Forces in Europe headquarters at Ramstein AB, Germany; 15th Security Forces Unit Deployment Team from the 15th Security Forces Squadron at Hickam AFB, Hawaii; Preventive Health Assessment and Individual Medical Readiness Tiger Team from the 325th Medical Group at Tyndall AFB, Fla.; Infrastructure Information Management System Team from the 422nd Air Base Squadron at Royal Air Force Croughton, England; Teleradiology Implementation Team from the 60th Medical Diagnostic and Therapeutic Squadron at Travis AFB, Calif.

"All of the presentations were without a doubt top-notch, which made them very difficult to judge," said Maj. Gen. H. H. Forsythe.

Air Force names best commander, spouse team

■ **BOLLING AFB, D.C.** — The Air Force's best wing commander and spouse team was recently named by Air Force Personnel

In the trenches



PHOTO BY STAFF SGT. DAWN FINNIS

AL UDEID AB, Qatar — Staff Sgt. Jason Renner clears a utility trench in the communications compound here. Renner is assigned to the base's 379th Engineering and Installation Squadron.

Center officials at Randolph AFB, Texas.

The 2003 recipients of the General and Mrs. Jerome O'Malley award are Col. William Chambers, 11th Wing commander here, and his spouse, Bonnie.

"My wife and I are truly grateful to be selected for this award," said Chambers.

"To even be associated with the legacy of General and Mrs. O'Malley is a tremendous honor." O'Malley was a Tactical Air Command commander in the early 1980s. He and his wife, Diane, both perished in an aircraft accident April 21, 1985.

According to the award citation, Chambers and his wife, who have been stationed here since November 2001, have spent countless hours finding and implementing ways to improve readiness and quality of life for the more than 16,000 military and civilian people who live and work here.

Throughout his tenure as commander, Chambers has maintained a resolute focus on the mission of the 11th Wing to provide the Air Force with "wartime readiness and wartime customer support."

Mrs. Chambers led the effort to develop and begin a symposium on readiness for the spouses of 11th Wing commanders and directors, enabling them to prepare spouses when unit troops deployed.

"Bonnie and I are sincerely grateful for the tremendous support of the Air Force's leadership, and we're humbled to be serving with the great airmen of the 11th Wing," Chambers said.

"The honor is really the result of the professionalism and teamwork of every member of 'The Chief's Own' — airmen, [noncommissioned officers], officers, civilians, volunteers and family members — who took up the calling to be part of the larger Air Force focus on readiness." Married for 25 years, the Chambers have four children, ages 15 to 21.

The colonel and his wife will be presented the award by Air Force Chief of Staff Gen. John P. Jumper during a Pentagon ceremony later this year. (Courtesy of Air Force Print News)

Department of Veterans Affairs seeks former POWs

■ **WASHINGTON** — Department of Veterans Affairs officials want former prisoners of war who are not using VA benefits to contact the department to find out if they may be eligible for disability compensation and other services.

More than 23,000 former prisoners of war already receive compensation from the VA. This year, the department mailed information about benefits to another 4,700 known ex-POWs not on its rolls; however, VA officials

estimate they do not have an address for as many as 11,000 more former POWs.

Officials are asking former POWs not receiving benefits who did not receive a VA letter recently to call the department at (800) 827-1000.

Secretary of Veterans Affairs Anthony Principi said the VA has expanded policies to cover increasing numbers of former POWs as new illnesses have been found related to captivity.

The administration currently is pressing to get even more compensation and medical care benefits for former POWs.

"These veterans sacrificed for their country in time of war, and it's the nation's turn to serve them, to help them determine if they are entitled to compensation, health care or other services," Principi said.

The most recent expansion of VA benefits for former POWs was included in a July regulation change that added cirrhosis of the liver to the list of diseases to which entitlement to disability compensation is presumed for former POWs.

Similar policies making it easier for former POWs to obtain compensation have been enacted for POWs detained for 30 days or more who develop specific illnesses. (Adapted from a Department of Veterans Affairs news release for American Forces Press Service)

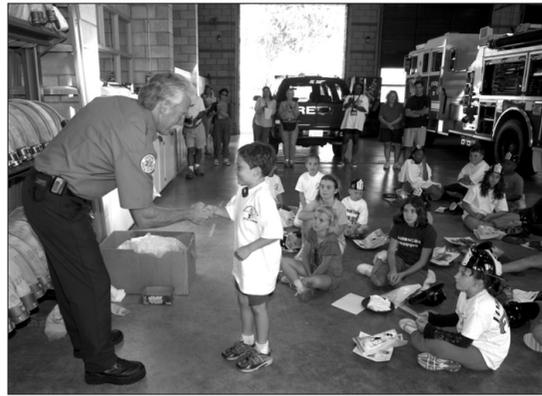
Team V youth learn fire safety at Kid's Fire Camp

Stop, drop and roll!



PHOTOS BY STAFF SGT. EDWARD BRALY

Above left: Dorion Hayes (top) and his sister Qwan (left) check out the cab of one of Vandenberg's largest fire trucks with Julie DeVenoge. Above: Firefighters demonstrate the deck gun fire hose. Above right: Kyle Bohlander practices moving a dummy so he can really move a person in the event of an emergency.



The Vandenberg Fire Department held its third annual Kid's Camp Saturday and Sunday at Station 2 here to teach children the ins and outs of fire safety. Far left: Firefighter Vince Culliver watches as Noah Caro runs the firefighter's challenge course. Middle left: Andrew Coutee and Tressa Blackburn make their way through the smoke in the fire safety house. Left: Camp coordinator Greg Leptich congratulates Daniel Reape on showing the most enthusiasm throughout the day.

Base youth kick off soccer season

By AIRMAN 1ST CLASS BRYAN FRANKS
30th Space Wing Public Affairs

Balls flying, children kicking and screaming, and parent's watching all with goals on their minds. Sounds like a normal night at Chuck 'E' Cheese right? Wrong, it's the opening day of the Vandenberg Youth Soccer League.

The youth soccer league had its season opener here Saturday. The Vandenberg Honor Guard posted the colors and soccer mom Christina Maleika sang the national anthem.

This year the league had a special season opener. The Vandenberg Flyers cheerleaders came out to dance and cheer the teams on to a successful season.

Vandenberg's Youth Soccer League has four age divisions, ranging from under 6 to under 13.

Each division has four to six teams depending on the number of participants and coaches, who are strictly volunteers.

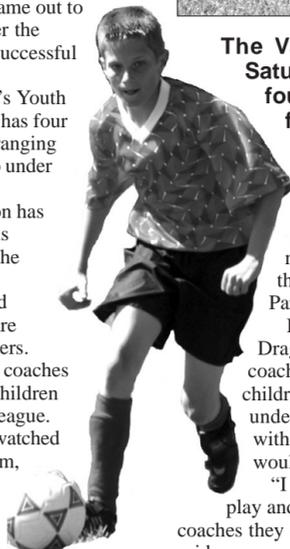
Most of the coaches are parents of children playing in the league.

Tim Parker watched as his son's team, the Golden Lions, play the Blue Dragons. Although he doesn't coach his son's team he does coach another.



PHOTOS BY STAFF SGT. EDWARD BRALY

The Vandenberg youth soccer season began Saturday. Children ages 6 to 13 were divided into four age divisions, with each division having four to six teams.



"We want as many children to have fun as possible and they need coaches for all the age groups," Parker said.

Dennis Barnes, Blue Dragons assistant coach, doesn't have children playing but understands that without coaches there wouldn't be a league.

"I like to see the kids play and if they don't have coaches they don't play," Barnes said.

The league is a tool that gives children a sense of

accomplishment, exercise and teaches kids teamwork.

O.J. Jourdan, the Golden Lion's coach, said he stresses teamwork with his players.

"We want all of the kids to play every position on the field," Jourdan said.

"I don't even keep score of the game, all that matters is our kids have fun and that they learn important skills like teamwork."

"I like to kick in the goal!" said Seth McDaniel, 6, Golden Geckos player.

More than 300 base children are participating in the league this year. Practices take place throughout the week and games are held Saturdays.

2002 football champs take on MDG in season opener

By TECH. SGT. MARK MCKINNEY
30th Space Wing Public Affairs

Football season on Vandenberg AFB is well underway and two teams looking to make some noise in the National League squared off on the base all-purpose field. 30th Medical Group and 614th Space Operations Squadron played here Sept. 23.

Although the weather wasn't cooperating, it did provide what is traditionally referred to as football weather. In short, it was cold, overcast and windy... not for the faint of heart. The stands weren't full, but there was a healthy show of support for both teams.

Coming into the game MDG tried to improve on their 1-2 start, while the SOPS was sporting an impressive 3-0 record. The defending base champs quickly showed why they won the title last year and are eagerly looking to repeat.

Quarterback and coach John

Sherman started the scoring off early with a 38-yard strike to Mike Manor for an early 7-0 lead by SOPS. The pass and catch broke up what was looking like a defensive battle. Quickly thereafter, Marcus Laurico drove MDG the length of the field, only to have Sherman pick his pass into the end zone.

Both teams sprayed the ball all over the field involving numerous different receivers. It appeared that the game had become offensive and the fireworks were just getting started. Just before the halftime break, Sherman struck again, this time hitting Ray Fernandez for the score to make it 14-0 for SOPS at the half.

Halfway through the second half, MDG looked to make it a game by driving the field and capping it off with a quick hitting 8-yard scoring run. The score was narrowed to 14-7.

After some turnovers, SOPS went on what would prove to be the game clinching drive, which

was capped by another Sherman touchdown toss, this time to Tyrone Clark. The score brought the final tally to 21-7 for SOPS.

"We don't have a bunch of scripted plays, our main objective is to spread the ball around and keep it moving down the field," Sherman said. "We don't have any go-to plays, but we do have a bunch of go-to guys who can get it done. We are a team that averages 31 years of age and we play well together... as a team."

This team of 30-somethings not only played well as a team, but had the striking appearance of being championship bound. "Not so fast my friend" is the term frequently used by ESPN football analyst Lee Corso. In the game of football, all of the games still have to be won on the field. SOPS and MDG will be the first to tell you that, so although this first battle was won by the defending champs, there are still plenty of wars to be fought on the turf.



FLAG FOOTBALL
Tuesday

14th AF/614th defeated 30th MDG 21 to 7

381st TRS defeated 30th CES No. 1 33 to 12

533rd TRS defeated 576th FLTS 8 to 6



OVER 30 SOFTBALL
Monday

NRO defeated 392nd TRS 21 to 6

14th AF/614th SOPS defeated 30th SFS by forfeit

FLAG FOOTBALL
Monday

30th CES No. 2 defeated 30th LRS 20 to 11

30th SW defeated 30th SCS 24 to 12

San Luis Children's Museum sports interactive playtime

By 2ND LT. THERESA CUNNINGHAM
30th Space Wing Public Affairs

It was a four-day weekend and I was running. The Vandenberg fog cleared as I hit highway 101 North and I took it as a sign. My escape plans for the weekend centered on San Luis Obispo.

A brief detour to Trader Joe's in Pismo Beach provided me with power snacks and we continued north. Since no escape is complete without my favorite travel buddies, my daughters, Kyla, 6, and Hannah, 3, were settled comfortably in car seats in the back.

They were eager to check out the Children's Museum in SLO and I was up for anything.

For no known reason, I passed the museum three times before it occurred to me that the brightly colored murals to my right, then my left, then my right again were where I was supposed to be. Parking was aplenty and \$5 each was our ticket into another world.

The Children's Museum is kid-central. Lucky for me, this is about my play level. Being 5'2" helps.

As we scoped out the layout, I have to say we were a little intimidated. For a small building, there sure were a lot of kids in there. We headed straight to the theatre area.

We do puppet shows at home, but they have a stage at the museum and as my girls will say, "our puppets are old."

"We played actresses, put on a puppet show and tried to



PHOTOS BY 2ND LT. THERESA CUNNINGHAM

The San Luis Obispo Children's Museum offers a hands-on experience for children of all ages, such as play ice cream and sushi in the full service kitchen area.

"encourage" another kid there to share the piano.

Next stop, the bubble maker. This may sound ordinary, but I have to say I was fascinated. You stand on a pad, pull a string which lowers a hoola hoop around you and as you release the rope, a huge bubble engulfs you. Cool.

We each took solo turns, then squeezed in for a family bubble. This time we were the ones "encouraged" to move on.

On to the 'Living Camera'. It took a couple of tries to figure this one out.

The button allows for a delayed photo if you press it

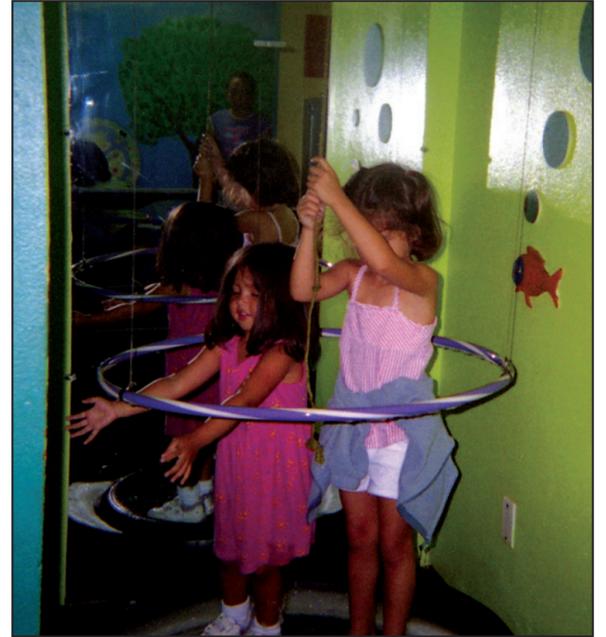
once. Being super enthusiastic, we just kept pressing that button until something happened. Then we weren't positioned how or where we wanted for our picture. Reading the directions is the adult's responsibility so I'll take the hit on that one.

Eventually we got some good 'shots' of us contorted into cool poses. The square room of the camera has a kind of photographic memory and your shadow is temporarily imprinted on the walls.

Leaving our best portrait behind, our attention was drawn upward. We headed to the second level. This gave us one of

many opportunities to play dress up and make believe. We fought over the space ship controls then stepped onto the moon, or at least onto an out of this world surface. The black light lit up our teeth and shoes as we bounced around on the spongy ground.

Later the girls dressed in firefighter gear to save a cat, climb the fire station pole and roll out the fire hoses. In child-sized costumes and in interactive playrooms, my girls got to pretend they were many different people that day, doctors and mailmen, motor-cycle cops and chefs. I got to play the cool mommy. I also got to play.



Kyla Cunningham, 6, forms a giant bubble as sister Hannah, 3, tries to catch it in the bubble machine.



Kyla takes the wheel as Hannah adjusts the tunes in a museum hot rod.

Community Calendar

26 FRI

Hispanic Heritage Food Expo – noon today at the Service Center.

Singers needed – Joint Heir's, a men's music ministry, is looking for singers. Call 734-1044.

Kids on the Move workshop – 3 p.m. to 4:15 p.m. today at the family support center. Call 606-0039.

Financial planning class – 11 a.m. to noon today at the family support center. Call 606-0039.

Hunters Against Hunger – donate wild game to the needy. Call 606-6804.

Pick your own lavender – through September in Los Olivos. Call (805) 688-7505.

26 FRI

Santa Maria Speedway – 6 p.m. Saturday's through Oct. 12. Call (805) 466-4462 for tickets and reserved seating information.

Homeschooling curriculum – the Lompoc Unified School District offers a new program for 2003 to 2004 to serve grades K-5. Call 736-2371.

PAIR, Partners Assisting in Reading – begins in September at

26 FRI

Crestview Elementary orientation. Call 734-1651 to sign up.

Hebrew, Bar Mitzvah – classes are available. Call 734-3311.

"Other Faces, Other Worlds – Images of Russia, Nicaragua and Mexico" – 8 a.m. to 8 p.m. Monday through Thursday, 8 a.m. to 3 p.m. Friday, and 9 a.m. to 1 p.m. Saturday in the Learning Resource Center on the Allan Hancock College Santa Maria campus.

Free car seats – to E-4 and below. Call 606-5338.

Space and Sea Girl Scouts – accepts members ages 6 to 18 and needs adult volunteers. Call 606-1119.

CLEP tests – College-Level Examination Program pre-tests are available online at www.peterson.com/airforce/testprep.html. Register using activation code FL4610.

The Vandenberg Airmen's Attic – needs donations of items necessary to set up a household. The program is open to military personnel E-5

26 FRI

26 FRI

and below with an Air Force Form 552 from their first sergeant. Call 606-5484.

G.I. Java seeks musicians – G.I. Java is looking for local musicians to play at the coffeehouse during business hours. Solo performers and bands are welcome. Call the Chapel at 606-5778 for an audition.

Gift of Groceries program – The Defense Commissary Agency offers a gift certificate program that allows anyone to purchase commissary gift certificates to donate to military families through charitable organizations or give directly to military friends and family.

Gift certificates are available online at www.commissaries.com.

Marriage enrichment counseling – offered on a one-on-one basis for married and unmarried couples. Call 606-9958.

Dads-to-New Dads and Moms-to-New Moms programs – These mentorship programs offer support to new moms and dads. Call Nancy Sias at 606-

26 FRI

27 SAT

Worldwide case lot sale – 9 a.m. to 6 p.m. Saturday and 10 p.m. to 6 p.m. Sunday at the commissary.

Jazz concert – Saturday in Lompoc. Call 733-2125.

Old Days 2003 – Saturday and Sunday at the Los Alamos park.

Frankenstein traveling exhibition – Saturday through Nov. 1 at the Allan Hancock College Santa Maria Library.

27 SAT

Quilt show – Saturday and Sunday at the Veterans Memorial Building in Lompoc.

Twilight beach horseback rides – at Pacific Dunes Ranch in Oceano. Beginners are welcome. Call (805) 489-8100.

29 MON

San Luis Obispo Plein Air Painting Festival – Monday through Oct. 5 in San Luis Obispo.

Allan Hancock College Fast Track Classes – mail in registration Monday through Oct. 10. Walk-through registration takes place from noon to 6 p.m. Oct. 15 and 16 at all Allan Hancock locations. Late

29 MON

registration begins from 12 to 6 p.m. Oct. 20-22. Call (805) 922-6966.

Office closure – The family support center is closed for staff training from 7:30 to 9:30 a.m. Mondays. Those requiring emergency Air Force Aid will be assisted. Call 606-0801.

Relaxation room – 8:30 a.m. to 3:30 p.m. Monday through Friday at the Vandenberg Health and Wellness Center. Call 606-2221 for an appointment.

Vandenberg Retiree Activities Center – Open 10 a.m. to 2 p.m. Tuesday through Friday in building 10346 in the Vandenberg Base Exchange shopping center. Call 606-5474 for more information.

Big Brothers, Big Sisters orientation – 3 to 4:30 p.m. Wednesday at the family support center. Call 734-4376, ext. 26.

Catholic summer fellowship – noon Wednesdays at Cocheo Park.

Blood pressure checks – 8 to 9 a.m. Wednesday at Vandenberg Fire Stations No. 2 and No. 5. Call 606-3217.

2 THU

Chapel singles group – 6:30 p.m. the second and fourth Thursday of the month at G.I. Java.

Risk reduction classes – 2 to 4 p.m. Thursdays at the HAWC. Call 606-2221 to sign up.

10 FRI

Base lake clean-up – 7 a.m. to 5 p.m. Oct. 10 at Pine Canyon Lakes. Volunteers are needed. Call 606-3013 to sign up.

17 FRI

Comic View All-Stars – 9 p.m. Oct. 17 at the Lompoc Civic Auditorium. Call 735-7239.

23 THU

Pizza eating contest – 5:30 p.m. Oct. 23 at G.I. Java. Entries are limited to the first 100 sign ups at G.I. Java.

24 FRI

15th Annual Texas Blowout – 11 a.m. to 4 p.m. Oct. 24 at Chocheo Park. Proceeds support Operation Kids Christmas. Call 606-2184.

NOV 8 SAT

Military Appreciation Night – 5 p.m. Nov. 8 at Righetti High School football stadium.

Events include a free tailgate party and barbecue for all active-duty military in uniform and their families. A 7 p.m. college football

Movie Corner

Hi-Way Drive-in
Santa Maria Ph. 937-3515
GEN. ADM. \$5 KIDS 4-11 \$1

RUNDOWN PG-13 6:45 p.m.
ONCE UPON A TIME IN MEXICO R

Parks Plaza Buellton
Buellton Ph. 688-7434

DUPLEX PG-13
DAILY 2:15 - 4:45 - 7:15 FRI. 9:30
SAT-SUN 11:45-9:30
SECOND HAND LION PG
DAILY 2:00-4:30-7:00 FRI 9:30
SAT-SUN 11:30-9:30
ONCE UPON A TIME IN MEXICO R
DAILY 2:00-4:30-7:00 FRI 9:30
SAT-SUN 11:30-9:30
RUNDOWN PG-13
DAILY 2:00-4:30-7:00 FRI 9:30
SAT-SUN 11:30-9:30
COLD CREEK MANOR R
DAILY 2:00-4:30-7:00 FRI 9:30 SAT-SUN 11:30-9:30
Call Edwards Santa Maria 10 for movie listings (800) 326-3264

Movies Gemini
Lompoc Ph. 736-1306

UNDERWORLD R
DAILY 4:30-7:00-9:00 SAT-SUN 11:30-2:00
ONCE UPON A TIME IN MEXICO R
DAILY 4:30-7:00-9:00 SAT-SUN 11:30-2:00

Movies Lompoc
Lompoc Ph. 736-1558

COLD CREEK MANOR R
DAILY 4:30-7:00-9:30 SAT-SUN 11:30-2:00
RUNDOWN PG-13
DAILY 4:30-7:00-9:30 SAT-SUN 11:30-2:00
SECOND HAND LIONS PG
DAILY 4:30-7:00-9:30 SAT-SUN 11:30-2:00
DUPLEX PG-13
DAILY 4:30-7:00-9:30 SAT-SUN 11:30-2:00

General Admission \$7 Kids and seniors
\$5 All Shows Before 5:30 p.m. \$5. Movies and Times Subject to Change

Vandenberg Thrift Shop

The Vandenberg Thrift Shop is open Tuesdays, 9:30 a.m. to 2 p.m. and Thursday, 11 a.m. to 6 p.m. Call 606-3128 to find out more.

The shop is located next to the skills development center in Bldg. 11180. They always need volunteers.

The Vandenberg Food Pantry

Needs food donations

Items needed are:

sugar, Bisquick, pasta sauce, pancake mix, Hamburger Helper, evaporated milk, wipes, crackers, meals, macaroni & canned vegetables, mixed nuts, tuna, sizes 3, 4, 5, juice

Chicken Helper, baby soups, complete cheese, brown sugar, rice, flour, pasta, peanuts, peanut butter, jelly, diapers; boxes, cake mixes, frosting, canned fruit and vegetables

The food pantry is located behind the family support center. For more information on hours of operation, call 606-2960.

30th Services News

LIBRARY



Teen Mystery Month

Monday
6:30 to 8:30 p.m.
Pizza Party
at the Library

Kids need to sign up prior to the event, and they may bring their favorite music CD to the party.

CDC

Drop-in care available

The Child Development Center is open to active duty military, DoD civilians, and DoD contractors as well as reservists placed on active duty for training. The CDC has drop-in care for \$3.50 an hour on a space available basis. Please contact us at 606-1555 for more details.

GOLF COURSE

Today:

Final day of aerification of greens and fairways. Twilight rates in effect all day.

Wednesday,

Ladies Priority,
8:32 to 9:04 a.m.

For more information,

call the golf course at 734-4376/606-6262.

YOUTH SPORTS



BOYS, GIRLS & CO-ED

Registration starts Wednesday and ends Oct. 31 (or until teams are full.)

Monday-Friday, 7 a.m. to 5 p.m., Youth Center
\$55 (\$50 w/ youth center membership)

We invite you to volunteer for division commissioner, coach, or time/equipment manager. Call the youth center at 606-2152. Sign up early so you don't miss out! Teams are limited due to limited available space.

YOUTH CENTER

Dance Classes

Rhythm

4-year-olds Wednesday 2 to 2:45 p.m.
5 & 6-year-olds Wednesday 3 to 3:45 p.m.

Ballet Beginner

7-year-olds & up Wednesday 4 to 5 p.m.

Ballet I

7-year-olds & up Wednesday 5 to 6 p.m.

Jazz Beginner

8-year-olds & up Wednesday 6 to 7 p.m.

Cost: (with Youth Center membership)

Rhythm

\$24/month w/youth membership

Ballet

\$32/month w/youth membership

Jazz

\$32/month w/youth membership

(Nonmembers add \$5 to monthly fee)

Call the Youth Center at 606-2152 for more information.



PACIFIC COAST CLUB

Oct. 4

Pacific Coast Club Ballroom
Doors open at 6 p.m.
First Round at 7 p.m.

Featuring boxers from our local area and the Los Angeles area.

Buy your tickets in advance and save!

Advanced ticket prices:

\$8 - Members • \$10 - Guests

At the door:

\$10 - Members • \$12 - Guests

SNACKS and BEVERAGES will be sold at the event

Call 734-4376 or 606-3330 for more information.



Come on out for FOOTBALL FRENZY

FOOTBALL TOSS! GAMES! DRAWINGS! Monday Night FOOTBALL SCHEDULE

- Sept. 29 - Green Bay at Chicago, 6 p.m.
- Oct 6 - Indianapolis at Tampa Bay, 6 p.m.
- Oct 13 - Atlanta at St. Louis, 9 p.m.
- Oct 20 - Kansas City at Oakland, 6 p.m.
- Oct 27 - Miami at San Diego, 6 p.m.
- Nov 3 - New England at Denver, 6 p.m.
- Nov 10 - Philadelphia at Green Bay, 6 p.m.
- Nov 17 - Pittsburgh at San Francisco, 6 p.m.
- Nov 24 - N.Y. Giants at Tampa Bay, 6 p.m.
- Dec 1 - Tennessee at N.Y. Jets, 6 p.m.
- Dec 8 - St. Louis at Cleveland, 6 p.m.
- Dec 15 - Philadelphia at Miami, 6 p.m.
- Dec 22 - Green Bay at Oakland, 6 p.m.

Sponsored by:
United States Air Forces Clubs, Members First, USAF Services, Miller Lite, American Airlines, Double Tree Inns

No Federal endorsement intended

YOUTH CENTER

New Youth Center Programs

Your youth center is adding many new programs to its curriculum. They are an affiliate of the Boys & Girls Club of America, as well as 4H. Both organizations have great programs geared at helping today's youth learn in a structured, fun environment. Please take a look at the following schedule and enroll today.

Character and Leadership Development;

Keystone Club, ages 14-18. Chartered leadership and service club for teenagers.

Torch Club, ages 11-13. Chartered small-group service club for younger teens.

Education and Career Development;

Power Hour, all ages. Program includes homework time with assistance, tutoring, and fun academic skill builders.

Job Ready, ages 14-18. Program is designed to prepare our youth for the workforce by teaching resume writing, interviewing skills and everything needed to join the workforce.

Junior Staff Career Development, ages 11-18. Program helps club members in exploring careers in youth programs or in human services.

Health and Life Skills;

Smart Girls, consists of 2 age groups, 8-12 and 13-17. Helps young ladies establish more positive self-esteem and discusses other areas of concern for young women.

Passport to Manhood, ages 11-14. There are 14 sessions in this program, each dealing in different areas of male growth and development.

The Arts;

ImageMakers, ages 10-12. Children learn about photography, have contests and display members' work.

Exhibit Program, all ages.

Sports, Fitness and Recreation;

Fitness Authority, all ages. A program designed to test kids' fitness status and to help them develop a more active lifestyle. Fitness tests are given several times during the course.

Call 606-2152 or visit the youth center for more information.

FITNESS CENTER

All-Star HOCKEY GAME



Today • 6 p.m.

For more information, contact the fitness center at 606-3832.

Did you know..

Group fitness classes are held at the Services Center Monday through Saturday? They offer indoor cycling, box aerobics, intermediate step, total body conditioning and more. Stop by the fitness center or the Services Center for a full schedule of classes.