

Base Briefs

CC CALL

30th Space Wing Commander, Col. Frank Gallegos, will hold a commander's call today at the Pacific Coast Club. Times are as follows:

8 a.m. - 30th MSG
11 a.m. - 30th MDG/OG
3 p.m. - LCG and wing staff agencies.

Questions should be directed to 606-1318.

CLINIC CLOSURE

The medical clinic will be closed Thursday for training. Call 606-CARE for urgent needs.

VEAT MEETING

The next Vandenberg Enlisted Action Team meeting is 10 a.m. Thursday at G.I. Java. VEAT supports the enlisted force and keeps wing leadership apprised of enlisted issues here. Members are challenged to take action in identifying critical issues and developing new ways to work smarter and play harder.

FAMILY DAY

By order of Air Force Space Command Commander Gen. Lance Lord, Jan. 30 is directed to be a family day.

OPTOMETRY CLINIC

The optometry clinic is open to all active duty, and TriCare Prime dependents (active or retired). Per TriCare Prime guidelines, dependents of active duty are authorized one eye exam each year. TriCare Prime retirees and their dependents are authorized one eye exam every two years. Space-available appointments are available for all other categories of DoD beneficiaries. Call 606-0468 to schedule an appointment.

GIRL SCOUTS

Girls in Kindergarten through 12th grade interested in joining the base girl scouts should call 606-1119. Adult volunteers are also needed.

EDUCATION RECORDS

The education office is releasing all hard copies of education records. Anyone wishing to obtain their records should do so by Jan. 30. All remaining documents will be shredded. Call 605-5904 for details.

DORM MANAGER

The 30th Mission Support Group has two immediate openings for dorm manager. These positions are a two-year controlled special duty tour and they are open to staff sergeants. Call Staff Sgt. Raul Molina at 606-3933 for details.

TOUR GUIDES NEEDED

Public Affairs is in need of tour guides for groups visiting and touring the base. Tours are conducted Mondays through Thursdays between 8 a.m. and 3:30 p.m. only. PA is the initial point of contact for tour groups. Questions should be directed to 606-3595.

Team V steps up to train in 24-hour ops

By 2ND LT. THERESA CUNNINGHAM

30th Space Wing Public Affairs

■ For the first time in more than a year during an exercise, the 30th Space Wing conducted 24-hour battlestaff operations in order to test and prepare Team V for real-world contingencies.

The Foggy Shores exercise kicked off early Monday with a 5 a.m. recall.

The recall was driven by exercise intelligence received at the command post of possible terrorist activity. Vandenberg immediately increased its security posture to exercise force protection condition CHARLIE for the scenario.

The wing responded to a simulated 7.0 earthquake, an Anthrax scare, bomb threats, armed robbery and the collapse of the mission support squadron building – resulting in mass casualties – during the two-day exercise.

“We know that in today’s world, we have to be prepared for anything,” said Col. Frank Gallegos 30th Space Wing commander. “Our mission is to launch rockets and put satellites into orbit for the defense of our nation. But in the midst of that, we have to be ready for contingencies. We have to be ready to deploy. We have to be ready for natural disasters.”

The exercise came on the heels of a 6.5 magnitude earthquake that struck the Central Coast Dec. 22.

“Our people did a great job and responded very well to a real-world natural disaster,” Col. Gallegos added. “The earthquake also served as a reminder of why we exercise.”

According to Tech. Sergeant Phillip Langhus, NCO in charge at the disaster control center, the



PHOTO BY STAFF SGT. CLUCK WALKER

2nd Lt. Michael Small and Master Sgt. Michael Charland, 30th Security Forces Squadron, respond to a vehicle accident scenario near the corner of Washington and Nevada streets during the two-day Foggy Shores exercise held Monday and Tuesday.

exercise ran smoothly. He said the highlight for him was how well 30th Civil Engineer Squadron’s readiness flight, the 30th Medical Group and the fire department’s hazardous materials team worked together during the biohazard

portion of the exercise.

The presence of a suspicious substance was reported in the Cocheo Park restroom and the fire department was first on the scene.

“The teams had not worked together before,” Sergeant

Langhus said. “It was a major ordeal and they melded into a cohesive unit right off the bat. There were some rough corners to ease out, but that’s always the way of new situations.”

2nd Lt. Korrinne Houston, 30th

Security Forces Squadron, acted as the incident commander and oversaw the crime scene determination and establishment of cordons to isolate the area.

See EXERCISE Page A4

SLC-3 East gets facelift

By AIRMAN 1ST CLASS BRYAN FRANKS

30th Space Wing Public Affairs

■ The Atlas family of launch vehicles has launched from Space Launch Complex 3-East since it was built in 1960 and modifications are now underway to ensure the legacy continues.

Team Vandenberg held a groundbreaking ceremony Wednesday to recognize the beginning of Lockheed Martin’s modifications to SLC-3 East – paving the way for the Evolved Expendable Launch Vehicle

program which brings the Atlas V to the West Coast.

The 4th Space Launch Squadron takes on the responsibility for providing insite to ensure mission success of the EELV program.

Lockheed is responsible for modifying the pad.

The new modifications call for many different parts of the pad to be changed or rebuilt.

Construction crews will add 30 feet to the height of the mobile service tower and the hammerhead

section will be extended out an additional 15 feet to accommodate the Atlas V program, said Lt. Col. Lee Rosen, 4th Space Launch Squadron commander.

A new 60-ton bridge crane will be added to the hammerhead section to lift the larger payloads.

The pad itself will also receive changes.

The plans to increase the launch exhaust duct to handle five times the exhaust are also in order

See SLC Page A4

Team V promotes 78 airmen in January

■ Congratulations to the following members of Team Vandenberg on their promotions. The promotees include:

Promoted to Airman:

Michael Balent, 532nd Training Squadron
 Amy Marie Boyer, 533rd Training Squadron
 Nicholas Cotton, 533rd TRS
 Malcolm Duperon, 30th Security Forces Squadron
 Margery Errington, 533rd TRS
 Graham Erwin, 533rd TRS
 Brian Flynn, Detachment 1, 345th Training Squadron
 Nathaniel Fredericks, 30th SFS
 Sean Garrick, 533rd TRS
 Joshua Gates, Det. 1 345th TRS
 Jeffrey Guy, 533rd TRS
 Melissa Hayes, 532nd TRS
 Timothy Lau 532nd TRS
 Kendra Macdonald, 30th SFS
 Jessica Muniz, 30th Medical Operations Squadron
 Kyle Norby, 532nd TRS
 Joseph Rankin, Det. 1 345th TRS
 Seth Russell, 532nd TRS
 Bradley Savage, Det. 1, 345 TRS
 Matthew Wesley, Det. 1, 345th TRS
 Todd Wright, Det. 1, 345th TRS
 Ashley Varden, 576th Flight Test Squadron

Promoted to Airman 1st Class:

Quinn Boudle 30th SFS
 Jason Bowman 30th CES
 Rochelle Boyer, Det. 1, 345th TRS
 Jason Brooks 30th CES
 Mark Cabanig 533rd TRS
 Ian Damico, 30th CES

James Gassler, 532nd TRS
 Kevin Goskowsky, 533rd TRS
 Benjamin Hutchings, 532nd
 Richard Landers, 30th SFS
 Alan Law, 30th SFS
 Zackary Odom, Det. 1, 345th TRS
 Ryan Powell, 30th SFS
 Sean Puhl, 30th CES
 Bryan Rodenreynolds, 532nd TRS
 Mario Rositas, 30th SFS
 Eric Rubio, Det. 1, 345th TRS
 Shane Ruch, 532nd TRS
 Patrick Sandridge, Det. 1, 345th TRS
 William Snyder, 532nd TRS
 Al Solomon, 533rd TRS
 Dustin Stetler, 532nd TRS
 Jordan Swanson, Det. 1, 345th TRS
 Kyle Tapley, Det. 1, 345th TRS
 Brandon Turner, 532nd TRS
 Katie Vogel, 532nd TRS
 Eilser Ward, 532nd TRS
 Bryan Weber, 533rd TRS
 Anthony Wimberly, 532nd TRS

Promoted to Senior Airman:

Shane Diagle, 576th FLTS
 Jerry Ferguson, 30th CES
 Wendell Graham, 576th FLTS
 Jennifer Johnson, 30th MOS
 Steven Llamas, 30th CES
 Scott Luebke, 30th CES
 Amy Medina, 30th Logistic Readiness Squadron
 Gerald Ocampo, 533rd TRS

See PROMOTIONS Page A2

Booster test



PHOTO BY DOUG GRUBEN

Team Vandenberg successfully launched Booster Verification Test-5 Jan. 9. BVT-5 tested a three-stage booster configuration for use with the Missile Defense Agency’s Ground-based Midcourse Defense System. The system is designed to intercept and destroy long-range ballistic missiles.

In this issue of the



Also view
 The Space & Missile Times at
www.vandenberg.af.mil and click
 the Space & Missile Times button.



**1st ASTS clobbers
 30th SFS in softball
 playoff action.
 See Page A6.**



**Destinations Central
 Coast goes on a
 whale watching
 cruise.
 See Page B1.**

Weekend forecast
 Partly cloudy until Sunday when
 rain is possible late.

Low/High
39/67
 For a full Vandenberg weather
 report, visit
[www.vandenberg.af.mil/30sw/
 organizations/30og/weather/weather](http://www.vandenberg.af.mil/30sw/organizations/30og/weather/weather)

Team Vandenberg remembers Dr. Martin Luther King Jr.

BY AIRMAN 1ST CLASS JUANIKA GLOVER
30th Space Wing Public Affairs

■ During a ceremony Wednesday, Team Vandenberg celebrated the life of Dr. Martin Luther King Jr.

Airmen were also given the opportunity to share their thoughts and views on how his struggles in life made a difference in theirs.

An advocate for equal civil rights and nonviolent protest, Dr. King spent much of his life promoting peace and equality throughout America.

The annual celebration, held in his honor, places emphasis on the many ways his life affected the lives of many people in this country today.

"The significance of this celebration is that it honors a man who championed for peace, fairness, and unity for all people," said Tech. Sgt. Karon Williams, 30th Civil Engineer Squadron superintendent.

"Thus, this celebration is about all of us who long for peace, fairness and unity.

"Dr. King saw the need to expose the injustice and inequalities of a society whose principles were based on freedom and justice for all," she said.

"He didn't use violence to bring resolve to the issues, but words of wisdom, of reflection and of God," Sgt. Williams said.

"He didn't see the world as black or white, but black, white, yellow, brown and red. He empowered people look beyond

their circumstances and see their potential.

He loved people, enough to go on when there was no 'go' left."

Keynote speaker Calvin Tucker gave a personal account on how Dr. King's struggles influenced his life.

"Dr. King changed my life and our nation's destiny," Mr. Tucker said. "I grew up in New Orleans riding at the back of the bus, looking at the 'white only' signs, so I not only read about it in the history books, I experienced it. But because of Martin Luther King, I can ride anywhere on the bus and I can eat at any establishment."

Nine-year-old Qwan Hayes said she felt that had it not been for Dr. King she might not exist.

"My father is African-American and my mother is Caucasian," Miss Hayes said. "They may never have met if it wasn't for Dr. King's struggles for equality.

Through his bravery, many American lives have changed for the better.

He changed our nation from a segregated land into one freedom-fighting, non-violent protesting America. Because of his struggles, I now have my own dreams of becoming a doctor, veterinarian or maybe even a famous actress. He earned people equal rights they never thought they'd have."

She thanks him and others who fought for the freedoms of today.

"Dr. King was a great peaceful protester and a courageous leader," Miss Hayes said.

"Without him leading the way and opening doors for African-Americans, I may never have been born.

Col. Frank Gallegos, 30th Space Wing commander, also took the opportunity to share his views on what Dr. King means to him.

"Because of people like Martin Luther King, I think our country is a better place," the commander said. "In the Air Force we have core values and I would argue that they are in line with what Dr. King believed.

We strive to put service before self and we want to achieve excellence in all we do. I think that's something he aspired to do."

Col. Gallegos said if there is any service in this country that is following by the rules and the footsteps of what Dr. King was trying to accomplish, it's the Air Force.

From a personal standpoint, the colonel said his mother is first-generation American and his father is second.

"I'm living proof that it doesn't matter what your last name is or if you're male or female," Col. Gallegos said. "In the Air Force, if you perform and do well then you'll go on to be rewarded. That's what this country is all about.

"In the Air Force, it should become one of our goals to treat people the way we want to be treated," Col. Gallegos said.

"We should always strive to achieve excellence no matter what we do."

PROMOTION:

From page A1

Joel Parney, 30th CES
Richarius Pinero, 30th Space Communications Squadron
Michael Rapp, 30th SFS

Promoted to Staff Sergeant:

Laundra Evans, 392nd TRS
Quiamma Garrett, 30th MDSS

Bradley Hill, 30th SCS
Daniel Kury, 30th CES
Sanjiv, Neal 30th CES
Joseph Nixon, 30th SFS
Joseph Ravin, 30th CES
John Scott, 533rd TRS
David Senter, 30th CES
Takiyah Sinegal, 576th FLTS
Benedicto Torrijos, 30th CES

Promoted to Technical Sergeant:

Aaron Harrison, 30th Mission Support Squadron
Edward McFillin, 595th Space Support Group
Malcom Walton 30th SFS

Promoted to Master Sergeant:

Frank Chavez, 614th Space Operations Squadron
Alfonso Vega, Det. 1 345th TRS

Death gratuity increases

■ **RANDOLPH AFB, Texas** – Congress weighed in recently to make the two certainties in life, death and taxes, a little bit less painful—and the money is now ready to be given to families of deceased airmen.

Families of almost 500 Air Force members who died on active duty since Sept. 10, 2001, are receiving an additional \$6,000 beyond the death benefits they originally received. They will also be reimbursed for taxes already paid.

And according to the new law, families of all service members who die on active duty will now receive \$12,000 regardless of the circumstance of the death, tax-free.

Commonly called the 'death gratuity,' it had been set at \$6,000 since 1991. Half of that amount was previously taxable.

The money is paid to families to help pay for expenses associated with the death, officials said.

The Air Force is working with the Defense Finance and Accounting Service to ensure the 490

families of airmen who died since the effective date get the additional money as quickly as possible, said Scott Hand from the Air Force casualty operations office here. They will be given instructions on how to file for reimbursement of taxes already paid, he said.

The Military Family Tax Relief Act recently was signed recently by the president.

"This is a welcome benefit Congress has given us," Mr. Hand said. "Families of people who die on active duty now know that they will see a full \$12,000 to help with expenses and they don't have to worry about being taxed for it."

Families of some airmen who had died within 120 days of retiring also qualify for the payments, Mr. Hand said.

Families are first notified of an airman's death through the information each airman records on the *Virtual Record of Emergency Data* which can be updated online from work or home via the *Virtual Military Personnel Flight* at <http://www.afpc.-randolph.af.mil/vs/>.

ALCON:Normal

A general condition reflecting responsible alcohol use.

30th OG	0	30th SW	0	14th AF	0
30th MSG	1	614th OG	0	381st TRG	0
30th MDG	0	30th LG	0	576th FLTS	0

DUI totals for the year: 1
AADD saves: 0
Days since last DUI: 14

SPACE & MISSILE TIMES

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30th Space Wing commander
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The Public Affairs Office reserves the right to edit all submissions for style and space. **Deadline for publication is 4:30 p.m. every Wednesday, nine days prior to publication.**

Send submissions to: 30SW/PA, 747 Nebraska Ave., Room A-105, VAFB, CA 93437; via fax at DSN 276-8303 or commercial (805) 606-8303; or by e-mail to Space&MissileTimes@vandenberg.af.mil For information about the Space & Missile Times, call the staff at (805) 606-2040.

COMMANDER ON CONSOLE

Apply lessons to take home 'Blue'

By COL. FRANK GALLEGOS
30th Space Wing Commander

Over the past two weeks, we have had the opportunity to conduct some great exercises to help us hone our skills in preparation for the upcoming operational readiness inspection.

We tested our Battlestaff capabilities, our deployment processing and actual deployment, our threat response and our mass casualty response to name a few. It was hard, but we worked through it and we will continue to practice our skills until the time comes to show our stuff to the inspectors.

What I need from you all now is to reflect on the lessons learned from these exercises to improve the processes and overall safety of the mission.

Reflect on the training you received that gave you the tools and made you capable during these exercises. Ask yourself what you would have needed to perform your job or task better. Think about what you would improve on.

And this improvement shouldn't be focused on exercises but rather everyone should adopt "think blue" and apply it to your daily duties.

Is there a better way of doing

the job that you do? What details of the processes you performed could be improved?

Bring your suggestions for improvement to your squadrons and units. Educate with lessons learned. Let your supervisors and co-workers know what worked and what could be improved.

Gear your lessons learned to solution-based criticisms. Don't merely complain, but rather become part of the solution. Everyone's inputs are valuable. In the long run the process improvements you bring to your operation will only improve this wing's mission capability in the

future.

Winston Churchill once said, "No one can guarantee success in war, but only deserve it." By reflecting on our lessons learned and applying them, we will certainly be deserving of success in the upcoming exercises and ORI, and we will be prepared for anything, in training or real world.

Suggestions you bring to the table now can be implemented into the training of airmen today and into tomorrow. Forward, proactive thinking is what Team V needs to remain the best at what we do and all of us are key to taking home the 'Blue'. Go HAWKS!

Commander's Action Line

Call 606-7850 or E-mail your message to actionline@vandenberg.af.mil



Col. Frank Gallegos commander

By performing Vandenberg's mission safely and effectively, Team V provides proof of its commitment to do the right thing.

Two-way communication is paramount to continued mission success. The 30th Space Wing Commander's Action Line is your direct link to me.

Through the action line you can congratulate your teammates on a job well done, affect change and express productive points of view.

I want your input and I am personally involved in every response.

The action line is always available and it's an excellent tool, but remember to

use your chain of command. Talk to your supervisors, first sergeants, services officials and other base professionals and give them a chance to solve your problem first.

Working together, we will enrich the 30th SW mission performance and the quality of life of our airmen.

When calling the action line, leave your name and phone number in case more information is needed.

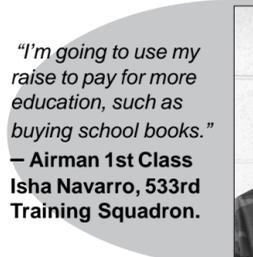
HAWKS'

Point of View

"What are you going to do with your pay raise?"



"Purchase a house once I PCS from Vandenberg and pay off some bills." — Tech. Sgt. Robert Myers, 532nd Training Squadron



"I'm going to use my raise to pay for more education, such as buying school books." — Airman 1st Class Isha Navarro, 533rd Training Squadron.



"Pay some bills. After that put some into investments." — Tech. Sgt. Lysa Stern, 30th Space Communications Squadron



"I'm going to do what I do every year; take it and put it into mutual funds. Hey it works for me, I'm still living on E-4 pay!" — Tech. Sgt. Jeff Lynn, 30th Mission Support Group



"Give it away to my kids as lunch money!" — Master Sgt. Reginald Brunner, 61th Security Forces Squadron, Los Angeles AFB, Ca

Core values not cliché, but way of life

By COL. BRIAN KISTNER
376th Expeditionary Mission Support Group Commander

■ MANAS AIR BASE, Kyrgyz Republic — Most of us encounter situations in life we do not always agree with. Positive results can stem from how we respond to these situations. All of us in the Armed Forces have a sacred duty to adhere to the highest standards of military conduct.

We have a wide range of choices; from turning a blind eye and doing nothing to confronting situations head on and ensuring we adhere to standards.

Whatever the case, rules and standards must be adhered to at all costs. They form the backbone of our acceptable way of life. Just about everywhere you look, there are rules and standards to be followed to effectively meet an end.

In the military, and the Air Force in particular, without standards we become just another segment of society versus the most trusted segment of society.

Without our high standards, we would, not be able to prosecute the nation's wars.

To help avoid confusion, the Air Force adopted three core values that spell out what we

are all about: integrity first, excellence in all we do and service before self. These values are not cliché; they are the basic common values that enable people in the United States Air Force to perform the mission.

Of these values, integrity must be first, for without integrity we have nothing. We must always strive to do the right things for the right reasons.

We must all know we can trust the person to the right and to the left of us to be forthright and to watch our back in a fight.

Our countrymen have put a great deal of faith in us to take the moral high ground when defending our country. We are called on to fight and win the wars that guarantee our freedoms.

As an armed force, Americans require much from us and we must be prepared to deliver. We have to give our personal best and be cognizant of how we conduct ourselves.

Adherence to standards does not require a super human effort that does not allow for mistakes. Rather, adherence requires an honest straightforward approach and the best effort we can put forward.

Doing the right things for the right reasons means simply, when presented with a tough

decision, confronting the situation head on and doing what is right even when it is uncomfortable.

When faced with misbehavior by a subordinate, for example, it might be easier to turn a blind eye and do nothing vs. administering the tough justice our profession requires.

This situation quickly becomes an integrity issue and one that has far reaching implications. When the chips are down, people will fail to do what is right if we do not hold them to this same standard in performing their daily duties. When we fail to do the right thing, the repercussions are far reaching because in the profession of arms we all potentially may be faced with life and death decisions.

If we allow complacency and inaction to erode the fabric of our military through the lack of adherence to standards and our core values, then we threaten the very existence of the institution we hold so dear and the rest of the nation relies upon so heavily to fight and win wars.

Standards and core values aren't cliché. They are what set us apart from the rest of society and what make us the best most trusted air and space force in the world.

(Commentary courtesy of Air Force Print News.)



Team Vandenberg Warrior
Lance Hainsworth
30th Operations Support Squadron

PHOTO BY STAFF SGT. CHUCK WALKER

Hometown: Vandenberg Village
Time in Federal service: 28 years
Time on station: 19 years
Role in mission:

Electronics Tech. How do you contribute to the wing mission? Design and build training devices and support operational requirements.

What do you like best about the Air Force? When people work together to make it better.

If you could change one thing about the Air Force what would it be? Let the people up top walk in the shoes of those on the bottom for a day and the people on the bottom have a day at the top.

How do you fulfill the Air Force core values? Look for ways to improve the system. Encourage those around me and be involved as much as possible.

What's the most exciting experience you've had so far in the Air Force? Being the closest person to a

missile launch. Feeling the concussion of air from a Peacekeeper coming out of the launch tube.

How would you improve life at Vandenberg? Make comprehensive training programs for supervisors and employees more widely available.

Who is your role model and why? General Lord, he reinforced to me the idea of being engaged in the system.

Who is your favorite leader in history and why? Abraham Lincoln. Other than the Revolutionary period, that had to be one of our countries most difficult times. Imagine the personal courage he had to have.

Favorite book: The Story of American Labor

Hobbies: Outdoor activities, computers, home improvement, cooking and eating.

Hometown: Fair Oaks, Calif.
Time in service: 5 years, 7 months
Time on station: 7 months
Role in mission: Intelligence Flight Commander

How do you contribute to the wing mission? I am responsible for all intelligence operations within the wing. My team and I provide intelligence information to the senior leadership. We also provide intelligence support to the 76th Helicopter Flight.

What do you like best about the Air Force? I really enjoy being part of the Air Force community. It's a family that you won't find anywhere else.

If you could change one thing about the Air Force what would it be? In order to "do more with less" we need to be more efficient with our resources.

How do you fulfill the Air Force core values? Give everything an honest effort and try my best to exceed every expectation.

What's the most exciting experience you've had so far in the Air Force? Working in Hawaii and having the product that I helped create end up on the president's desk!

How would you improve life at Vandenberg? Since Vandenberg is relatively isolated, I would move more services and activities onto the base for people to enjoy without driving to town.

Who is your role model and why? My father taught me all about hard work and responsibility.

Hobbies: Photography



Team Vandenberg Warrior
2nd Lt. Joel Silk
30th Operations Support Squadron

PHOTO BY STAFF SGT. CHUCK WALKER

Who is your favorite leader in history and why? Lincoln. He preserved the Union during one of our country's darkest hours.

Favorite movie: Airplane!

CLIP AND SAVE! DON'T DRINK AND DRIVE

Call Airmen Against Drunk Driving



For a free and confidential ride home, call Airmen Against Drunk Driving at 606-AADD or 605-AADD (2233).



COURTESY PHOTO

Space Launch Complex-3 on South Vandenberg will undergo a modification to become the future launch site of the Atlas V rocket.

SLC:

From page A1

to accommodate the new launch vehicle, Lt. Col. Rosen said.

The Atlas V will launch from a new fixed-position launch platform, he added. The 250-ton pad is needed to accommodate the 500-ton launch vehicle.

A new ground computer system

is also planned in the modifications.

The system is based on the system already in place at the East Coast launch complex, Lt. Col. Rosen said. The new computer system provides the ability to operate the system from a remote facility.

Oct. 2005 is a tentative date for the first West Coast Atlas V

launch, he said.

The Lockheed Martin Atlas V EELV was developed with the Air Force to modernize and reduce the cost of the nation's space-lift operations while providing the United States with assured access to space. The EELV is an Air Force program intended to improve space-launch capability and standardization.

Tax office now accepting appointments

By AIRMAN 1ST CLASS BRYAN FRANKS
30th Space Wing Public Affairs

■ W2's, 1040's and earned income credits – yes, it's tax season again. But don't worry, the tax office here is open and ready to serve the Vandenberg community for free at the Retiree Activities Center.

The tax office is accepting appointments for filing federal and state taxes beginning Tuesday.

To make filing taxes easier, the tax office has recruited nearly 40 volunteers to assist in filing taxes, to include unit tax advisors, said Ann Fox, tax office coordinator. The volunteers will continue to work out of their normal duty sections allowing easier access for personnel.

Electronic filing is available to expedite the return process, she said. The turn around for electronic filing for federal taxes takes approximately 10 to 14 days. State taxes take about four days.

The electronic tax system the

office is using is the same program used by the Internal Revenue Service, said Mrs. Fox.

"It accomplishes both federal and state at the same time allowing you to file for both state and federal together," she added.

With the new tax season comes new tax laws. The Military Family Relief Act includes new tax breaks for military personnel.

With a change retroactive to May, 1997 many military families who sold their personal residence and paid capital gains on the sale can file an amended tax return to reclaim those taxes paid, according to the IRS' Web site, www.irs.gov.

Taxpayers may exclude gains on a home sale, provided they have owned and used the home as a principal residence for two of the five years before the sale.

Amended returns must usually be filed within three years of the original return's due date. The law gives qualifying taxpayers who

sold a home before 2001 until Nov. 10, 2004, to file an amended return claiming the exclusion.

The death gratuity paid to survivors has increased from \$6,000 to \$12,000 and is considered tax-free retroactive after 9/11.

The combat zone extensions were expanded to cover contingency operations as designated by the Secretary of Defense, effective for any acts whose deadline has not expired before Nov. 11.

The act also provides that dependent care assistance provided under a military dependent care assistance program is a tax-free benefit and is effective for the tax years after 2002.

Members should check with their first sergeant to find out who their unit tax advisors are or call the tax office at 606-3650 to schedule an appointment. The tax office is open during normal duty hours.

Crimebeat...

COMPILED BY AIRMAN 1ST CLASS EDWARD PANAS
30th Security Forces Squadron

When patrolmen arrived, California Highway Patrol Officers were already on the scene and had control of the situation.

Jan. 8

Disturbing phone call – 9:05 a.m.

An airman's wife reported her husband received a threatening answering machine message at their home on Buckeye Street. The caller was identified as the wife's ex-husband. An incident report was accomplished.

Driving Under the Influen

#1 – 6:09 p.m.

The Timber Lane Gate sentry suspected a non-base affiliated civilian of driving under the influence. The overwhelming odor of alcohol streaming from his vehicle was just the first clue. He thought refusing a field sobriety test might be in his favor. However, a California Highway Patrol officer took him into custody anyway.

Noise pollution – 8:25 p.m.

An airman's wife reported loud noise from a vehicle driving up and down Cherry Street. Patrolmen observed the vehicle in question parked outside an airman's home. The operator was briefed on noise control.

Jan. 9

A really bad day – 3:15 a.m.

A patrolman suspected a non-base affiliated civilian of driving under the influence on Santa Lucia Canyon Road after stopping him for speeding. He also had a warrant for his arrest. A California Highway Patrol officer took him into custody. His non-base affiliated passenger had to fend a ride for himself.

Loud noise 11:57 p.m.

An anonymous caller reported loud music coming from a Minuteman Dormitory room. Patrolmen advised the airman to turn the music down.

Jan. 10

Major vehicle accident – 8:01 a.m.

Fire Dispatch reported a major vehicle accident on Highway-1 and San Antonio West.

Jan. 11

Boy from the hood– 12:15 a.m.

A patrolman observed a vehicle, operated by an airman, driving down Oceanview Boulevard with a non-base affiliated male on the hood. The patrolman witnessed the driver slam the brakes throwing the male to the street injuring his knees and back. He was transported to Lompoc Hospital Emergency Room for treatment. The airman was apprehended for reckless endangerment and contributing to a minor. Further investigation revealed the victim, who was a guest of the airman, was intoxicated and under age 21. She was released to her first sergeant.

Off base arrest – 5 a.m.

A routine check of local jails revealed an airman serving time in the San Luis Obispo jail for causing a minor accident while driving under the influence. His breath alcohol content was .13. His commander was notified.

Really long walk... – 3:10 p.m.

An airman's wife reported her husband missing from their home on Cantata Drive. She stated he left the quarters at 1 p.m. Jan. 10 and never returned. Patrolmen responded to the home to investigate and when they arrived, the airman also showed up. He stated he wanted to be away from the quarters for the night. The airman's first sergeant was briefed.

Lovers spat gone wrong – 4:10 p.m.

A soldier and his wife reported a male operating a PT Cruiser forced a female into his vehicle while parked outside the South gate adjacent to Highway 246. The soldier recorded the vehicle's license plate number. Local law enforcement authorities were notified and subsequently stopped the non-base affiliated civilian's vehicle on Highway 101 near Goleta an hour later. Investigation revealed the male and female were acquaintances involved in a domestic argument.



EXERCISE

From Page A1

"We got to do the hotwash on scene," she said. "30th SFS and the 30th MDG bio-environmental team were in coordination and we found out some things were on both units' checklists. We learned

some things. The exercise went great."

Tech. Sgt. Langhus noted that all procedures went well. He said that considering having that many agencies working together at the same sight, it went very smoothly.

"Issues that arose were very minor and are internally workable,"

he said. "I am confident we can come together."

"Responding to a contingency is a team effort," Col. Gallegos said. "Regardless of the incident, it takes coordination between many players on the base to make sure the wing responds effectively and quickly."

Around the Air Force

Cadets take controls of tomorrow's fighter

■ **U.S. AIR FORCE ACADEMY, Colo.** — Tomorrow's fighter pilots got a taste of tomorrow's combat airpower Jan. 8 and 9 here when F/A-22 Raptor manufacturer Lockheed Martin Corporation let cadets take the controls in their updated F/A-22 cockpit flight simulator.

The F/A-22 Raptor is the next generation of multi-role fighter aircraft, and Lockheed staffers and test pilots provided cadets a personal introduction to the Raptor's capabilities.

"The F/A-22 Raptor is a new breed of super-fighter for the 21st century," said Lockheed spokesman Greg Cairns.

"The simulator was a really good experience, especially for cadets who almost all dream of flying one day," said Cadet 3rd Class Robert Kurpiel of Cadet Squadron 35. "I had no real concept of how the F/A-22 was supposed to perform before today's simulation."

But after hearing the gentlemen from Lockheed Martin explain some of its capabilities and hearing how it compared to other aircraft in the inventory I was really impressed.

"I've been debating about flying since I got to the academy, but after flying the F/A-22 simulator I am thinking about it a little more," said Cadet 3rd Class Daniel Wilkinson of Cadet Squadron 9. "It was pretty impressive and really easy to fly. If I do become a pilot I definitely want to fly this plane."

Development teams up, running

By MAJ. JOHN THOMAS
Air Force Personnel Center PA

■ **RANDOLPH AFB, Texas** — Every officer career field now has development teams set up to "vector" officer career development.

"They're up and running," said Col. Kathleen Grabowski, chief of assignment policy at the Air Force Personnel Center here. "They're applying a great deal of collective officer career experience to each Air Force Specialty Code and provide vectors to individual officers."

That feedback will be posted in the "Development Team" block on officers' online officer development plans, currently

called the t-ODP, which replaced the former preference worksheet.

"Not all career fields are the same size and therefore not all officers will get the same type of scrutiny at every stage of their careers," Colonel Grabowski said. "Smaller career fields, with fewer jobs available may give individual feedback to captains, while some bigger career fields will find it more effective to give vectors only to majors and above, and to let assignments officers work the details of other officers' jobs directly with the individual and guided by the career planning diagram."

"These teams are the linchpin of force development." Colonel Grabowski said. "They will try to identify needs of the career field, and available training and educational opportunities, and set-up a plan that assignments officers can use to match the right person to the right job at the right time."

Each specialty code was represented when development teams convened for the first time this fall, meeting the deadline set by the chief of staff last year, said Col. Dave Nuckles, deputy chief of assignment programs and procedures.

So far, most teams are still organizing and focusing on logistical processes and parameters for how and to whom they will give guidance.

Captain donates marrow to save life

By STAFF SGT. MELANIE STREETER
Air Force Print News

■ **WASHINGTON** — When Capt. Brent Davis agreed to help drum up support for a bone marrow donor drive, he had no idea that 18 months and 1.5 liters of bone marrow later his actions may have saved a young man's life.

The journey began when a fellow officer contacted Captain Davis, 910th Airlift Wing public affairs chief at Youngstown Air Reserve Station, Ohio, while trying to raise enough interest to sponsor a visit by representatives from the C. W. Bill Young Department of Defense Marrow Donor Program.

"As I heard about the program it sounded great to be able to save somebody's life," Captain Davis said. "I understood how significant that was. But it sounded really painful."

Captain Davis ran an intensive campaign to get the Youngstown ARS populace interested in marrow donation. That campaign was successful, and when the recruitment team visited the base, he registered with the Department of Defense and National Marrow Donor Program Registry.

Months slipped by, the seasons changed, and life went on as usual, until one day in September when a phone call informed the captain he was a possible match.

"It was the last thing I ever expected," Captain Davis said. "I thought, 'Well, I won't be a perfect match, so I'll just go along with it and see where it goes.'"

Jemila Early, senior donor service coordinator with the C.W. Bill Young donor center, guided Captain Davis from the initial phone call through months of preparation and finally to the donation center.

Captain Davis said his wife was very supportive when he finally told her about his decision.

Even with the deck stacked in favor of both the donor and recipient, there were a lot of bridges to cross before the trip to Georgetown. Captain Davis suffered through weeks of paperwork and other hassles.

But as the date of the procedure neared, the big picture came into focus.

If Captain Davis were to back out at the last minute, the 17-year-old on the other end of the process would have no bone marrow at all — no way to manufacture those essential, life-sustaining cells.

Captain Davis entered Georgetown University Hospital early Dec. 8 to take the final step.

Dr. Tamarro Taylor, an assistant professor of medicine at Georgetown University, performed the procedure to harvest bone marrow from Captain Davis' pelvic bone.

Like the thousands of other collections she has performed in the last 10 years, Taylor used a special needle and syringe to draw out the marrow.

Later in the day, Captain Davis emerged from the procedure, spent some time in the hospital's recovery room while his anesthesia wore off and rested overnight in the hospital to make sure he would not suffer from complications.

Captain Davis is back to work now, having come so far since the day he agreed to help raise support for a program he knew little about. Not a day goes by without him thinking about the young man who needed an Air Force captain's bone marrow to fight for a long and full life.

(These articles are courtesy of Air Force Print News. To view the full stories go to the Air Force Web site at www.af.mil)



PHOTO BY MASTER SGT. JIM VARHEGYI

General fitness

BOLLING AIR FORCE BASE, D.C. — Air Force Chief of Staff Gen. John P. Jumper finishes the 1.5-mile run for his fitness evaluation Jan. 7. Nearly 60 general officers from throughout the National Capitol Region braved bitter cold weather to join General Jumper as he led the way in officially launching the new Air Force fitness standard.

Unveiling ceremony

WASHINGTON — Air Force Secretary Dr. James G. Roche unveiled a memorial at Arlington National Cemetery Jan. 8 to honor Tech. Sgt. John Chapman who was killed March 4, 2002, while fighting against the Taliban during Operation Anaconda in Afghanistan. He was posthumously decorated with the nation's second-highest award for valor, the Air Force Cross.

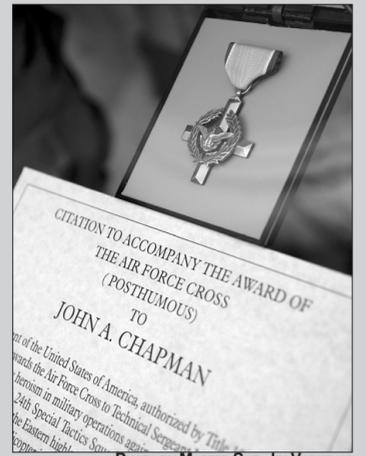


PHOTO BY MASTER SGT. JIM VARHEGYI

Mars Rover Spirit lands

FILE ART — Mars Rover Spirit, currently on the red planet, used a radiation-resistant computer to guide it to a safe landing Jan. 4. The computer was developed by experts at the Air Force Research Laboratory at Kirtland Air Force Base, N.M.



ART COURTESY OF NASA

1st ASTS blows out high scoring 30th SFS offense

By Staff Sgt. Chuck Walker
30th Space Communications Squadron

Patience on offense and strong defense are two ingredients normally not present in the heavy-hitting, high-scoring world of slow-pitch softball.

But if a team can possess those two skills it can usually pay good dividends.

Just ask the 1st Air and Space Test Squadron.

1 ASTS scored 11 runs in the first inning on its way to a 20-1 blowout of the 30th Security Forces Squadron in the second round of the Winter League playoffs Wednesday.

Player-coach Scott Tyley said 1 ASTS came in with a game plan to make the cops pitcher throw strikes and it worked to perfection.

"That's the strategy of the game, make their pitcher get the ball across the plate," Tyley said. "It also gets into the rest of their players minds when they see their pitcher walking in runs. We forced them to start getting the ball over the plate and that's when we started hitting. We got a lot of good strong hits. But our patience at the plate was the key in getting those hits."

1 ASTS scored all the runs it would need in the top of the first, bringing in 11.

"Our lineup was set up not to have a weak spot in it," Tyley said. "We mixed our power hitters all throughout the lineup and mixed them in with our quick runners. Everybody on this team has their niche. It's pretty easy to coach a team like this. All I have to do is fill out the lineup card. They all have good ball skills and it showed."

But it was Adan Cavazos' pitching along with stellar defense behind him that stymied the cops.

Cavazos led the hitting as well, going 3-for-3 with two doubles and five RBIs and Charlie Koertge went 2-for-2 with a triple and three RBI.

"We turned two double plays, so we just wanted to be focused on defense," Tyley said. "He was pitching great and we were playing good defense behind him. We just wanted to be strong all around. We knew that good defense is what would separate the winners and the losers."

For the cops, they couldn't have picked a worse time to have their worst game of the season.

The cops, who average about 20 runs a game, were only able to muster five hits and one run during the second round of the playoffs.

"We played like... you fill in the blank," cops player-coach Fernando Mora said. "Our errors really killed us.



PHOTO BY AIRMAN JENNIFER HAAS

1 ASTS player-coach Scott Tyley heads for first as cops 1st baseman Paul Quigley reaches for the ball during Wednesday's Winter League softball playoff game. 1 ASTS won the game 20-1.

They played great defense and we played the worst game we've ever played."

Now the cops will have to traverse through the loser's bracket if they want to win the double-elimination championship.

Mora said the cops are up to the task.

"We'll comeback and people will see a totally different team," Mora said. "This is a double-elimination tournament. We'll see them in the finals."

1 ASTS sits in the driver's seat as it advances to the semifinals.

Tyley said his team are thinking only

about winning the title.

"Just focus," Tyley said of what his team needed to do the rest of the way. "We've wanted this from the beginning. I told them to think championship. Nothing is accomplished and nothing is done until the finals are over and we're the winners."

Air Force's best football players coaches teach children trade

By Staff Sgt. Chuck Walker
30th Space Communications Squadron

For children who have ever wished to learn football from top-notch players, their dreams will come true Jan. 25.

The U.S. Air Force Academy football team is hosting a one-day clinic at Fort MacArthur in San Pedro, Calif. Players and coaches will run the non-contact clinic, designed around team building and fun.

The cost of the clinic is \$10 and is for military dependents (boys and girls) in 1st through 8th grade. Each participant

receives a certificate and a commemorative t-shirt for participating.

"It's a great opportunity for kids to come out and learn about football," said co-director of the clinic 2nd Lt. Ryan Yeager, a test engineer with the Space and Missile Center at Los Angeles Air Force Base. "All of the equipment is provided and the focus is on team building and having fun."

Participants will also have a chance to meet a real former NFL

player.

Chris Gizzi – an Academy alumni and former Green Bay

Packer best known for carrying the American flag out of the tunnel following the September 11th attacks – will be at the clinic as well.

Lieutenant Yeager said there are a lot of former Academy football players stationed at L.A. AFB and that is what gave him the idea to host the clinic.

Contact 2nd Lt. Ryan Yeager at DSN 833-6967 for more information or to sign up for the football clinic.



FREE THROW CHAMPIONSHIP

All boys and girls ages 10 to 14 at Vandenberg can participate in the local level of competition for the Knights of Columbus Free Throw Championship. The local competition begins at 1 p.m. Jan. 25 at the base gymnasium. Call Jeffrey Greenwood at 734-1700 for entry forms or additional information.

Volleyball Players needed

Varsity volleyball practice is every Sunday from 1 to 4 p.m. Experience is recommended, but not mandatory. All levels are welcome. Call Joe Krause at 606-6165 or Darren Savella at 606-3833 for more information.

Destinations

CENTRAL COAST

SPACE & MISSILE TIMES

January 16, 2004

Whale watching is a spectator's sport

By STAFF SGT. REBECCA DANÉT
30th Space Wing Public Affairs

Christmas was a rainy, stay-inside day this year. But the following morning dawned bright and almost warm. The Danét family took the opportunity to enjoy a whale-watching cruise to the Channel Islands aboard the Condor Express. The five-hour cruise provided up-close views of an amazing array of wildlife, the inside of the "Painted Cave" of Santa Cruz Island and an education by wildlife experts with more than 30 years experience on the waters here.

We left Lompoc early to be sure we had plenty of time for the one-hour trip to the Santa Barbara Harbor to catch the ship. Knowing how breezy an ocean voyage can be, we wore plenty of layers and brought hats and gloves too.

Condor Cruises manager Adam Waskewicz informed us ahead of time that we'd be able to buy our lunch onboard or bring our own. He also told us we were in for a visual treat including gray and humpback whales, bottlenose, Risso's and common dolphins, porpoises, sea lions, harbor seals and sea otters.

What we saw far outshined the advertised fare. As we climbed aboard the 75-foot catamaran, we scrambled to the front to be sure we'd have a good view of the action. For the sturdier-of-stomach, the Condor Express also offers an upper observation deck for unobstructed animal viewing. Capt. Ron Hart drives the ship from the wheelhouse there and welcomes visitors with questions.

Tooling out of the harbor, we paused near a buoy laden with sea lions. It was our first sighting of the day and the children said we were off to a good start.

Thirty minutes later we were far out to sea and Cody, 9, was starting to turn a little green around the gills. Kaitie, 7, was unaffected thanks to the ship's wave-piercing hulls and hydrofoil "wing" that aids in providing a smooth and stable ride, Capt. Ron said.

The captain led us on an ambling ride in and around the Santa Barbara channel searching for

marine life. Before we knew it, we were right in the middle of a pod of about 350 common dolphins. The mammals are so named because they are found in nearly every ocean of the world, Capt. Ron said.

Cody and Kaitie were delighted with the find. "They're all over," Cody yelled pointing out that the ship was surrounded.

"Won't they get hurt?" Kaitie asked. But Channel Islands Naturalist Corps docent Glenn

Shuart quickly pointed out that the Condor Express has no outboard motors to endanger marine wildlife. Water jets steer the ship instead.

It was no coincidence that Mr. Shuart was available to answer Kaitie's question. There's usually someone from the Corps available on each expedition.

The friendly and knowledgeable volunteer spent the next 30 minutes answering every imaginable

question the kids could come up with.

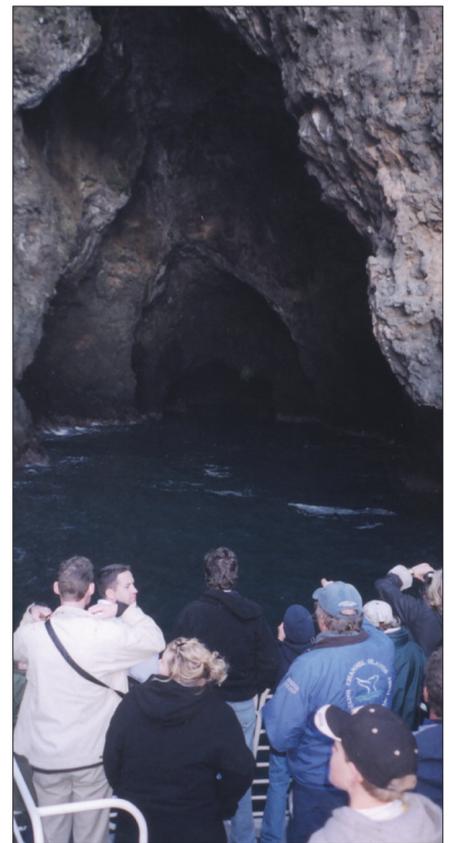
Next Capt. Ron spotted an ocean geyser on the horizon close to Santa Rosa Island. He took us nearer and we were treated to the sight of a pair of gray whales traveling south toward warmer water. We followed the pair for a while then turned closer to the island for an up-close view of the unspoiled country.

At times the islands seemed close enough to touch. That's when we saw an amazing sight. Capt. Ron turned the ship into a narrow channel between some rocks on Santa Cruz. The "Painted Cave" loomed up before us. The cave isn't actually painted but so named because of the great diversity of color in the rocks and water there.

As the ship neared the cave, I was sure we would end up on the rocks. But showing off his years of boating experience, Capt. Ron took us inside the mouth of the cave and paused for bit while we and fellow cruisers flocked to the front deck for pictures and an amazing view.

As we headed back across the channel, the captain took a few turns at chasing a pod of porpoises. The black and white creatures glided among the waves showing off their fast fin-work.

After a wonderful trip, we headed back to the harbor. Somehow the return voyage took only a quick 45 minutes. All in all, it was a great day.



(Left) Whale watchers flock to the edge of the Condor Express to check out dolphins surrounding the ship. (Above) Passengers are treated to the sight of a pair of gray whales migrating south. (Right) The "Painted" Cave of Santa Cruz Island is a rare sight for central coast visitors.

At \$70 for adults and \$40 for children 4 to 12, it was a little pricey, but checking out the company's Web site at www.condorcruises.com, I found out they also have two-hour school field trips for \$13.50 per person and will visit schools here with an in-class slide show for free.

Community Calendar

16 FRI **Volunteers needed** – to chair the following events: Women's history month in March and Days of Remembrance of Victims of the Holocaust in April. Call 606-0370.

Soccer players needed – the base soccer team is looking for experienced and committed players for a Santa Maria arena soccer league. E-mail ryan.howell@vandenber.af.mil for more information.

Women soccer players needed – The Vandenberg Women's Arena Soccer team is recruiting active-duty members and dependents for the upcoming season beginning Monday. For more information, call 606-1250.

Pharmacy Automated System – A new pharmacy automated system is being implemented at the Vandenberg clinic. Patients may experience an increase in

waiting times for the next three to six months. Call 606-7440.

16 FRI **Grant program** – the General Henry H. Arnold Education Grant program awards \$1,500 college education grants to eligible candidates. Visit the Air Force Aid office at the family support center or the society's Web site, www.afas.org for information or an application for this grant.

Youth Basketball scholarships – Applications are located at the youth center and base library.

Low walk-up fares – American Airlines expanded its military fares through next fall. The fares include no advance-purchase requirements and no change fees. Call (800) 433-7300.

Hunters Against Hunger – donate wild game to the needy. Call 606-6804.

16 FRI **Hebrew, Bar Mitzvah** – classes are available. Call 734-3311.

Free car seats – to E-4 and below. Call 606-5338.

G.I. Java seeks musicians – the G.I. Java wants local musicians to play at the coffeehouse during business hours. Solo performers and bands are welcome. Call the chapel at 606-5773 for an audition.

Marriage enrichment counseling – offered on a one-on-one basis for married and unmarried couples. Call 606-9958.

Dads-to-New Dads and Moms-to-New Moms programs – These mentorship programs offer support to new moms and dads. Call Nancy Sias at 606-5338.

17 SAT **Pet first aid and CPR class** – 8 a.m. to noon Saturday at the American Red Cross in Santa Barbara. Call 928-0778, for

pre-registration and more information.

19 MON **Office Closure** – the Family Support Center is closed 7:30 to 9:30 a.m. Mondays for staff training. Call 606-0039 for emergencies.

Relaxation room – 8:30 a.m. to 3:30 p.m. Monday through Friday at the Vandenberg Health and Wellness Center. Call 606-2221 for an appointment.

20 TUE **Mothers of Twins Group** – 6:30 to 7:30 a.m. on the second Tuesday of the month at the base library. Call Karen Duncan at 734-1654 for more information.

Anger Management course – 2 to 4 p.m. Tuesdays through Jan. 27 at the Health and Wellness Center. For more information, call 606-8217.

Vandenberg Retiree Activities Center – Open 10 a.m. to 2 p.m.

Tuesday through Friday in building 10346 in the base exchange shopping center. Call 606-5474 for more information.

20 TUE **Pre-Separation briefing** – 8 to 9 a.m. Tuesday at the Family Support Center.

Interviews and Professional Image – 1 to 3 p.m. Wednesday at the Family Support Center. Call 606-0039 to register.

Allan Hancock College spring registration – Walk through registration is from 9 a.m. to 7 p.m. Tuesday through Thursday. Late registration takes place 11 a.m. to 7 p.m. Jan. 26 through 29, 11 a.m. to 4 p.m. Jan. 30 for 8-week classes and 11 a.m. to 7 p.m. Feb. 2 through 5. Call 605-5915.

Bunko Night – 6:30 p.m. Tuesday at the Pacific Coast Club. Call 734-2554, for more information and reservations.

20 TUE **Youth sign language classes** – 3 to 3:50 p.m. Tuesdays and Thursdays at the education center room E-4. The class is for children in third through fifth grades. Call (805) 734-0452, for more information.

Baby Meet – 9 a.m. Tuesdays and Thursdays at the religious education center, building 16140. Call 734-1461.

21 WED **Manage your move workshop** – 8:45 to 11 a.m. Wednesday at the Family Support Center. Call 606-0039

23 FRI **CAL-VET Loan Class** – 1:30 to 3:30 p.m. Jan. 23 at the Family Support Center. Learn about the application procedures and understand the basic CAL-VET Home Loan process and potential pitfalls. Call 606-0039 to register.

Movie



Corner

Hi-Way Drive-in
Santa Maria Ph. 937-3515
GEN. ADM. \$5 KIDS 4-11 \$1
SOMETHING'S GOTTA GIVE PG-13 7:00 p.m.
CHASING LIBERTY PG-13

Movies Gemini
Lompoc Ph. 736-1306

TORQUE PG-13
DAILY 4:30-7:00-9:00 MON 2:00 SAT-SUN 11:30-2:00

ALONG CAME POLLY PG-13
DAILY 4:30-7:00-9:00 MON 2:00 SAT-SUN 11:30-2:00

Movies Lompoc
Lompoc Ph. 736-1558

CHASING LIBERTY PG-13
DAILY 4:30-7:00-9:30 MON 2:00 SAT-SUN 11:00-2:00
COLD MOUNTAIN R
DAILY 4:00-7:15 SAT-SUN 1:00
BIG FISH PG-13
DAILY 4:30-7:00-9:30 MON 2:00 SAT-SUN 11:30-2:00

LORD OF THE RINGS: THE RETURN OF THE KING PG-13
DAILY 3:00-7:30 SAT-SUN 11:00

Parks Plaza Buellton
Buellton Ph. 688-7434

COLD MOUNTAIN R
DAILY 4:00-7:15 SAT-SUN 1:00
CALENDAR GIRLS PG-13
DAILY 2:00-4:30-7:00 FRI 9:30 SAT-SUN 11:30-9:30
ALONG CAME POLLY PG-13

DAILY 2:15-4:45-7:15 FRI 9:30 SAT-SUN 11:45-9:30
CHASING LIBERTY PG-13
DAILY 2:00-4:30-7:00 FRI 9:30 SAT-SUN 11:30-9:30
BIG FISH PG-13
DAILY 2:00-4:30-7:00 FRI-9:30 SAT-SUN 11:30-9:30

General Admission \$7.50 kids and seniors \$5 All shows before 5:30 p.m. \$5. Movies and times subject to change.
Call **Edwards Santa Maria 10** for movie listings (800) 326-3264

30th Services News

YOUTH CENTER

PASSPORT to MANHOOD

Starts Wednesday • 4 p.m. • Youth Center

Passport to Manhood is a free program for boys 10 to 14 years of age that promotes and teaches responsibility for male Youth Center members. (Nonmembers cost is \$10.)

The program consists of 14-sessions, meeting once a week, each of which concentrates on a specific aspect of manhood through highly interactive activities.

Register today! Call Mike Renner, Program Director at 606-2152 or visit the Youth Center front counter personnel for information and a brochure.

This program is presented by VAFB Youth Center and the Boys & Girls Clubs of America.



FITNES CENTER

DO YOU EXCEL

in boxing, bowling, cross country, golf, fencing, rugby, shooting, tae kwon do, track and field, triathlon/marathons, wrestling, men's and women's basketball, soccer, softball or volleyball?

The AIR FORCE SPORTS PROGRAM is for you.

Compete with the best in the world and move up through the ranks. Go all the way, push your limits. Don't wait. Apply today! Go to www.usafsports.com.

Call Rod Paronto or Darren Savella at the Fitness Center, 606-3832 for sign up information.

For further information contact:

Mr. Steve Brown or Staff Sgt. Patrick Bennet
HQAFSVA/SVPAF
DSN 487-3271, Commercial 210-652-3471
FAX 210-652-4739 or e-mail
steve.brown@agency.afsv.af.mil or
patrick.bennet@agency.afsv.af.mil with questions.
Mailing address: HQAFSVA/SVPAF,
10100 Reunion Place, Suite 402,
San Antonio, TX 78216-4138

LIBRARY



DIAL-A-STORY

To hear this week's story, 'Martin Luther King' call the Dial-A-Story at 606-4300. Stories are available 24/7.

Monday - Library closed for

Martin Luther King Day

Thursday - Pre-school Storytime 10 a.m.

YOUTH SPORTS

VAFB Youth Sports SIGN UPS

BASEBALL - Boys & Girls, ages 5 to 13

Registrations: Continuing
Youth Center, Mon. through Fri., 7 a.m. to 5 p.m.
Cost: \$55 (\$50 Youth Center members)
Skills Day: Feb. 21 at the Baseball Field (behind the Child Development Center)

SOFTBALL - Girls, ages 8 to 13

Registrations: Continuing
Youth Center, Mon. through Fri., 7 a.m. to 5 p.m.
Cost: \$55 (\$50 Youth Center members)
Skills Day: Feb. 14 at Softball Field #2 (behind the Child Development Center)

COED TEEN SLOW PITCH SOFTBALL - League Ages 14 to 16

Registrations: Continuing
Youth Center, Mon. through Fri., 7 a.m. to 5 p.m.
Cost: \$55 (\$50 Youth Center members)
Skills Day: Feb. 14 at Softball Field #2 (behind the Child Development Center)

Volunteers/coaches are needed for both sports. For information, call the Youth Center, 606-2152.

GET FIT FOR 2004



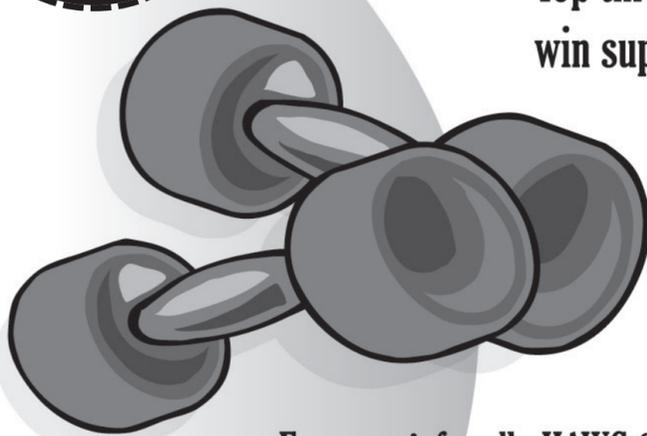
Looking to lose a little weight?

Want to get in better shape?

Start the new year right with our 8-week fitness contest

Fitness Center Holiday Hours
Monday
Martin Luther King, Jr. Day
We will be open
8 a.m. to 6 p.m.

- Fitness Assessment - Before & After
- Receive your exercise 'Prescription' to help you get fit for 2004
- Top three male and female participants win super prizes!



Beginning
January 26th

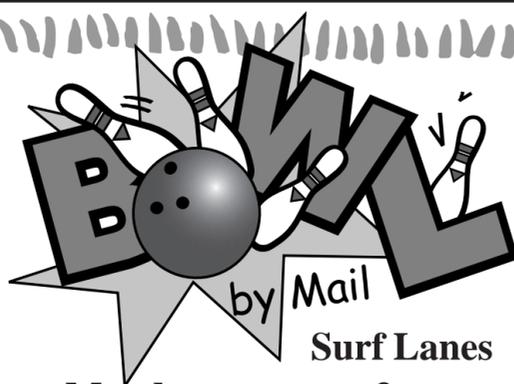
For more info call: HAWC 606-2221 / Fitness Center 606-3832

January Specialty Class

January 31 • 10 a.m. • Services Center • **INTRO to FULL CIRCLE**

This is the class to introduce yourself to the Indoor Cycling Experience... 25-minutes on the cycle for exceptional stretching, and ab-core strengthening. For any questions, call 736-1572.

YOUTH CENTER / SURF LANES



Monday • noon to 3 p.m.

Ages 5 to 8: 3-game series, \$2.25

Ages 9 to 18: 3-game series, \$3

Scores will be submitted to MAJCOM to compete against other Air Force youth from around the world! Trophies will be awarded for high series and high game in each age category. For more information, contact: Youth Center, 606-2152 or Surf Lanes, 606-3209.

TEEN JOB SEARCH 101 SEMINAR

Thursday • 1 to 4 p.m. at the Youth Center

Snack lunches will be available for \$2 each (includes: sandwich, chips, and a drink).

Contact the Youth Center to register. Telephone: 606-2152.

PACIFIC COAST CLUB

The PCC is the Spot TONIGHT!

HOT LATIN SOUNDS



with Latin Ladies, free dance lessons, drink specials! Fun starts at 9 p.m.

★ '18 & over night' ★

Saturday • 10 p.m. to 3 a.m.

The best of R&B, Hip Hop, Old School with the central coast's No. 1 morning show 'Danny G & Company' You hear them on the radio... come out and meet the Company!

FAMILY VALUE NIGHTS for the Vandenberg Family

- MONDAY \$5 off any large pizza. \$3 non-members
- TUESDAY PCC Chicken Buffet \$6.95 members, \$3.95, kids 11-to-4 yrs.
- WEDNESDAY Kids' Pizza Night, kids 11-and-under, pizza with soft drink, \$1.50
- THURSDAY Pasta Mania Buffet

Call the club, 606-0333, for more information.