



Countdown to ORI—
23 days
GET READY!

Base Briefs

READINESS TIPS

In the event of an emergency alert, all schools near Vandenberg will be notified. The actions taken by each school varies by location, physical arrangement, etc. Parents should familiarize themselves with the emergency plans developed by their children's school.

CHANGE OF COMMAND

The 30th Logistics Readiness Squadron will have a change of command ceremony at 3 p.m. March 15 at the Pacific Coast Club. Lt. Col. Scott Van Ness will relinquish command to Lt. Col. Jeffrey Kersten. Call 606-9069 for details.

LEGAL CLOSED

The wing legal office is closed March 12 for legal assistance. Call 805-588-2822 for emergency legal assistance.

TOWN HALL MEETING

A town hall meeting begins at 6 p.m. Thursday at the base theater. The next phase of the housing construction program will be discussed, and all housing residents are encouraged to attend.

GC KICKOFF

The Guardian Challenge kickoff begins at 3:30 p.m. March 12 at the Pacific Coast Club.

ONLY ON VMPF

Vandenberg's military personnel should go to their commander's support staff to update dream sheets. Access the Virtual MPF to get a Proof of Service Letter or Decoration. The VMPF cannot update dream sheets at this time. Visit the Air Force Personnel Center's VMPF Web site at www.afpc.randolph.af.mil.

START UNIFORM

During START Inspections, only personnel in inspectable areas and START local escorts, support staff, augmentees; and bus drivers are required to wear BDUs with the BDU cap.

B-DAY AT BREAKERS

Breakers Dining Facility hosts the January, February and March quarterly birthday meal March 18. Dinner is served at 5:30 p.m. Call Staff Sgt. Bethany Lopez at 606-5496 for details.

CAC CARDS

Every active duty, reserve, guard and DoD civilian needs a CAC card by April 30. Call MPF customer service at 606-2276 for details.

Team V implements new sexual assault prevention task force

By AIRMAN 1ST CLASS JUANIKA GLOVER
30th Space Wing Public Affairs

Recognizing that one sexual assault is too many, Col. Frank Gallegos 30th Space Wing commander recently decided to implement a taskforce to find ways to ensure the safety of each Airman.

The Sexual Assault Prevention Task Force here is composed of multiple base and civilian agencies and is part of a larger Air Force-wide assessment to develop a formal program to help deter and prevent sexual assaults.

The focus of this effort is to increase awareness and target the

at-risk population, supervisors, senior leaders and the base as a whole.

According to Chaplain (Maj.) David Terrinoni, 30th Space Wing Senior Protestant chaplain, throughout the next six weeks, Team Vandenberg is going to see a number of initiatives to increase awareness and to help people protect themselves and be aware of their surroundings.

Some of the initiatives are:

- Formal presentations regarding sexual assault to target at-risk audiences.
- A new video showing the connection between alcohol

misuse and the increased likelihood of sexual assaults.

Sexual Assault Awareness briefings at all available venues including the first term Airman center, Airman leadership school, and all NCO and officer continuing education courses as well as commander's calls.

• A charge of quarters for the dorms.

• A Pacific Coast Club mentorship program to create a comfortable atmosphere where young enlisted Airmen can learn and grow as an Air Force leader.

• Posting sexual assault prevention information and

banners at high-traffic locations throughout the base including unaccompanied housing during Domestic Violence Awareness month in April.

• Installing card holders in bathrooms with Rape Crisis Center hotline phone numbers.

• A supervisor's briefing and video regarding ways to watch for signs of possible sexual assault activity and what they can do to prevent it.

The Chaplain said this issue is so important to the wing and base leadership that Col. David Thompson, 30th SW vice commander, Chief Master Sgt.

Kevin Ludwig, 30th SW command chief master sergeant, and Mr. Dan Wenker 30th SW executive director, is chairing the task force.

"I believe one reason that people assault other people is because they have not learned to respect the other person," Chaplain Terrinoni said.

"One goal that we have as a task force is to help all of Team Vandenberg to realize that we're on the same team and to violate another person's dignity is absolutely wrong," he said. "I especially believe in the Air Force,

See FORCE Page A4

Team V receives emergency shuttle landing training

By SENIOR AIRMAN BRIAN HILL
30th Space Wing Public Affairs

Vandenberg agencies vital in emergency landing and recovery operations recently received DoD training for response to space shuttle de-orbiter emergencies.

Lt. Col. Timothy Lee, chief of training for the DoD Manned Spaceflight Support office at Patrick Air Force Base, Fla., spoke to nearly 30 emergency response agencies here.

"Vandenberg is one of many DoD emergency landing sites for the shuttle," Colonel Lee said. "It's not a typical aircraft, and we need to make sure everyone is trained and postured on its unique peculiarities in the event the de-orbiter is not able to reach a primary."

Training to respond to an emergency shuttle landing includes an overall familiarization with the craft in the event the crew needs to be removed, the Colonel continued. Responders also learn shut down procedures and proper handling of the unique fuels present.

Although the odds of the shuttle landing here are remote, Colonel Lee said key factors could make Vandenberg's 15,000-foot runway very necessary.

"Energy management issues or inclement weather could make landing at Edwards [AFB, Calif.] not possible," the Colonel said. "In that case Vandenberg becomes an option."

According to Col. Lee, there are 28 DoD emergency landing sites around the world – Vandenberg is one of the five newest to be added. Others on the list include MacDill AFB, Fla.; Keflavic Naval Air Station, Iceland; Dover AFB, Del.; and China Lake Naval Air Weapons Station, Calif.

"We have to have a set of sites in case the shuttle needs to land right now," said NASA spokesperson George Diller. "Sites are identified for true emergency landings if primaries and back-ups aren't available."

A contingency support plan for emergencies involving the shuttle is currently being developed here.

Peek-a-boo!



PHOTO BY AIRMAN 1ST CLASS BRYAN FRANKS

An Airman from the 30th Civil Engineer Squadron, eyes the perimeter of the camp for enemy forces as part of a training scenario at the Northstar field training site here Wednesday. Team Vandenberg Airmen spent two days training at Northstar in preparation for the upcoming Air Force Space Command inspection, which starts March 28. Expeditionary, operational, and compliance areas are graded for an overall score. Col. Frank Gallegos, 30th Space Wing commander, encourages all Airmen to "THINK BLUE."

Team V 1st lieutenants, captains make rank

Congratulations to the following Team Vandenberg Airmen on their promotions to major and captain.

New Majors

Luis Ares, 2nd Space Launch Squadron
Douglas Bayley, 392nd Training Squadron
Thomas Colvin, 30th Operations Group
Jeffrey Crider, 614th Space Operations Squadron
Eric Ecker, 30th Space Wing
William Farlow, 381st Training Support Squadron
Ray Fernandez, 614th SOPS
Mark Goehring, 392nd TRS
Jeffrey Greenwood, 392nd TRS
Glenn Harris, 2nd Range Operations Squadron
Darrel Johnson, 14th Air Force

Niki Kissiar, 533rd Training Squadron
Robert Kittell, 533rd TRS
Charles Lively, 533rd TRS
Kenneth McDonald, 614th Space Communications Squadron



Robert Meyer, 30th Logistics Readiness Squadron
Matthew Morand, 22nd Space Operations Squadron
Craig Narasaki, 392nd TRS



Glenn Snow, 576th Flight Test Squadron
Victor Stukovsky, 2nd Range Operations Squadron
Theodore Unzicker, 392nd TRS
Demetrius Walters, 595th Space Group
Jerome White, 614th SOPS
Richard Whitlock, 14th AF

See RANK Page A2

Vandenberg gets a new look

COMPILED BY 2ND LT. PHILLIP DOBBERFUHL AND AIRMAN 1ST CLASS JUANIKA GLOVER
30th Civil Engineer Squadron and 30th Space Wing Public Affairs

Members of Team Vandenberg may be noticing increased construction efforts here.

While these projects sometimes inconvenience travelers and visitors, the efforts of the 30th Civil Engineer Squadron are aimed at supporting the mission, caring for the aging infrastructure, tightening security, and enhancing the beauty of the base, according to Dennis Pakulski, 30th CES chief of program development.

While the 30th CES has a number of base construction projects, the following are four of the most visible:

Headquarters, Bldg. 10577

Start date: November 2003

Projected completion date: Exterior work is expected to be completed by April 1.

Reason for construction: To enhance anti-terrorism aspects of the building by creating vehicle obstacles at the front and eliminating paved areas within a 25-meter zone at the rear.

Breaker's Dining Facility

Start date: January 2004



PHOTO BY AIRMAN 1ST CLASS JUANIKA GLOVER

Construction is on-going near Breaker's Dining Facility.

Projected completion date: September 2004

Reason for construction: To renovate the parking lot to adhere to the anti-terrorism policy of having 25-meter zone around the building. There are also repairs set to begin in June on the heating ventilation and air conditioning system. Maintenance on the system was becoming difficult. The dining facility be closed from June until November until the repairs are completed.

Base waterline replacement

Start date: November 2003

Projected completion date: July 2004

Reason for construction: The shoppette and library parking lot phase of this military construction project was just completed. The primary purpose is to fix and improve water quality on a system that was labeled a level one environmental compliance project and had received a notice of violation. A secondary benefit is a

See PROJECTS Page A4

In this issue of the



Also view The Space & Missile Times at www.vandenberg.af.mil and click the Space & Missile Times button



Deployment preparation at Vandenberg. See Page A5.



Destinations Central Coast stops in for a visit at the Elverhøj Museum of History and Art. See Page B1.

Weekend forecast
Sunny all weekend!



Low/High
38/66

For a full vandenberg weather report, visit www.vandenberg.af.mil/30sw/organizations/30og/weather/weather

Base theater re-opens

By AIRMAN 1ST CLASS BRYAN FRANKS
30th Space Wing Public Affairs

Serial killers, wizards, cartoon characters, and yes, extra-buttered popcorn invade Vandenberg tonight as the base movie theater re-opens with a ribbon cutting ceremony at 6 p.m. and *Lord of the Rings: Return of the King* playing at 7 p.m.

The base theater re-opens after almost a year of renovations to the building.

Renovations update the aging structure to give it versatility to be used in a dual purpose, said renovations contractor Bob Hinshaw.

The 30th Services Squadron will plan military functions such as commanders calls and briefings during the week.

The Army and Air Force Exchange Service plays first-run movies each weekend, said Steve Reisbeck, AAFES manager.

"This is probably now the best movie theater there is in the Air Force," Mr. Reisbeck said.

Many new features and changes make Vandenberg's theater a moviegoer's delight.

A brand new concession stand with self-serve popcorn, candy, hot dogs and drinks are available at competitive prices, Mr. Reisbeck said.

To improve the sound quality the walls have been covered in sound depressing paneling to reduce echo effects.

The 14 JBL-speaker Dolby surround sound system remains in place.

However, a change in the projector's bulbs enhances sound quality by reducing popping effects as the projector reads the sound portion of the film, Mr. Hinshaw said.

New seating allows seating capacity to increase by an additional 24, bumping the total seating to 488. Handicapped seating is also now incorporated in the back, Mr. Hinshaw added.

New central air and heating units are all electric and digitally controlled, allowing for more precise environmental control and efficiency.

Because the new central air takes up less space, dressing rooms were installed, he added. This modification allows groups to prepare speakers and provides extra space backstage for performers.

The movie theater was enlarged by closing in the front entrance, creating a large foyer for moviegoers to escape the elements quicker and safer, Mr. Reisbeck added.

To provide a more family-friendly environment, diaper-changing stations were included in the bathroom. Also added are two retractable lift in the ceiling that house projectors for official command activities, Mr. Hinshaw said. A new sound system, different from the movie sound system, is also available for official activities.

The building is now retrofit for the 30th Space

Communications Squadron. Video cameras can now be connected to an internal communications network and live feeds can be sent to anyone with access to the commander's access channel, Mr. Hinshaw added. Live feeds provide the commander with the ability to reach a larger group in a shorter time –

allowing more efficient information dissemination.

The power system is also modified – in the event of a power failure a generator can be accessed with the flip of a switch.

The Space & Missile Times now runs a movie schedule for the base theater on page B1.



PHOTO BY AIRMAN 1ST CLASS CRAIG CISEK

The newly-renovated base theater re-opens today at 7 p.m. The first showing will be *Lord of the Rings: The Return of the King*. Col. Frank Gallegos, 30th Space Wing commander, officially opens the theater in a ribbon cutting ceremony at 6 p.m. today. Popcorn is free for the first showing.

RANK:

From Page A1 New Captains

David Bratley, 533rd Training Squadron
Eric Dehn, 533rd TRS
Michael Harrigan, 533rd TRS

Anthony Schmidt, 533rd TRS
Michael Synakiewicz, 533rd TRS
Jack Jones Jr., 30th Space Wing
Jason Knight, 30th Operations Group
George Wigfall, 30th OG
Heidi Kinsey, 576th Flight Test Squadron

ALCON: Normal

A general condition reflecting responsible alcohol use.

AADD saves: **67**
Days since last DUI: **13**
DUI totals for the year: **6**

30th OG	0	30th SW	1	614th SOPG	0
30th MSG	1	14th AF	0	381st TRG	2
30th MDG	1	30th LCG	0	576th FLTS	1

March is National Nutrition Month

"Eat smart, stay healthy"

By BEVERLY CALDERON, RD, CDE AND
FLORENCE PADGETT, RN, CDE
Health and Wellness Center

"Eat Smart, Stay Healthy" is the slogan for March – National Nutrition Month – which focuses on the importance of making informed food choices and developing sound eating and physical activity habits.

Professional nutrition and health organizations continue to advocate the importance of wholesome carbohydrates while not exceeding total daily calorie needs. In 2003, the American Heart Association released a media advisory statement recommending overall healthy dietary patterns rich in fruits, vegetables, whole grains and fish, to lower the risk of cardiovascular disease and stroke.

The misunderstanding of basic nutritional concepts leads to poor choices. Understanding how to select nutrient rich carbohydrates and incorporate those choices into everyday meals and snack selections is critical to managing health and achieving overall fitness. As part of a balanced diet, experts continue to recommend consuming five servings of fruits and/or vegetables each day – "5-A-Day for a Better Way" is the national message. For other healthy

carbohydrate selections, choose whole grain products and avoid processed grains. It is recommended limiting refined grains and pastas, which lose essential nutrients during processing. A food that has sugar as the first ingredient will most likely be lacking in nutrients.

Taking stock of our personal carbohydrate consumption and individual dietary needs, demands some basic nutrition concepts and the ability to read through marketing ploys. Amid the daily barrage of carb awareness messages, a slight truth may exist that excessive carbohydrates can contribute to negative health consequences. As the low carb messages continue to increase with advertising of such things as a "low carb fast food style burger" as opposed to the regular version, understanding healthy choices becomes increasingly challenging for consumers.

Historically, nutritional concerns focused on calorie, vitamin and mineral deficiencies, which lead to the development of Recommended Daily Allowances by the National Academy of Sciences' Food and Nutrition Board. The 2002 report recommended a flexible approach to nutrition in which adults obtain 45 to 65 percent of total daily calories from

carbohydrates, 20 to 35 percent from fat, and 10 to 35 percent from protein. For people with special dietary needs, selecting and consuming the right balance of carbohydrates is fundamental. Critical to maintaining health and achieving a healthy weight is selecting nutrient-rich carbohydrates and incorporating into everyday meal and snack choices.

Busy schedules and work demands can make "Eat Smart to Stay Healthy" a challenge, but shouldn't detract from giving the body essential fuel and energy. Selecting healthy convenience foods like pre-washed and cut vegetables and fruit can make achieving the 5-A-Day and healthy carb message easier.

Tips on essential carbohydrates include: whole grain bread, less processed starches, high fiber cereal, oatmeal, fresh berries, tree fruit, soybeans, legumes, sweet potatoes and yams. For more nutrition information contact the Health and Wellness Center, 606-2221. They offer information on the Body Composition Improvement program and the Risk Reduction classes for diabetes, cholesterol and high blood pressure.

Understanding personal nutritional needs is as key to health as regular physical activity.

SPACE & MISSILE
TIMES

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For information about the Space & Missile Times, call the staff at (805) 606-2040.

COMMANDER ON CONSOLE

Vandenberg Hawks - built for success

By COL. FRANK GALLEGOS
30th Space Wing commander

This is it! We finally received the official notification of inspection last Friday and in 23 days the AFSPC inspector general will be here to see the best space lift wing on the planet!

After much preparation, practice, and hard work, this wing will be put to the test. This is our time to shine and prove we are ready to do the mission.

I'm confident we will all work together and pass these inspections with high marks. We will prove to the AFSPC team that we perform our mission safely and reliably every time. Failure is not an option. We've worked too hard to allow that to happen. At the end of the day, I expect you to simply "Do the right thing."

Remember as we launch into the inspection keep your situational awareness high and remember to be ready to perform to your utmost capability, maintain your focus on the issues at hand and be proud to be a part of this incredible team. Every member of this wing contributes to the success or failure of what we do, starting with our bearing, customs and courtesies, attention to detail and hustle.

Here are a few tips to help you succeed:

• **Understand the process (Know the rules and play by them):** We should all know our instructions, plans and technical orders like the back of our hands. It's okay if you don't know the answer immediately, but you better know where to find it. Just follow the guidance and established procedures in place and everything will run

like clockwork.

• **Be professional and confident (Bearing is essential):**

Never argue with an inspector! Always be professional, gather the facts and then get your supervisor involved if you have to. There will be problems—I guarantee this—but how you handle them can make all the difference in the world.

Be calm, competent, fix what you can at the time and bring the other matters to the attention of your supervisor. Always keep your supervisors in the loop with factual happenings of the day's events.

• **Enthusiasm (Attitude is key to our success):** — The single most

important factor for our success will be a positive attitude from the start to the finish of these inspections.

Let's get ready to show the inspectors what we know—don't be shy, be outspoken of fixes, improvements, and solutions to potential problems.

Remember test, launch and range support is the 30th Space Wing mission and no one does it better.

Together, we will work hard, and show the inspectors the true meaning of success. Go HAWKS!

Think Blue
Have Pride in Ownership
Inspire Your Airmen
No Repeat Write-Ups
Know Pass/Fail Criteria
Be professional and confident
Lead by Example
Understand the Process
Enthusiasm

Success depends upon attitude, preparation, opportunity

By LT. COL. DOUGLAS JAMES
30th Contracting Squadron commander

Throughout my career I have developed a philosophy of success that I would like to share with you. I believe there are three basic attributes an individual needs to succeed. They are attitude, preparation and opportunity.

First, and I think by far the most important, is attitude. How many times have you encountered very bright, skilled and talented people who for some reason just have a bad attitude? When they are asked to demonstrate their ability, they complain, fail to give 100 percent, or are just difficult to deal with. These people will repeatedly fall short of

fulfilling their potential based solely on attitude. The worst part of this is that we control our attitude.

We decide how we respond to challenges and adversity. We all have a limited amount of god-given ability. Some are smarter than others; some are bigger, faster and better athletes. Some are better public speakers, organizers or are more creative.

The point is, no matter how gifted you are or aren't in a given area, a positive "can do" attitude is the most important attribute for achieving success. A poor attitude will cause peers, subordinates and superiors alike to avoid interaction with you.

Recognizing that some form of talent

and training is required for almost all careers, I think that the second most important attribute for success is proper preparation. If a degree, trade school or professional certification is required in a given career field it is incumbent upon you to fulfill the requirements.

I do not argue that the world is not fair and that some people have an easier path to fulfilling the preparation requirements than others but ultimately the time and effort you put into your preparation and development is a reflection of your desire to succeed and your responsibility to accomplish.

It may take you longer to achieve your goals than someone else who had it easier but that is no excuse for failing to

continue to work toward fulfilling your dreams. Throughout my life I have run across many people with a great attitude who are missing some form of mandatory preparation and their potential is severely limited. When I ask why they aren't pursuing the requirement I routinely get the response it will take me five years or more to complete. My immediate response is to ask: How old will you be then? Followed by the question: How old will you be then if you don't complete the requirement? Again, just like attitude we control our preparation.

The final attribute, or probably a better description for a condition of success, is opportunity. While we do not

control our opportunities, I believe in most cases our opportunities are created by our attitude and preparation. How many times has an opportunity passed you by because at that time, you were not prepared? How many great opportunities are offered to someone else because they had a better attitude? I'm not saying that all opportunities are created but most are. So I ask you: What is your attitude? Are you prepared to pursue opportunities when they present themselves?

If your answer to these questions is a positive "can do" attitude with good preparation, I guarantee people will be asking you. What is your philosophy for success?

Commander's Action Line
Call 606-7850 or
E-mail your message to
actionline@vandenberg.af.mil



Col. Frank Gallegos
commander

By performing Vandenberg's mission safely and effectively, Team V provides proof of its commitment to do the right thing.

Two-way communication is paramount to continued mission success. The 30th Space Wing Commander's Action Line is your direct link to me.

Through the action line you can congratulate your teammates on a job well done, affect change and express productive points of view.

I want your input and I am personally involved in every response.

The action line is always available and it's an excellent tool, but remember to

use your chain of command. Talk to your supervisors, first sergeants, services officials and other base professionals and give them a chance to solve your problem first.

Working together, we will enrich the 30th SW mission performance and the quality of life of our airmen.

When calling the action line, leave your name and phone number in case more information is needed.

DON'T DRINK AND DRIVE
Call Airmen Against Drunk Driving



For a free and confidential ride home, call Airmen Against Drunk Driving at 606-AADD or 605-AADD (2233).

HAWKS' Point of View

"How has the Northstar exercise helped you prepare for deployments?"



"I'm getting ready to deploy and this helps refresh the training we've already received." — Staff Sgt. Eric Bernhard, 576th Flight Test Squadron

"You're going to get deployed one day or another and this helps me prepare for that." — Staff Sgt. Pete Gigliotti, 576th Flight Test Squadron



"These exercises familiarize people for what could happen in a real deployment." — Staff Sgt. Troy Adams, 30th Logistic Readiness Squadron

"I like it — this is my first exercise." — Senior Airman David Hyder, 30th Logistics Readiness Squadron

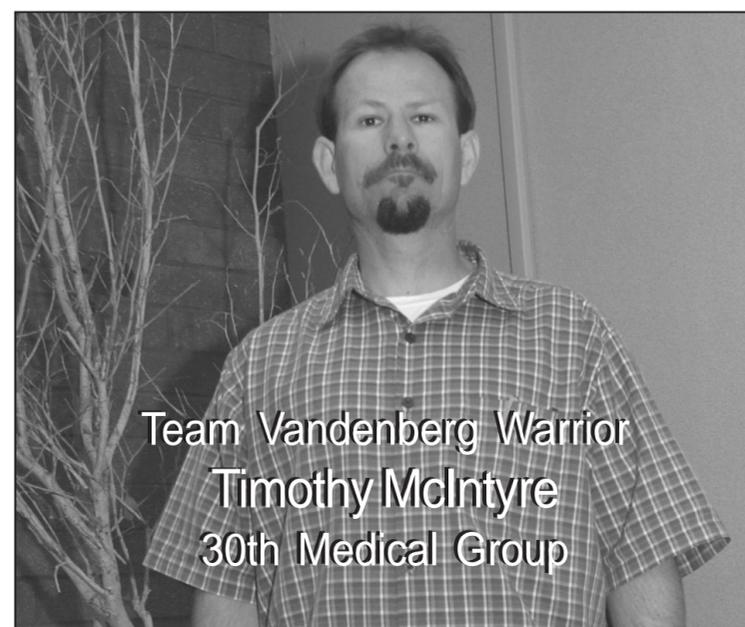


Hometown: Klamath Falls, Oregon
Time in service: 20 years, 4 months
Time on station: 14 months
Role in mission: First Sergeant for the 30th Medical Group.
How do you contribute to the wing mission? Ensuring the Medical Group has the most professional airmen to support the wing in its daily mission.
What do you like best about the Air Force? The travel and meeting great people at each assignment.
If you could change one thing about the Air Force what would it be? Slow down the deployment tempo.
How do you fulfill the Air Force core values? Leading by example everyday and mentoring the young airmen to follow the core values they were taught.
What's the most exciting experience you've had so far in the Air Force? Being a Military Training Instructor and being the "shirt" for the Medical Group.
How would you improve life at Vandenberg? Life here is all right, but we could be closer to a bigger city.
Who is your role model and why? Retired Master Sgt. Dirk Merritt, he mentored me on how to be a good supervisor and how to take care of the folks I supervised.



Team Vandenberg Warrior
Master Sgt. David Duell
30th Medical Group

PHOTO BY AIRMAN 1ST CLASS CRAIG CISEK



Team Vandenberg Warrior
Timothy McIntyre
30th Medical Group

PHOTO BY AIRMAN 1ST CLASS CRAIG CISEK

Hometown: Norwich, England
Time in service: 24 years
Time on station: 14 years
Role in mission: Medical Facilities Manager
How do you contribute to the wing mission? By supporting the values of the 30th Medical Group in providing the Vandenberg population with their health care needs.
What do you like best about the Air Force? Camaraderie
If you could change one thing about the Air Force what would it be? Increase pay grades for civilian positions.
How do you fulfill the Air Force core values? By supporting the mission of the 30th Medical Group and being a team player
What's the most exciting experience you've had so far in the Air Force? Meeting people from different parts of the country and world.
How would you improve life at Vandenberg? Continue to set by example, the values for the new Airman/Civilians that those before me taught me.
Who is your role model and why? Abraham for his faith in God

Preventing Great Balls of Fire!



PHOTO BY AIRMAN 1ST CLASS CRAIG CISEK

Joe De Hoyos from the 30th Civil Engineer Squadron's fire department covers kitchen fires with Col. Frank Gallegos, 30th Space Wing commander, during an inspection of the colonel's base housing unit. The fire department is offering home fire safety inspections on a voluntary basis. Call 606-3676/3217 for more information or to schedule an appointment.

Airman pleads guilty to larceny charge

By 1st Lt J. MICHAEL JONES JR.
30th Space Wing Judge Advocate

■ An Air Force Senior Airman assigned to the 30th Civil Engineer Squadron was sentenced to 15 days confinement and forfeiture of \$300 pay for one month after he plead guilty to larceny at a summary court-martial held here February 13.

Specifically, Senior Airman Denton J. Scott plead guilty before a summary court officer to one specification of larceny, a violation of Article 121 of the Uniform Code of Military Justice.

According to the record of trial, Airman Scott stole a hot water heater, property of the United States Air Force, from

Vandenberg on or between June 1 and August 31, 2002. The stolen hot water heater is to be returned to Vandenberg.

The sentence adjudged in this case reinforces the position that theft from the Air Force is incompatible with Air Force service and that such theft will bear serious ramifications.

Crimebeat ...

COMPILED BY AIRMAN 1ST CLASS EDWARD PANAS
30th Security Forces Squadron

Feb. 27 Minor Vehicle Accident – 10:42 a.m.

An Airman reported his vehicle had been involved in an accident at the Pacific Coast Club. The Airman stated a woman approached him and stated she had hit his vehicle while trying to parallel-park. The Airman's vehicle had a 9-inch dent in the bumper. The woman's vehicle sustained no damage.

Feb. 28 I'm stuck and can't get out – 6:30 p.m.

An Airman reported his truck was stuck on a road near Wall Beach. Further investigation revealed the vehicle was stuck on a closed access road. A tow truck was called and the Airman was told not to drive on closed roads any longer.

Dumb, Dumber and Dumberer – 11:10 p.m.

Patrolmen reported stopping a vehicle for traveling more than 90 mph on Highway 1. An aroma of alcohol was emitting heavily from the vehicle. The driver identified as an Airman was administered a field sobriety test which he passed.

Two of the passengers in the rear of the vehicle began to heckle the patrolmen and tell them they did not know what they were doing. Patrolmen determined that they were less than 21 years of age and under the influence of alcohol. Both individuals, identified as Airmen, were administered breath

alcohol tests. The test confirmed both Airmen had alcohol in their system.

Feb. 29 Fire response – 10:09 a.m.

A patrolman reported a vehicle fire on Highway 1 adjacent to Mountain View South. Fire dispatch was contacted and sent fire crews to the scene. Investigation revealed the vehicle's rear tire came off, which caused the vehicle to spark and ignite. None of the passengers were injured and the vehicle was later towed.

Major Vehicle Accident – 5:32 p.m.

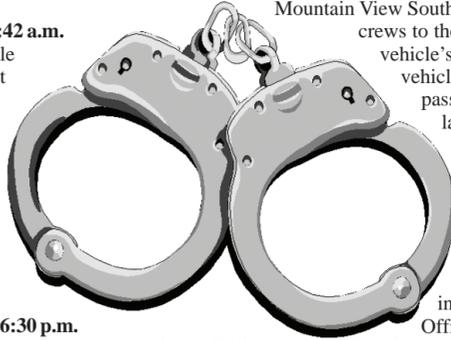
Fire dispatch reported a major vehicle accident on Highway 1 adjacent to San Antonio Rd. West. Patrolmen made contact with the non-base affiliated driver, who stated that she hit the guardrail, which caused her vehicle to flip into the air. California Highway Patrol Officers arrived and assumed control of the situation.

March 1 Stray Animal Impoundment – 1:58 p.m.

A patrolman reported capturing a stray canine while on Magnolia St. The dog was transported to the Lompoc Stray Animal Facility.

March 2 Traffic Stop – 9:58 a.m.

Patrolman reported stopping a vehicle on Lompoc-Casmalia Rd. and Utah Ave. The vehicle was stopped because the driver was on the Driver Revocation list. The driver was cited and her vehicle was towed.



This week in history ...

COMPILED BY AIRMAN 1ST CLASS JUANIKA GLOVER
30th Space Wing Public Affairs

February 29

1968 – The President's National Advisory Commission on Civil Disorders releases its report, condemning racism as the primary cause of the recent surge of riots. The report, which declared that "our nation is moving toward two societies, one black, one white—separate and unequal," called for expanded aid to African-American communities in order to prevent further racial violence and polarization. Unless drastic and costly remedies were undertaken at once, the report said, there would be a "continuing polarization of the American community and, ultimately, the destruction of basic democratic values."

March 1

1961 – President John Kennedy issues Executive Order #10924, establishing the Peace Corps as a new agency within the Department of State. The same day, he sent a message to Congress asking for permanent funding for the agency, which would send trained American men and women to foreign nations to assist in development efforts. The Peace Corps captured the imagination of the U.S. public, and during the week after its creation thousands of letters poured into Washington from young Americans hoping to volunteer.

March 2

1807 – The U.S. Congress passes an act to "prohibit the importation of slaves into any port or place within the jurisdiction of the United States...from any foreign kingdom, place, or country."

1949 – The B-50 "Lucky Lady II" makes the first non-stop around-the-world flight in 94 hrs., 1 min..

1965 – Operation Rolling Thunder begins over North Vietnam.

March 3

1911 – The first aviation appropriation of \$125,000 is authorized for the Army.

1931 – President Herbert Hoover signs a congressional act making "The Star-Spangled Banner" the official national anthem of the United States.

March 4

1789 – The first session of the U.S. Congress is held in New York City as the U.S. Constitution takes effect. However, of the 22 senators and 59 representatives called to represent the 11 states who had ratified the document, only nine senators and 13 representatives showed up to begin negotiations for its amendment.

1954 – The XF-104 makes its maiden flight.

1966 – The Air Force's F-4C Phantom IIs is attacked by MiG-17 in the first air-to-air combat in North Vietnam.

March 5

1770 – On the cold, snowy night of March 5, 1770, a mob of American colonists gathers at the Customs House in Boston and begins taunting the British soldiers guarding the building. The protesters, who called themselves Patriots, were protesting the occupation of their city by British troops, who were sent to Boston in 1768 to enforce unpopular taxation measures passed by a British parliament that lacked American representation.

1965 – The F-111A makes its first supersonic flight.

March 6

1857 – The U.S. Supreme Court hands down its decision on Sanford v. Dred Scott, a case that intensified national divisions over the issue of slavery

1944 – 600 heavy bombers dropped 1,600 tons of bombs in the first major attack on Berlin.

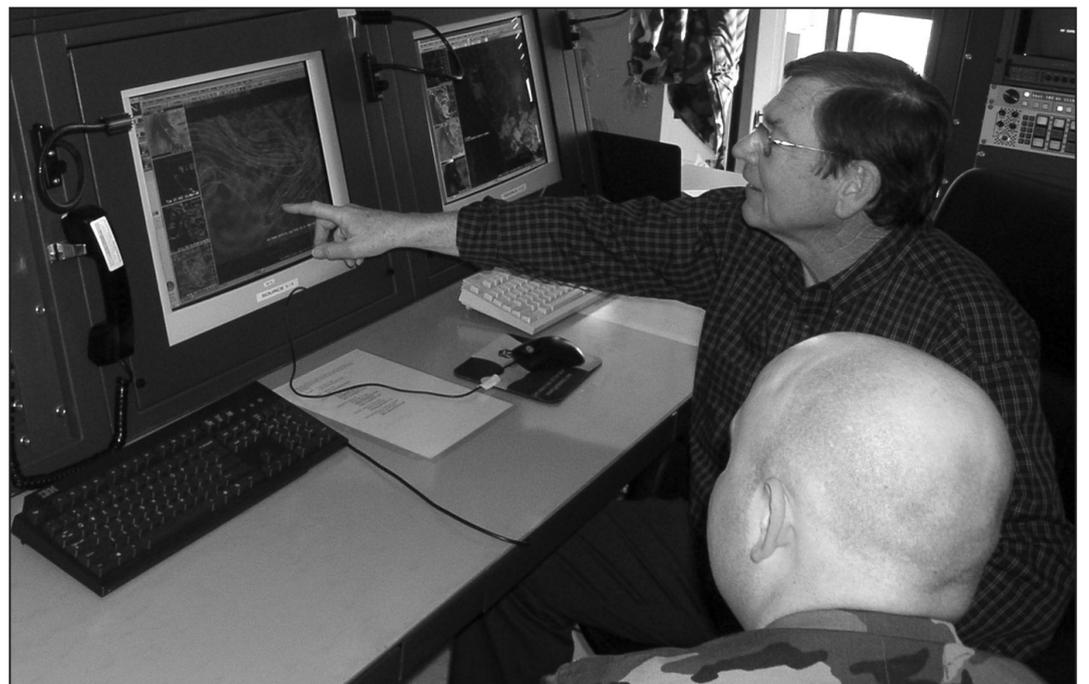


PHOTO BY AIRMAN 1ST CLASS BRYAN FRANKS

Steve Cunningham, Indyne, and Senior Airman Thomas Stevens, 30th Weather Squadron, watch one of the new monitors that display information from the suite of new RSA equipment delivered Feb. 18.

New equipment provides enhanced capabilities

By AIRMAN 1ST CLASS BRYAN FRANKS
30th Space Wing Public Affairs

■ The 30th Weather Squadron recently received new instrumentation equipment as part of a project to standardize operational functions for the Eastern and Western ranges at Cape Canaveral, Fla. and Vandenberg respectively.

The equipment includes wind towers, radio and Doppler acoustic sounding systems, a five-acre wide, 50 mega-hertz Doppler radar wind profiler and enhanced global-positioning satellite balloon editing software, said Mike Schmeiser, 30th Weather Squadron systems director.

The equipment acquisition is part of the Range Standardization and Automation program – on-going since 1995. The goal is to provide new infrastructure, equipment and software to areas such as communications, flight and

analysis, weather and operations. More pieces of the RSA system are on the way.

"This is the phase where we deliver the products to the ranges," said 2nd Lt. Anand Shah, Space and Missile Systems Center. "One of the primary goals of this project is to make the 30th and 45th Space Wing systems similar so upgrades or changes to the systems are easier and more efficient in the future."

The 30th WS was the first at Vandenberg to receive a portion of the RSA system that standardizes operational functions across both ranges, Mr. Schmeiser said.

"It brings us a new suite of up-to-date, state-of-the-art weather instruments, placed strategically across the Western Range, that will eventually replace our current aging legacy system," Mr. Schmeiser added.

"The new system increases our ability to sense operationally significant weather changes on the range, as well as enhance our forecasting capabilities," Mr. Schmeiser said. "It gives us the ability to sense the atmosphere from the surface to more than sixty thousand feet above the range."

The new equipment gives the 30th WS access to some of the world's most advanced weather prediction models and the ability to use those models in their own local-scale forecasting models, Mr. Schmeiser said.

"Once the RSA system is fully delivered, accepted and certified for range use, I believe we will see significant improvements in range operational procedures," Mr. Schmeiser said. "Our ability to observe and forecast weather, and to provide launch operations support will be greatly improved."

PROJECTS

From Page A1

new system that will better avoid water outages. This project also covers roads in several locations away from the shoppette and library parking lots.

Unaccompanied housing parking lots

Start date: Fall 2003

Projected completion date: September 2004

Reason for construction: To achieve minimum standoff distance of 25 meters to also enhance anti-terrorism aspects. There will also be new lighted walkways around the area for safety and better night and early morning visibility.

While the projected completion dates are based on the estimated amount of time it should take to complete a certain type of project, there is no guarantee that construction will be finished then. Factors such as weather could play a big role in how quickly an outside construction project can be completed.

FORCE

From Page A1

and when someone else's life may depend on me and my life may depend on them, we need to know we can trust each other."

Currently an Air Force-wide assessment to examine plans, policies, programs and procedures at each installation is underway. Each major command was tasked by Gen T. Michael Moseley, Air Force Vice Chief of Staff, to visit their installations and assess the current status of sexual assault response programs. Air Force Space command will review the wing policies during a visit March 11 and 12.

The Air Force's goals for the AF-wide assessment include striving to eliminate sexual assault and the climate that fosters it; ensuring an environment where victims have confidence to report; conducting appropriate investigation and prosecution; effectively addressing victim's health and well-being; and ensuring commanders and higher headquarters oversee program effectiveness.

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30th CES members prepare for upcoming deployment

By AIRMAN 1ST CLASS JUANIKA GLOVER
30th Space Wing Public Affairs

Vandenberg's 30th Civil Engineer Squadron will deploy 68 Airmen this month to work under the command of a U.S. Army unit.

Several weeks of preparation have these Airmen ready to provide engineering support alongside Army soldiers from the 1st Infantry Division.

In addition to the usual deployment readiness procedures, the Airmen are receiving extra training for the tasking.

In this joint service role, the Airmen will do things according to the Army's way of life, said Master Sgt. Michael Kalata, 30th CES deployment team NCOIC.

"For preparation of our upcoming deployment, the Airmen are being brought up to speed on things like Army lingo, rules and rank," Sergeant Kalata said.

Along with learning about the Army, the Airmen have been training above and beyond to prepare for potentially hostile areas, said Sergeant Kalata.

The Airmen are given additional and advanced instruction on weapons, convoy training, small-unit tactics, self-aid and buddy care, chemical warfare, explosive ordnance reconnaissance, and air base ground defense.

"The extra training the Airmen are getting will help make their transition easier when they fall in with the Army unit," Sergeant Kalata said. "Within the context of our unique tasking, deployment readiness is very important. Given our mission and current world events we have no



PHOTOS BY AIRMAN 1ST CLASS CRAIG CISEK

Airmen from the 30th Civil Engineer Squadron practice weapons familiarization skills for their upcoming deployment. The Airmen will be deployed alongside soldiers from the U.S. Army's 1st Infantry Division later this month.

choice but to do this type of training because these types of taskings will probably become a standard fixture in future joint operations."

To help the Airmen train, the

CES cadre team and security forces personnel comprised of experienced officers and NCO's have volunteered to give Airmen the opportunity to gain knowledge from someone who's

gone through what they are about to go through when they deploy.

"The cadre team and security forces is teaching the Airmen on such topics as weapons handling, small-unit tactics, convoy procedures, and how to identify who is and who isn't a threat," Sergeant Kalata said.

The purpose of our weapons training is to build weapons handling confidence and ability so they won't be timid with or fear the weapon, nor handle it in an unsafe manner," Sergeant Kalata said. "The more we force the deploying team to handle and use their issued weapons, the more confident and skilled they'll be in using the weapon."

"One of our biggest fears is, because the unit will be convoying from place to place, it can make them vulnerable to attacks," he said. "However, this is where our deployment readiness training will come into play. If they get attacked they will need to know all the basic skills and that's why they are being prepared now."

Although the Airmen are receiving extra training, the usual deployment readiness issues still exist and they must take care of the simple things along with the major ones.

"Airmen must stay current on

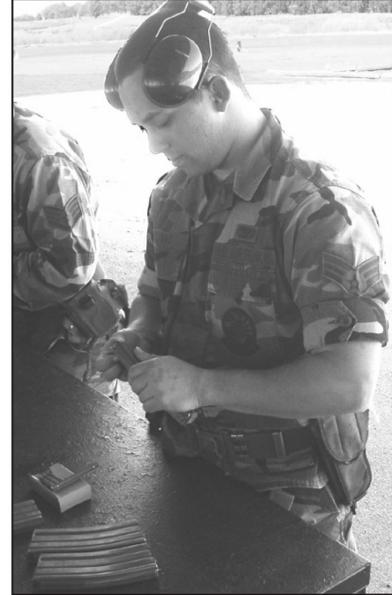


PHOTO BY AIRMAN 1ST CLASS BRYAN FRANKS

Senior Airman Dion Casas, 30th Civil Engineer Squadron, loads a magazine during weapons training.

all their medical and training requirements as well as financial and personal responsibilities," 2nd Lt. Benjamin Speer, said. "Waiting until you are tasked to deploy before accomplishing these things not only delays the process, it creates more worry and stress for the Airman."

Airman 1st Class Ephraim Advincula, 30th CES pavements and construction equipment operator, is leaving with the unit and has done numerous things throughout the past few weeks to prepare for this unique deployment.

"I've done everything from getting my finances together to

notifying my family of all the issues," Airman Advincula said. "They seem to be taking it pretty well and I don't want them to worry."

He said getting deployment ready is not all physical. "I've been trying to get myself into the zone by preparing myself mentally for anything that arises," Airman Advincula said.

"This deployment is highly important and preparation for it is equally important," Airman Advincula said. The training that we're doing now is essential so we'll be ready for whatever comes our way. "Yes it's true, I am a little scared,"

Airman Advincula added. "But only because I don't know what lies ahead. However, I hope that everything I'm learning now will help when the time comes."

Once the Airmen leave Vandenberg, they will go to Kuwait where the Army will provide a 10-day training course to ensure the Airmen are properly trained on weapons, Law of Armed Conflict, rules of engagement and general orders to ensure everyone knows their job and what they're supposed to do. Along with Airmen from Vandenberg, a group of Airmen from Hill Air Force Base, Utah will also deploy with the Army.

Deployment readiness tips

COMPILED BY AIRMAN 1ST CLASS JUANIKA GLOVER
30th Space Wing Public Affairs

When deploying, Airmen must be ready. Checklists are available to give them an idea of what needs to be done.

It's best for Airmen to begin getting items on the checklist taken care of as soon as they are notified of the tasking.

The following is a list of suggestions from the Military Personnel Flight that all Airmen should take into account when deploying:

- Remain current on the physical health assessment.
- Make sure dental records are updated.
- Ensure there are no current profiles. If so, ensure the unit deployment manager is aware.
- Double check to be sure all immunizations are current.

- Check off all ancillary training.
- Have a current will.
- Create a power of attorney.
- Have a personal bag ready to go before the AEF bucket even begins. This will save time.
 - Set up allotments.
 - Create a myPay account.
 - If needed, make a visit to the Chaplain to discuss any personal issues.
 - Be sure all security clearance information is in the mobility folder.
- Items that each unit must check for are:
 - Emergency data card.
 - Common Access Card.
 - Service member's group life insurance.
 - Ensure the mobility folder is complete.

(Note: These things are also the Airman's responsibility).

Team Vandenberg supports deployed Airmen's spouses

COMPILED BY AIRMAN 1ST CLASS JUANIKA GLOVER
30th Space Wing Public Affairs

The Family Support Center provides numerous services for the spouses of deployed members. They can be contacted at 606-0039. The following is a list of some of the services provided:

- **Family Night at Breakers-** Deployed families can enjoy a meal every Thursday night at Breaker's with other families of deployed members.
- **Global Hearts Activities** – Offers one activity per month for the families of deployed members.
- **The Family Support Center Readiness NCO-** The Family Support Center's NCO officers sends information packages to families of deployed members

regarding services offered to them during the deployment.

- **Lawn Care** – A Global Hearts volunteer program that provides lawn care for families of deployed members who live in base housing.
- **Hearts Apart**– Free bi-weekly morale calls twice a week for 30 minutes to immediate family of military members who are deployed or are on a remote tour.
- **Videophone** – This is for deployed locations with video conferencing capabilities. It is designed to support deployed family members of the deployed and for those at remote locations also.
- **Chapel Movie Night** – One Friday per month the Chapel hosts a movie night for children of deployed members. The spouse is allowed to

drop off their children for the duration of the movie.

- **Give Parents a Break** – One month before and following a deployment, parents are offered a four-hour break and child care is provided to parents who want to spend time together.
- **Car Care Because we Care** – One vehicle maintenance oil change for the family of a deployed member's primary vehicle.
- **Deployed Spouses Support Group** – This groups offers a luncheon for spouses of deployed members and support for those experiencing the stresses of deployments.
- **Air Force Aid Society** – provides calling cards to deployed members.

Team Vandenberg receives insight from career assistance advisor

By AIRMAN 1ST CLASS JUANIKA GLOVER
30th Space Wing Public Affairs

Team Vandenberg Airmen can face a lot of questions about their Air Force service.

Vandenberg's career assistance advisor can help with what can sometimes be a confusing process.

"The career assistance advisor helps fill the gap for providing troops with career counseling," said Senior Master Sgt. Brian Robertson, 30th Space Wing career assistance advisor. "In today's Air Force, supervisors and leaders are extremely busy and many times they either don't have the time or don't know all the answers to their Airmen's questions.

"I don't take over for the supervisor, but I help make sure the Airman gets the information," he said.

When the career assistance advisor special duty position was created about three years ago, the intent was to have a wing-level point of contact to bolster retention efforts at each base across the Air Force, Sergeant Robertson said.

Although he has many obligations, Sergeant Robertson mainly focuses on tending to the needs of Vandenberg's Airmen. He sees Airmen that have been recommended by their supervisors, first sergeants and even their commanders.

"I have sent several people to talk to (Sergeant Robertson)," said Senior

Master Sgt. Debra Huntley, 30th Security Forces Squadron first sergeant.

"Having a career advisor is important because he is up-to-date on all the issues and changes with different career fields and such.

"As a first sergeant, we have basic knowledge of certain things,

but if not asked often enough, we may not be aware of changes to various retraining programs and deadlines," Sergeant Huntley said.

"As the base career advisor, he is



PHOTO BY AIRMAN 1ST CLASS CRAIG CISEK

As a career assistance advisor, Senior Master Sgt. Brian Robertson spends his days helping Team Vandenberg Airmen with their career options. He gives advice on everything from special duty assignments to retraining opportunities. Sergeant Robertson also speaks with senior leaders to help them with concerns they may have regarding their Airmen's futures.

more likely to be on top of those things or is in a better position to find out the information."

Airmen who visit Sergeant Robertson often come away from their visit with new insight about their Air Force careers.

"After facing some adjustment difficulties, I spoke to Sergeant Robertson and found my conversation with him to be extremely helpful," said Airman Barnaby Cylien, 30th Comptroller Squadron quality examinations technician. "He was able to give me a lot of information regarding my career options – not just during my Air Force enlistment but also for life in general.

"He was able to educate me on the different ways I could grow within my job as well as informing me about the importance of doing well in my current job and how it would help me to cross-train if I wanted to do so later on in my career."

Although Sergeant Robertson is available to speak with all enlisted Airmen now, career advisors weren't always open to that option. They have

come a long way in a short amount of time.

"The initial career advisors were tasked with ensuring supervisors had all the necessary tools to provide their troops with good career counseling," he said.

"The efforts of our first group of Air Force career advisors was successful and within a three-year span, they were able to turn the tide of poor retention numbers."

Today, career advisors provide all Air Force members with retention briefings prior to career changes and separation decisions, Sergeant Robertson said.

The ultimate goal is to ensure each Air Force member has as much information as possible so they can make a well-informed decision about their future.

Additionally, career advisors have now expanded their duties to include providing retention advice, statistical data and information to unit commanders, senior leaders and Airmen at each Air Force installation, Sergeant

Robertson said.

At Vandenberg, the career advisor oversees all enlisted professional development programs and provides recommendations to senior leadership on course validity and operations – to include the first term Airman center, Airman leadership school, NCO enhancement seminars, senior NCO orientation course, and Heartlink.

"I also attend briefings at each unit's commander's call at least once a year," Sergeant Robertson added. "Getting the word out is what my job is all about."

Currently, Sergeant Robertson is involved with counseling some of the Airmen identified under the fiscal 2004 NCO Retraining Program.

The information he provides is based on what the Airman really wants, whether it's retraining or just knowing a little more about the available Air Force specialty codes or hard-to-fill special duty assignments.

Sergeant Robertson said regardless of an Airman's situation, he is there to help open the doors to all their options.

"He was able to give me a lot of information regarding my career options – not just during my Air Force enlistment but also for life in general."

AIRMAN BARNABY CYLIEN,
30TH COMPTROLLER SQUADRON
QUALITY EXAMINATIONS TECHNICIAN

30th SW scorches 30th LCG

By AIRMAN 1ST CLASS BRYAN FRANKS
30th Space Wing Public Affairs

It could've just been bad luck. It could've been the 30th Launch Group No. 2 team missing nine of their 14 players. It could've been the fact that the team they faced was the No. 1 team, the 30th Space Wing, which had just received its first loss in two years and was pumped to take down whomever it faced.

But nothing short of Michael Jordan making another comeback would have changed the result. A 94-37 defeat by the SW over the LCG

The SW players had one thing on their collective minds Wednesday night; proving to everyone that they were the team to beat.

"It was bad losing Monday night and we felt we had something to prove not only to

ourselves but all the other teams," said Darren Savella, SW player.

The LCG kept the game close in the first half but only for a short time. While the LCG was playing the same five players, the SW was rotating two players out of every few minutes.

"It came down to numbers," said William Parkin, LCG player and coach. "We could've kept the game a lot closer had we had our people here."

Starting the second half, the LCG was down 16 points and the SW never let it get any closer.

With a fast break approach, the SW kept the LCG on its heels. The SW players also seemed to be in the right place at the right time. Time and time again The SW came down with rebounds giving them more opportunities to shoot.

On their own side of the court, they shot and missed five times in a row but because they were able to get the rebounds, their sixth shot went in

The LCG had a bright spot on its team, J.T. Parkin, had the SW guessing which way he would go next and was the top scorer for the LCG with 18 points. But all the moves in the world weren't going to stop the SW from finishing on top.

"We've had a couple of games where we slack off in the second half and end up letting teams stay in the game," said Audric Bills, SW player and coach. "We wanted to show teams that we could close the door on an opponent."

The SW attributes its success this year to solid teamwork.



PHOTO BY AIRMAN 1ST CLASS BRYAN FRANKS

J.T. Parkin 30th Space Wing Team, makes 18 points in an intramural basketball game Wednesday night. The 30th SW beat 30th Launch Group by 57 points.

Sports Briefs

VOLLEYBALL PLAYERS NEEDED

Varsity volleyball practice is 5:30 to 8:30 p.m. Wednesdays at the gym annex and 6 to 8 p.m. Fridays in the fitness center. Experience is recommended, but not mandatory. All levels are welcome. Call Joe Krause at 606-6165 or Darren Savella at 606-3833 for more information.

MOMS - 2-BE EXERCISE

The exercising during pregnancy class is offered at the HAWC and gives expectant moms the guidelines for staying fit while pregnant. The class is offered quarterly. Call the HAWC at 606-2221 for more information.

RUNNER SAFETY NOTICE

Every Tuesday and Thursday from 7:10 to 7:40 a.m. 120 members of the 30th Civil Engineer Squadron practice a 1.5-mile run that involves crossing Washington Ave. between South Dakota Ave. and Alaska Way.

CGO COURSE RUN

The Company Grade Officer Course run is at 3:30 p.m. Wednesdays at the obstacle course. Call 2nd Lt. Korinne Houston at 605-0782 for more information.

YOUTH GOLF LESSONS

Marshallia Ranch Golf course holds youth golf lessons at 1:30 p.m. Saturdays for youth ages eight and up.

The price is \$5 per session including the use of a rental club set and range balls.

INTRAMURAL ALL-STARS

Come out and support Team V squadrons during the basketball intramural all-star game at the main gym Today at 6 p.m.

FORE!!!!



PHOTOS BY AIRMAN 1ST CLASS CRAIG CISEK

Master Sgt. Tom Seward, 17th Test Squadron, NCOIC tees off during Guardian Challenge annual golf tournament Feb. 27.

Be Aware!

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Destinations

CENTRAL COAST

SPACE & MISSILE TIMES

March 5, 2004

Elverhøj museum offers vision of Danish past

By MASTER SGT. LLOYD CONLEY
30th Space Wing Public Affairs

This week, my destination took me down the road to a place with Danish flair in the town of Solvang, Calif.

The Elverhøj Museum of History and Art, (*pronounced Elverhoy*), is located off the beaten path of the Danish-styled shops and homes in Solvang and was once the home of one of the founding members of the town.

Built in 1952 as a private residence, the museum is the handcrafted structure – and dream home – of internationally recognized painter and sculptor Viggo Brandt-Erichsen and his wife, Martha Mott, said museum volunteer Lois Vind.

The home was opened in 1988 as a museum devoted to Danish-American pioneers and the heritage of Denmark.

It was built in a style derived from the large farmhouses of the Jutland in 18th-Century Northern Denmark. Elverhøj is the name of Denmark's most famous folk play. The English translation reads, "Elves on a Hill."

The entrance to the museum is interesting in that a miniature statue of a neighing horse greets patrons. Even more impressive is the carved redwood door at the entrance to the building. The image, carved by Brandt-Erichsen, shows one of the elf spirits with her forest friends – a remarkable work of art created by the owner of the home then.

The door's securing mechanism is handcrafted iron and leather workings in the style of Danish homes of that time.

As you enter, you see donated items from Denmark such as 1940's palace guard uniforms, weapons, cookware and even a hundred year old Danish Bible.

The wrought iron grill in front of the fire place with the sculpture of an animal placed at the base is a functional work of art. The stone to the left and right of the fireplace has carvings of Eve and Adam, respectively, in the Garden of Eden.

In other display cases are Viking tools from the Bronze Age. Tools of that day included hunting, wood and household

axe heads. They were donated items discovered at Viking burial mounds in Tinbaek, Denmark.

There are several handcrafted scale models throughout the museum depicting Danish heritage, such as the model of Atterdag College, Solvang's folk school built in 1914. The railings on the front porch, the windows and steps are very detailed.

Volunteer Clara Ehrsam, dressed in traditional garb, demonstrates how peasants of that time made lace for the nobility. "Time consuming and tedious work well into the night," she said "They often made the materials by the light of candles shining through glass bulbs to increase the brightness."

The art gallery contains a detailed replica of a Viking ship with oars and sails and the Norse God of Thunder, Thor, watching over the vessel.

The former Brandt-Erichsen studio/gallery displays changing exhibits of regional, national and international art.

The gallery recently featured the works of retired Santa Ynez Union Valley High School teacher, Ann Raleigh. The Solvang resident's display, titled, "Faraway Places," reflect her impressions of places and people she's observed in her travels throughout the world.

In one painting, "Flat Waters," two boats moored to the dock with buildings in the background, show the detailed reflections of the vessels in the water. Another depicts a cantina in the Caribbean. The detail is such that you can make out the structure and its surroundings.

There are cushioned wooden benches with carvings of Danish nobility placed in front of some of the paintings for visitors to sit and enjoy the art.

There are several displays of intricately designed paper cut art with themes ranging from Christmas to Mickey Mouse. Some are no larger than a post card.

The Elverhøj Museum is open 1 to 4 p.m. Wednesday through Sunday. Admission is free and volunteers are present for tours.



PHOTOS BY MASTER SGT. LLOYD CONLEY

(Left) The Elverhøj Museum used to be the private residence of recognized painter and sculptor Viggo Brandt-Erichsen. (Above) Volunteer Clara Ehrsam, demonstrates the Old Fashion style of making lace.



Getting there

The address is 1624 Elverhøj Way in Solvang.

The phone number is 805-686-1211. The Web site is www.elverhoj.org, but it hasn't been updated in two years. It is better to use a map finder on the internet to find the way.

Community Calendar

5
FRI

Vandenberg Neighborhood Watch

The 30th Security Forces Crime Prevention Office is organizing neighborhood watches. Residents who would like to pioneer the organization on their block should call 605-0792.

Vandenberg Spouses' Club offers scholarships – for graduating seniors and military spouses continuing their education. Applications are

available at the Family Support center, Community services, Education Office, and the cashier's window at the Pacific Coast Club. Completed applications are due no later than Mar. 22.

5
FRI
Marriage enrichment counseling – offered on a one-on-one basis for married and unmarried couples. Call 606-9958.

Dads-to-New Dads and Moms-

to-New Moms programs – These mentorship programs offer support to new moms and dads. Call Nancy Sias at 606-5338.

8
MON
Office Closure – 7:30 to 9:30 a.m. Mondays the Family Support Center is closed for training. Call 606-0039 for emergencies.

Relaxation room – 8:30 a.m. to 3:30 p.m. Monday through Friday at the Vandenberg Health and Wellness Center. Call 606-2221 for

an appointment.

9
TUE
Deployed Spouses Lunch – 11 a.m. to 12:30 p.m. Tuesday at the Family Support Center. Call 606-0039 to register.

Stress Class – 2 to 4 p.m. Tuesdays at the Health and Wellness Center. Call 606-0039.

Baby Meet – 9 a.m. Tuesdays and Thursdays at the religious education center, building 16140. Baby Meet offers discussion and socialization for expectant

parents and those with newborn babies through two years old. Call 734-1461, for more information.

10
WED
Santa Maria Camera Club – 7:30 p.m. first and third Wednesday of the month at the Arbor View Retirement Center. Call (805) 934-9709.

Farmers Market – 1 to 5 p.m. Wednesdays at the La Cumbre Plaza in Santa Barbara.

Partners Assisting in Reading – 2:55 to 3:30 p.m.

Wednesdays in the Crestview Library. For more information, call 734-1651.

10
WED
Playtime for Tots – 10 a.m. Wednesdays at Cocheo Park. The playgroup is for children age two through five. Call 734-2098, for more information.

AF Association Awards Banquet – 11 a.m. Mar. 12 at the Pacific Coast Club. Call Kristie Stavoli at 606-2538 to RSVP.

Movie



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DAILY 4:30-7:00-9:30 SAT-SUN 11:30-2:00
STARSKY & HUTCH PG-13
DAILY 4:30-7:00-9:30 SAT-SUN 11:30-2:00
THE PASSION OF CHRIST R
DAILY 4:30-7:00-9:30 SAT-SUN 11:30-2:00

Movies Gemini

Lompoc Ph. 736-1306
HIDALGO PG-13
DAILY 4:30-7:15 SAT-SUN 1:00
TWISTED R
DAILY 4:30-7:00-9:00 SAT-SUN 11:30-2:00

Parks Plaza Buellton

Buellton Ph. 688-7434
THE PASSION OF CHRIST R
DAILY 2:00-4:30-7:00 FRI 9:30 SAT-SUN 11:30-9:30
TWISTED R
DAILY 2:15-4:45-7:15 FRI 9:30 SAT-SUN 11:45-9:30
HIDALGO
DAILY 4:00-7:15 FRI-9:30 SAT-SUN 1:00

General Admission \$7.50 kids and seniors \$5
All shows before 5:30 p.m. \$5. Movies and times subject to change.

Chapel Services & Events

For other denomination worship services and events, call the chapel at 606-5773.

Community Deployment Prayer Service – 6 p.m. Sunday at Chapel 1. The chaplains will be praying for our upcoming AEF deployed troops, including a time for the laying on of hands for prayer. Service is open to all of Team V. Call Chaplain (Capt.) Phillip Griffin at 606-5773, for more information.

WORSHIP SERVICE TIMES

Sunday	11:30 a.m. Gospel, Chapel 2
8:30 a.m. Praise and Worship, Chapel 2	Monday - Friday
10 a.m. Catholic Mass, Chapel 1	11:30 a.m. Catholic Mass, Chapel 2
11:30 a.m. Traditional Protestant, Chapel 1	Saturday
	5 p.m. Catholic Mass, Chapel 2

30th Services News

SERVICES CENTER

Come to the SERVICES CENTER to get your...

Sierra Summit
LIFT TICKETS

per person **\$38.50**

For more ticket information call 606-7976.

Country Western Line & Couples Dancing is Back...and it's FREE!

Beginners and newcomers always welcome! Every Wednesday all base personnel have the opportunity to learn to dance western 2-step, waltz and swing. Women without partners will learn line-dancing or couples dancing if men are available. Classes held 6:30 to 9 p.m. (partners not required) at the Services Center. Free. Call Lynn Warner at 606-7976 for more information.



YOUTH CENTER

PRE-TEEN Dance

Tonight • 6 to 8:30 p.m.

\$2 - Youth Center Members

\$4 - All others

Includes entry, snacks, and punch.



GOLF COURSE

Weekly GOLF SPECIALS

- Tuesday** - Active duty military and dependents green fees \$5 off.
 - Wednesday** - 18 hole carts for \$15 and range balls \$1 off all day.
 - Thursday** - All retired military and dependents 18 hole carts for \$15 all day. (One cart per ID holder.)
 - Friday** - Guest Day - All guests / contractors pay \$22 green fees.*
- *All discounts for green fees stop at twilight.

AUTOMOTIVE SKILLS

NEW HOURS

Effective March 14
Auto Skills has new hours of operation.
Wednesday, Thursday, Friday:
1 p.m. to 8 p.m.
Saturday and Sunday: 10 a.m. to 5 p.m.
Monday, Tuesday: Closed
For more information, call Sam Groce at 606-6013/606-6014.

BARBER SHOP

John's BARBER SHOP

located in the Pacific Coast Club

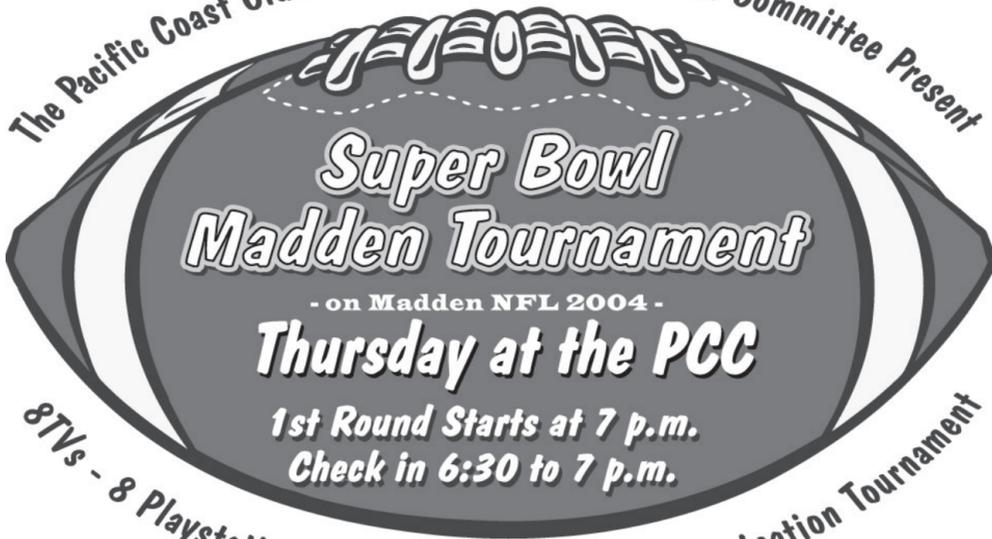
Open 9 a.m. to 5 p.m.

Monday through Friday

by appointment only
Telephone: 606-2428



The Pacific Coast Club & The Madden Tournament Committee Present



Super Bowl Madden Tournament

- on Madden NFL 2004 -

Thursday at the PCC

1st Round Starts at 7 p.m.

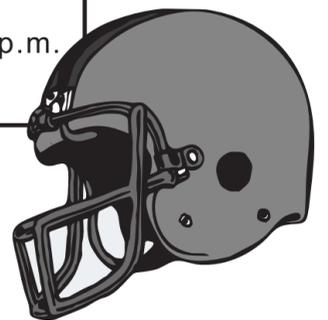
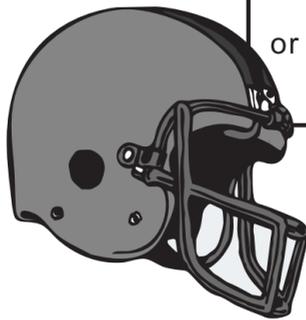
Check in 6:30 to 7 p.m.

8TVs - 8 Playstations - 64 Players - Single Elimination Tournament

Limited to first 64 participants
\$5.00 Entry Fee

To Register:

Email - carl.robinson@vandenberg.af.mil
or stop by the PCC Thursday from 4:30 to 7:30 p.m.
(Registration closes when 64 entrees are received)



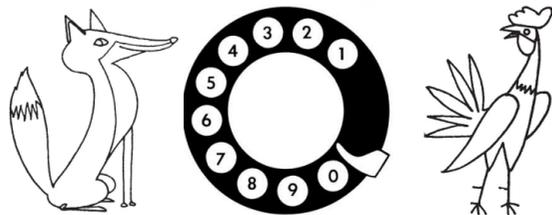
Get in the game!

For rules and other questions contact SrA Robinson at the email above or call 757-7360 or 605-7231.

LIBRARY

You are invited
To a birthday party for Dr. Seuss at 4:30 p.m. on March 13th at the VAFB Library Games! • Stories! • Cake! • Fun! • Crafts! • Friends!

For Kids young and old, big and small, blue and red, or green.



DIAL-A-STORY

To hear this week's story, "Little Red Riding Hood," call the Dial-A-Story at 606-4300. Stories are available 24/7.

Thursday - Preschool Storytime, 10 a.m. at the base library.

Road Map Exchange -

Planning to take a trip? If so, stop by the library first and check out the Road Map Exchange. We have maps from all across the globe which have been donated to help others on the road.

Call the library for more information at 606-6414.

PACIFIC COAST CLUB

The PCC is the Spot **TONIGHT!**

DJ
with Variety Music
E-Lounge 9 p.m. to 2 a.m.

★ **'18 & over Night'** ★

Saturday • 10 p.m. to 3 a.m.
E-Lounge

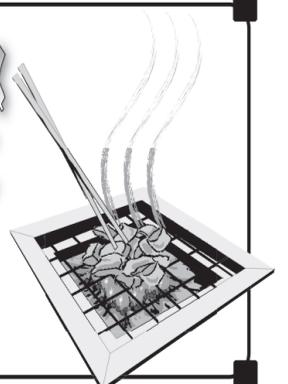
The best of R&B, Hip Hop, Old School
with DJ 'Danny D'

MONGOLIAN BARBECUE

Members 1st Price
\$8.95 5-ounce meal

.95¢ per additional ounce

Wednesday • 6 to 8 p.m.



FAMILY CHILD CARE

become a FAMILY CHILD CARE PROVIDER

Do you think you would enjoy the benefits of being at home with your own children while operating a rewarding business, earning extra income with flexibility in the style of child care?

Work full time/part time/hourly, give before- and-after school care, work with children of many age groups or focus on a special group of children.

You decide! With so many choices, FCC could be the perfect job for you.

Family Child Care Program accepts children with special needs, and chronic health problems including HIV-positive into the program. Family Child Care has a great need

for **infant** and **toddler** providers. For more information on becoming a certified provider, please

call Gwendolyn Jones, Family Child Care Coordinator at 606-4639/3255. Call now to register for upcoming training: USDA Food Training, Tuesday, and Child Abuse/Positive Guidance, Thursday.

